

SS-08 · AI Move of the Day · Slow Burn

Syllabus Check Study Plan

AI will happily make a revision plan for you.
Nice. But does it match your real syllabus?
Today we use AI for the plan — and your
textbook or syllabus for the truth check.

Start the check

Copy the prompt

YOUR CURRENT LEVEL

0 XP

Level 1: Plan Starter

Pick subject

Open AI tool

Generate plan

Open real syllabus

Tick included vs missed

Add missed topics

The move

We are not asking AI to magically know your exact board, your teacher's sequence, and your weak areas. We are asking it to make a first draft. Then we check that draft against the real source: your syllabus, textbook, or class list.

Use AI to plan. Use your syllabus to verify.

1 **Pick the exam battlefield**

Choose one subject. Not all of life. One subject first.

A study plan gets messy when you ask it to solve everything at once. Start with one subject you actually need to revise.

Your class

Example: Class 10

Your board

Example: CBSE / ICSE / State Board

Subject

Example: Science

Exam date or week

Example: next Friday / 12 August

THOUGHT BULB

“Study Science” is too big. “Revise Class 10 Science for next Friday, with extra time for electricity and heredity” is much better.

☐

I chose one real subject and wrote my class, board, and exam date.

2 **Open your AI tool**

ChatGPT, Claude, or Gemini. Any one is enough for this move.

Open a new tab with your AI tool. Keep this page open in another tab. We'll copy the prompt from here, paste it there, then come back for the syllabus check.

CAUTION BOARD

Do not upload private school documents with your name, roll number, phone number, or personal details. For this move, you only need subject, class, board, exam date, and topics.

☐

I opened ChatGPT, Claude, Gemini, or another allowed AI tool.

3 Make the first plan

This is the AI part. It gives us a draft plan, not the final truth.

Copy this prompt. Fill in the blanks. Paste it into your AI tool.

COPY-PASTE PROMPT

I'm a Class [X] [board] student. Make a revision plan for [subject] for my exam on [date]. Keep it realistic, with breaks. Do not make it 12 hours a day. Give me a day-by-day plan and include time for revision, practice questions, and weak topics.

Copy prompt

WHAT SHOULD COME BACK

You should get a day-by-day study plan. It may look smart. It may even look very smart. Still check it.

☐

I pasted the prompt and got a revision plan from AI.

4

Open the real syllabus

This is the deepen move. AI made the plan. Now the syllabus checks it.

Open your actual source: textbook contents page, school syllabus PDF, class notebook list, or teacher's chapter list. The point is simple: does AI's plan match what you are actually supposed to study?

THOUGHT BULB

AI often knows the shape of a subject. But your teacher may skip one chapter, add one extra worksheet, or test only selected topics. Your syllabus wins that argument.

☐

I opened my real syllabus, textbook contents page, or teacher's topic list.

5

Play Tick, Cross, Missing

This is the actual skill. Quick. Slightly annoying. Very useful.

Look at each topic in AI's plan. Compare it with your real syllabus. Mark it like this:

Tick

AI included it, and it is in your syllabus.

Cross

AI included it, but it is not needed for your test.

Missing

Your syllabus has it, but AI forgot it.

Topic from AI plan	In real syllabus?	Action
Example: Chemical Reactions	Yes	Keep
Example: Metals and Non-metals	No, not in this test	Cut
Example: Electricity	Yes, but AI missed it	Add

Topics AI missed

Write any missed chapters or weak topics here.

☐

I marked what AI included, what it got wrong, and what it missed.

6 Repair the plan

Now AI gets your corrected syllabus. This is where the plan becomes yours.

Paste your missed topics and corrections into this second prompt.

REPAIR PROMPT

Here is my real syllabus check. Your earlier plan missed these topics: [paste missed topics]. It also included these topics that are not in my test: [paste extra topics]. Rewrite the revision plan so it matches my actual syllabus. Keep it realistic, include breaks, and give extra time to weak areas.

Copy repair prompt

WIN CONDITION

The first AI plan was AI's guess. The repaired plan is your plan. That difference is the whole move.

☐

I made AI rewrite the plan using my real syllabus check.

7 Make the final plan visible

A plan hidden in a tab is not a plan. It is a tab pretending to be useful.

Copy the final study plan into your notebook, a Google Doc, or one printed page. Circle the first slot. Start that slot today.

SMALL ACTION

Do not wait for Monday energy. Pick the first 20-minute slot and do it today. Starting badly beats planning perfectly.

☐ I copied the final plan somewhere visible and picked the first slot.

Final check before you close

Quick honour-code check. No score. No submission. Just you being honest with yourself.

☐ My plan includes only topics from my actual syllabus or teacher's list.

☐ I added anything AI missed.

☐ The plan has breaks and does not pretend I can study 12 hours a day.

☐ I know the first study slot I will start today.

Your final sentence

Write this in your notebook:

AI made the first plan. My syllabus fixed it. My first slot today is: _____.

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