

My week in review...

					
Blue Dots	H2O	7-8 hours	10K	30 min	Self 
		DAY 1 			
		DAY 2 			
		DAY 3 			
		DAY 4 			
		DAY 5 			
		DAY 6 			
		DAY 7 			
					
17	17	17	17	17	17