

BIRD THOMPSON

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My mission in life is to embrace the potential of positive perspective and help others do the same.



EXPERIENCE

CURRENT

Orangetheory Fitness

Coach (2024-Present)

Fitness Director, OTF Nashville (2022-2023)

Regional Fitness Manager, TN/MS-01 Region (2017-2022)

Master Educator (2021-2023)

Head Coach, OTF Brentwood (2016-2022)

OTF Unity & Community Award @ Convention - Brentwood Studio (2021)

OTF National Coach of the Year @ Convention (2018)

Camp LUCK, Inc.

Camp Director (2010-Present)

President (2010-2014)

Co Founder (2010)

Camp LUCK, Inc is a 501c3 not-for-profit organization providing support services for families with kids with heart disease including a medically supervised residence camp for these kids and their siblings.

LIFE, LLC (Wellness Adventure Retreats, Fitness Consultation, Life Coaching and more)

Certs: LCTI Life Coach Certified, ACE Certified Personal Trainer, CPR

PREVIOUS BUSINESS & MANAGEMENT

Director of Operations & Designer, Muzzlejab, Inc (2008-2015)

MuzzleJab, Inc. was established as a quality apparel company to benefit military and law enforcement personnel battling cancer. Responsibilities include relaunching MuzzleJab as SMOOTHisFAST, business development, brand development, communications, customer service, administrative, inventory, etc.

Co-owner and Illustrator, Baxter's Bunch Publishing, LLC (2008-2015)

Baxter's Bunch Publishing, LLC produced children's books that "Teach Good Values Through Sports." The main series of books, *Baxter's Bunch*, had 2 published books and a pilot TV show.

Owner/Manager, Bird LLC (2006-2015)

Bird, LLC was established with 2 independent departments: Fitness Consultation/Personal Training to motivate people to live a healthy lifestyle by helping them accomplish their personal goals; and Art Services to produce quality art to inspire, reflect and impact.

New Zealand Work VISA (2009-2010)

Camp Director, Camp Cherokee, Upper Palmetto YMCA (1998-2005)

Directed YMCA Camp Cherokee, the Upper Palmetto YMCA's summer residents camp for kids ages 6-14. Responsibilities included staffing, board development, fundraising, supervision, training, ACA standards, programming, food service, etc.

EDUCATION

Clemson University — Bachelor of Science Degree: Parks, Recreation and Tourism Management (1998)

HOBBIES

Traveling, Personal Fitness, Outdoor Adventure, Fine Art, Graphics, Cuisine Enthusiast, Life Coaching, People Watching

* References available upon request