



LONDON COLLECTIVE

## *Female BHRT Patients at London Collective*

Choosing the right provider for Bioidentical Hormone Replacement Therapy (BHRT) is an important step toward optimizing your health. At London Collective, we believe in offering personalized care tailored to each woman's wellness journey. Our team's experience in hormone restoration, combined with a patient-centered approach, ensures that your treatment plan is customized specifically for your individual needs and goals.

### *Variety of treatment options:*

Whether it's creams, pills, Pellets or other methods, we'll work with you to find the best BHRT option for your lifestyle and health goals.

### *What Makes London Collective Different?*

#### **No contracts, no memberships.**

You're free to choose when and how you receive care. Our pricing is straightforward and transparent—no long-term commitments required.

#### **Personalized treatment plans.**

We go beyond basic lab work to offer comprehensive tests that give us a complete picture of your hormone health. This ensures that we're addressing the root causes of your symptoms, not just treating surface-level issues.

#### **Extended consultations.**

Our 1-hour consultations give you the time you need to discuss your health concerns, whether it's testosterone therapy, libido, body composition, or additional treatments like IV therapy, weight loss.

#### **Expertise you can trust.**

With years of experience helping men optimize their hormone levels, we specialize in treating those who haven't found success elsewhere.

#### **Variety of treatment options.**

Whether it's injections, creams, or other methods, we'll work with you to find the best BHRT option for your lifestyle and health goals.

#### **Simple medication ordering.**

We partner with trusted pharmacies to ensure quick and convenient delivery of your medications, directly to your door.

#### **1. Initial Lab Panel:**

Includes tests like a CBC, CMP, Estradiol, FSH, T3 free, T4 free, SHBG, Testosterone free/total, TPO, TSH, CRP, DHEA, HgA1c, Iodine, Vitamin D3, Vitamin B12 and others. Additional tests may be recommended based on your health history.

#### **2. Pricing Overview:**

Medications typically prescribed include Bioidentical creams and/or oral prescriptions and necessary supplies, though your specific protocol may vary. Additional medications and supplements may be added based on your needs. Thyroid optimization/prescriptions prices are separate (120-150 for 3-month supply).

#### **3. Follow-up Labs:**

Regular monitoring may include tests such as SHBG, Testosterone Free/Total, FSH, SHGB and others. Pricing may vary based on lab facility selection.

Note: We may recommend another consultation and lab tests based on your results and symptoms, especially if your medication or dosage has been adjusted.

## *Option 1: Female BHRT*

- ✓ Initial Lab Panel: \$239 or use your insurance.
- ✓ Initial 1-Hour Consult: \$249 (one time fee)
- ✓ 3-Month Follow-Up Labs: \$189
- ✓ 3-Month Follow-Up Consult: \$119.
- ✓ 3-Month Medication Orders: \$300-380 (Depending on how many prescriptions are needed) \*Creams or Oral prescriptions

## *Option 2: Pellet Therapy*

Initial Lab Panel: \$239 or use your insurance

Initial 1-Hour consult \$249 (one time fee)

Pellet insertion is \$389 every 3-4 months

We require a 4-week lab draw after the first post pellet insertion and a follow up 5 weeks after (this is all included in the initial fee).

**\*Pellets provide stable, long-term hormone levels and require fewer interventions than other forms.**