

## **ACA Workshops Fall 2019**

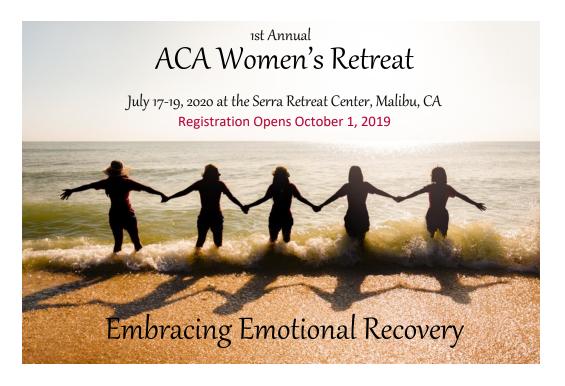
For Adult Children of Alcoholics and Dysfunctional Families. **Persons from all 12 step programs and the public are welcome to attend workshops.** No one will be turned away for lack of donation. Proceeds will be donated to the *ACA Women's Retreat.* These workshops are presented as fundraisers to launch a new annual retreat. **We are deeply grateful for your support and contributions!** 

## The Twelve Traditions: For Groups and Relationships sunday, October 13

with Barbara F., Denise E., Jannelle T., Esau G., Bill W. & Norm L. Get deeper meanings and practical applications of how to use the ACA 12 Traditions for healthy harmony in your groups and relationships, with self and others. 10:00–11:30 am and 12:30–2 pm. Bring your lunch. Doors open at 9:30 am. ACA Meeting to follow from 2:15-3:15. Suggested donation \$10. In Recreation Room of Oaknoll Villas, 300 McCloud Avenue, Thousand Oaks, CA 91360. Fellowship afterwards at Stonefire Grill 3635 E Thousand Oaks Blvd, TO, CA 91362.

Trauma Tools Sunday, November 17 with Jill G. and Barbara F. Learn tools for the holidays to cope with

family and triggers. Two Experiential Workshops from 10:00 am – 11:30 am and 12:15 pm – 1:45 pm followed by a one hour ACA Sharing meeting (approx 1:55 pm to 3:15 pm). Doors open at 9:30 am. Suggested donation \$10 includes lunch. St. Rose Dominican Hospital, San Martin Campus 8280 W. Warm Springs Road, Las Vegas, NV 89113 Basement Conference rooms. Sponsored by the Southern Nevada ACA Intergroup. Sign up at ACASoNvWorkshops@gmail.com



https://www.eventbrite.com/e/aca-womens-retreat-2020-registration-60044698309

**Register Today!**