

AS-47 • AI Smart • Weekly AI Challenge

The Daily AI Audit

This week: check one AI answer every day against a real source. Seven tiny checks. One big habit: never trust a confident AI answer blindly.

Start the challenge

See the 7-day plan

CHALLENGE PROGRESS

0 XP

Level 1: Occasional Checker

Understand the audit

Choose sources

Check one answer

Track 7 days

Score 5 of 7

Reflect or share

What is an AI audit?

An **audit** means a careful check. A daily AI audit means you take one AI answer and compare one claim with a real source: a textbook, class notes, teacher handout, official website, reliable article, or source your teacher trusts.

You are not trying to catch AI every time. You are building a checking habit.

1 Learn the habit loop

Same tiny move every day. That is how habits form.

1

Ask AI

Use ChatGPT, Claude, or Gemini to explain something you are studying.

2

Pick one claim

Choose one fact, date, definition, formula, example, or number from the answer.

3

Check a real source

Compare it with your textbook, notes, teacher material, or a reliable source.

STARTER PROMPT

Explain [topic] simply for a Class [grade] student. After the explanation, list 3 factual claims from your answer that I should check against my textbook or notes.

Copy starter prompt

THOUGHT BULB

You do not need a huge research project. One checked claim per day is enough to train your brain.

☐

I understand the daily audit: ask AI, pick one claim, check a real source.

2

Choose your real source

A source is where you check whether a claim is actually true.

BEST SCHOOL SOURCES

Start with your textbook, class notes, teacher handout, solved examples, lab manual, official syllabus, or a website your teacher recommends.

CAUTION BOARD

Do not use one AI to “fact-check” another AI and stop there. That is like asking one guesser to check another guesser. Use a real source.

My source plan for this week

Example: For science, I will check against my NCERT chapter and class notes. For current facts, I will check an official website or teacher-approved source.

☐ I chose real sources I can use for this week’s checks.

3 Do one sample audit now

Practise once before the 7-day challenge begins.

Step	What you write	Example
AI answer topic	The topic you asked AI about.	Photosynthesis
Claim to check	One specific claim from the AI answer.	Plants use chlorophyll to absorb light energy.
Real source	Where you checked it.	Science textbook, chapter on life processes.
Result	Correct / partly correct / wrong / not found.	Correct.
What I learned	One sentence.	AI was right here, but checking made me more confident.

My sample audit

Topic: _____
 Claim checked: _____
 Source: _____
 Result: _____

☐ I completed one sample AI audit against a real source.

4 The 7-day challenge

Check one AI answer every day. Tiny, steady, useful.

1

Day 1

Check one definition from AI against your textbook.

☐ Done

2

Day 2

Check one date, name, or example from AI.

☐ Done

3

Day 3

Check one maths, science, or grammar explanation.

☐ Done

4

Day 4

Check whether AI missed an important exception.

☐ Done

5

Day 5

Check one “sounds confident” claim.

☐ Done

6

Day 6

Ask AI for claims to check, then verify one.

☐ Done

SELF-CHECK

Goal: **5 of 7 days**. Perfect is not required. Habit is the win.

0/7

Start with Day 1.

☐ I understand the 7-day challenge plan.

☐ I reached or am aiming for 5 of 7 days.

5 Reflect on what changed

The habit matters more than the score.

My weekly reflection

This week, I checked ____ AI answers. I learned that AI is useful for ____, but I should check ____ because ____.

THE WIN

If you checked 5 of 7 days, you built a real AI habit. If you checked fewer, you still learned the move. Try again next week.

☐ I wrote a short reflection on what I learned from checking AI.

6 Optional share

Only share if your teacher or grown-up says it is okay. Remove your name first.

OPTIONAL SHARE

Want to share what you made? Send it to [email address] — just remove your name before you do. We read everything we receive. We don't reply individually, but knowing what you made helps us make better challenges.

PRIVACY REMINDER

Do not include your full name, school ID, address, phone number, private documents, or anything personal. A reflection can be useful without personal details.

☐ I understand optional share is anonymised and not required.

7 **Optional: make your Weekly Challenge card**

A small reminder of the habit loop.

CARD COPY

Title: Weekly AI Challenge

Challenge: Check one AI answer every day against a real source.

Loop: Ask AI → pick one claim → check a textbook/source → write the result.

Self-check: 5 of 7 days?

Closer: A checking habit beats blind trust.

☐ I made, sketched, or saved the Weekly Challenge card.

Final 5-minute move

Choose tomorrow's AI answer now. Write the topic and the real source you will use to check it.

Tomorrow's audit plan

Tomorrow I will ask AI about _____. I will check one claim against _____.

☐ I know one AI answer per day is enough.

☐ I will compare AI with a real source, not another AI only.

☐ I will aim for 5 of 7 days.

NOTEBOOK LINE

Write this down: **“One AI answer. One real source. One check per day.”**

Back to top

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