# **ACA Workshops & Events 2019**

For Adult Children of Alcoholics and Dysfunctional Families.

Persons from all 12 step programs and the public are welcome to attend workshops & events.

No one will be turned away for lack of donation. Proceeds will be donated to the ACA Women's Retreat.

These workshop are presented as fundraisers to launch a new annual retreat. Thank you for your support.



# "My Inner Critic" - An Epic Musical Journey

Saturday, June 29 - A One Woman Show presented by Jennifer Jayne

Doors open at 1:15. Show starts promptly at 2 pm! Latecomers may not be seated. Suggested donation \$20. After the one hour show and a brief break, there will be a one hour ACA sharing meeting be held from approx 3:30 - 4:30 pm. In Pederson Hall at Ascension Lutheran Church, 1600 E. Hillcrest Drive, **Thousand Oaks**, CA 91362. Enter off Hillcrest and park in upper lot to the left of the main church.

Watch a short preview of her show using the link below!

https://www.facebook.com/JenniferJayne702/videos/223156298379552?s=1325691333&v=e&sfns=mo

### Forgiveness is a Spiritual Journey - Sunday, June 30 with Jeanete B. in LV

Experiential Intensive from 10:00 am – 11:30 am and 12:15 pm – 1:45 pm. Lite lunch served. Doors open at 9:30 am. ACA meeting to follow from 1:55-3:25. Suggested donation \$10. Brought to you by Southern Nevada ACA Intergroup. In basement conference room at St. Rose Dominican Hospital, San Martin Campus, 8280 W. Warm Springs Road, **Las Vegas**, NV. Please register at <u>ACASoNvWorkshops@gmail.com</u>



#### Red Flags, Yellow Flags, Green Flags in Relationships - Saturday, August 31 with

**Barbara F. and Denise E.** What are your flags? Learn how to spot them, and what to do when you see them. Explore what nourishes and what interferes with a healthy relationship. Practice boundary setting, using action coming from love. 10:00–11:30 am followed by one hour ACA meeting. Doors open at 9:30 am. Suggested donation \$5. In Recreation Room of Oaknoll Villas, 300 McCloud Avenue, **Thousand Oaks**, CA 91360. *Fellowship afterwards at Stonefire Grill 3635 E Thousand Oaks Blvd, TO, CA 91362*.



## The Twelve Traditions: For Groups and Relationships - sunday,

October 12 with Barbara F, Denise E, Jannelle T, Esau G, Bill W & Norm L - Get deeper meanings and practical applications of how to use the ACA 12 Traditions for healthy harmony in your groups and relationships, with self and others. 10:00–11:30 am and 12:30–2pm. Bring your lunch. Doors open at 9:30 am. ACA Meeting to follow from 2:15-3:15. Suggested donation \$10. In Recreation Room of Oaknoll Villas, 300

McCloud Avenue, Thousand Oaks, CA 91360. Fellowship afterwards at Stonefire Grill 3635 E Thousand Oaks Blvd, TO, CA 91362.

#### 1st Annual ACA Women's Retreat

July 17-19, 2020 at the Serra Retreat Center, Malibu, CA

SIGN UP TO GET EMAIL NOTIFICATION OF WORKSHOPS AND REGISTRATION OPENING
(Some browsers are filtering our emails to the junk or spam folders, so please add us to your contact list to avoid missing these notices.)

www.acawomensretreat.org

AcaWomensRetreat@gmail.com

TO THE MEN IN ACA: Let's us know when you want to launch a Men's Retreat, as we would love to support fundraising efforts. Our ACA fellowship is self supporting through our own service and financial contributions.

