## **TURNING AT THE ZONE**

As you dash out and turn, ensure your foot (left or right) passes inline or behind the marker you are scoring at.



✓ Turn on the 'Ding' inline or behind the point marker...



Open to score at the score above



## **GETTING BACK TO SCORE YOUR POINTS**

When making a dash back, ensure your foot (left or right) passes the **Chime Line**. This ensures your points are scored. Then get ready for the next dash and listen for the chime.



Chime Line

'players start here'