

ACA
Women's Retreat



ACA Workshops Fall 2019

For Adult Children of Alcoholics and Dysfunctional Families. **Persons from all 12 step programs and the public are welcome to attend workshops.** No one will be turned away for lack of donation. Proceeds will be donated to the **ACA Women's Retreat**. These workshops are presented as fundraisers to launch a new annual retreat. **We are deeply grateful for your support and contributions!**

The Twelve Traditions: For Groups and Relationships **Sunday, October 13**

with Barbara F., Denise E., Janelle T., Esau G., Bill W. & Norm L. Get deeper meanings and practical applications of how to use the ACA 12 Traditions for healthy harmony in your groups and relationships, with self and others. 10:00–11:30 am and 12:30–2 pm. Bring your lunch. Doors open at 9:30 am. ACA Meeting to follow from 2:15-3:15. Suggested donation \$10. In Recreation Room of Oaknoll Villas, 300 McCloud Avenue, **Thousand Oaks**, CA 91360. *Fellowship afterwards at Stonefire Grill 3635 E Thousand Oaks Blvd, TO, CA 91362.*

Trauma Tools **Sunday, November 17 with Jill G. and Barbara F.** Learn tools for the holidays to cope with family and triggers. Two Experiential Workshops from 10:00 am – 11:30 am and 12:15 pm – 1:45 pm followed by a one hour ACA Sharing meeting (approx 1:55 pm to 3:15 pm). Doors open at 9:30 am. Suggested donation \$10 **includes lunch**. St. Rose Dominican Hospital, San Martin Campus 8280 W. Warm Springs Road, **Las Vegas**, NV 89113 Basement Conference rooms. Sponsored by the Southern Nevada ACA Intergroup. Sign up at ACASoNvWorkshops@gmail.com

1st Annual
ACA Women's Retreat
July 17-19, 2020 at the Serra Retreat Center, Malibu, CA
Registration Opens October 1, 2019



Embracing Emotional Recovery

www.acawomensretreat.org AcaWomensRetreat@gmail.com

<https://www.eventbrite.com/e/aca-womens-retreat-2020-registration-60044698309>

Register Today!