

ACA Workshops & Events 2019



For Adult Children of Alcoholics and Dysfunctional Families.

The general public, as well as men and women of all twelve step programs are invited.

No one will be turned away for lack of donation. All proceeds will be donated to the ACA Women's Retreat.

Red Flags, Yellow Flags, Green Flags in Relationships – Saturday, March 2

with **Barbara F and Denise E.** Explore what makes or breaks a healthy relationship, how to catch it, and use boundaries. Workshop from 9:30 am – 11:00 am followed by a one hour meeting (approx 11:15 am to 12:15 pm). Doors open at 9 am. Suggested donation \$10. Christ Community Church, 6575 Crescent Avenue, **Buena Park**, CA 90620.

UPDATE Fear and Boundaries in Relationships – Sunday, Mar 17 with Kathy C

and **Nancy M.** Two Experiential Workshops from 10:00 am – 11:30 am and 12:15 pm – 1:45 pm followed by a one hour ACA Sharing meeting (approx 1:55 pm to 3:15 pm). Doors open at 9:30 am. Suggested donation \$10 **includes lunch.** St. Rose Dominican Hospital, San Martin Campus 8280 W. Warm Springs Road, **Las Vegas**, NV 89113 Basement Conference rooms. Sponsored by the Southern Nevada ACA Intergroup. Sign up at ACASoNvWorkshops@gmail.com

Sponsorship, Let's Explore It – Saturday, March 23 with Barbara F.

Sponsor, Co-Sponsor, Fellow Traveler? Workshop from 12:00 noon – 1:30 pm followed by a one hour ACA Sharing meeting (approx 1:45 pm to 2:45 pm). Doors open at 11:30 am. Suggested donation \$10. Friendship Center Montecito, 89 Eucalyptus Lane, **Santa Barbara**, CA 93108. Sponsored by Stronger Together Women's Group SB ACA.

From Unmanageability to Serenity - Sat, April 6 with Cindy L.

Practical Use of Steps 1-3. Hands on activity to deal with life situations. Workshop from 1:30 pm – 3:00 pm followed by a one hour ACA Sharing meeting (approx 3:15 pm to 4:15 pm). Doors open at 1:00 pm. Suggested donation \$10. Mount Cross Church, 102 Camino Esplendido, **Camarillo**, CA 93010.



Feelings and Inner Child – Sun, May 19 with Barbara F. and Nancy M.

Two Experiential Workshops from 9:30 am – 11:00 am and 12:00 noon – 1:30 pm followed by a one hour ACA Sharing meeting (approx 1:45 pm to 2:45 pm). Bring your lunch. Doors open at 9 am. Suggested donation \$15. In Recreation Room of Oaknoll Villas, 300 McCloud Avenue, **Thousand Oaks**, CA 91360.

Forgiveness is a Spiritual Journey – Sunday, Jun 9 with Jeanete B.

Experiential Intensive from 9:30 am – 11:30 am and 12:30 – 2:30 pm. Bring your lunch. Doors open at 9 am. Suggested donation \$18 (includes booklet). In Recreation Room of Oaknoll Villas, 300 McCloud Avenue, **Thousand Oaks**, CA 91360.



1st Annual ACA Women's Retreat

July 17-19, 2020 at the Serra Retreat Center, Malibu, CA

www.acawomensretreat.org



The ACAWR Committee 2020 presents this series of **FUNdraisers** to launch a new annual retreat.

If you want to be of service by hosting a workshop, please email us. We will come to you! AcaWomensRetreat@gmail.com

TO THE MEN IN ACA: Let's us know when you launch a Men's Retreat, as we would love to support fundraising efforts.

Our ACA fellowship is self supporting through our own service and financial contributions.