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## No Surprises Act overview

The **No Surprises Act**, which is part of the [Consolidated Appropriations Act of 2021](#), is designed to protect clients from receiving unexpected medical bills. The **Good Faith Estimate** provision of the No Surprises Act is designed to give clients an estimate of how much they'll be charged for the healthcare services they'll be receiving, prior to their appointment.

### Requirements for providers

As of January 1, 2022, this new legislation applies to all healthcare providers and facilities operating under the scope of a state-issued license or certification. Providers are required to share a specific consent document in addition to a **Good Faith Billing Estimate**, prior to beginning care.

State-licensed or certified healthcare providers are required to provide a **Good Faith Estimate** of charges to every new and continuing client who's either uninsured or isn't planning to submit a claim to their insurance for the services they're seeking. Providers are also required to inform every uninsured or self-pay client of their right to receive a **Good Faith Estimate**.

Your therapist will be asking you whether you have insurance and intend to use it to cover the services that you seek. If the answer to either question is **no**, you will be furnished with a **Good Faith Estimate** prior to your appointment.