

Upcoming Events/Announcements

If someone you know has become homebound or has moved to a care center, please let us know so we can include them in our caring ministries. We love our whole church family and want to ensure that everyone is included, remembered, and loved.

Our February mission will be UMCOR Los Angeles (LA) Fire Relief.

Countless families and communities in the LA Area are facing the aftermath of wildfires that have destroyed more than 12,000 homes, schools, churches (including the Altadena UMC), libraries & businesses. UMCOR is supporting local efforts to accomplish immediate & long-term recovery including providing evacuees with food and other essential supplies. Your monetary donations are needed to support the LA Fire Relief and Recovery Efforts. Checks and cash contributions can be made to "CLUMC" with "UMCOR LA Fire Relief" written on the memo line. Online donations can be sent through the CLUMC website under Give – Current Months Mission Projects.

Super Soup Packet Totals: Thank you for your generous donations for Soup Supplies! We were able to assemble 564 packets of soup: Lentil & Split Pea, 3 Bean & Barley and Potato.

SCHOLARSHIP AVAILABLE: Will you be a full-time student in an education program that leads to a career in healthcare, nursing, or a medical-related field in the Fall of 2025? If so, consider applying for the Mary & Glen Fiala Scholarship offered through the Dakotas Minnesota Methodist Foundations and Canyon Lake UMC.
<https://forms.office.com/r/dhvVzG4LZ0>

We will be joining with our Dakotas Conference in going through a Lenten study based on ***The Third Day*** by Bishop Tom Berlin. The church will not purchase copies, but if you wish to follow along, you can find the book at various book sites online.

Attention Caffeine Lovers! If you are able, please drop your coffee offering in the designated areas in the Coffee Café. The church's cost per 8 oz. cup is about 40 cents.

Calendar at a Glance

Feb 22-23: UWF Weekend

March 5: Ash Wednesday

March 9: Daylight Savings Time Begins

March 14-15: Men's Retreat at Storm Mountain

THE PATH



**For the week of
February 23, 2025**

Canyon Lake
United Methodist Church
Rapid City, SD

"Worry"

Let's do a word study this week. Each day we are going to be exploring the word "**worry**". Each passage we look at will contain it. It never seems to matter how old we are or what our journey in life is, we all get to wrestle with worry. Some of worry more and some of us worry less, but we all worry. Did you ever stop to consider that you do not have to? What would that even be like? Let's explore.

Prayer: Lord, you know us inside and out. You know our laughter and our tears. You know our worries, what keeps us up at night and distracts us during the daylight hours. Help us in these days to realize the deep love with which you hold us, a love that is stronger than all of our fears, deeper than all of our worries. Guide us through this day, we ask in Christ's name. Amen.

Monday 2.24 "Lord, you know me." Psalm 139:1-6, 13-18
We know that God knows us inside and out, but most days we don't stop to think of what this actually means. Stop to think of the intricacy of your brain, how unbelievably complicated it is, and how it works. God knows every thought and every memory. There is no part of your physical body and your emotional being that God does not know...completely. Now think about the things that worry you. God knows every single one of them.

Tuesday 2.25 "Let go of it." Matthew 6:25-34
We hold onto our worry. At times it seems as if we would not be able to live our lives without it. We worry about the big things and the little. We worry about the complex things and the simple. We worry about the things that happened long ago and those that happened two minutes ago. And to all of these, Jesus would look us gently in the eyes and ask, "What are you doing? Let go of it. You don't have to carry this."

Wednesday 2.26 "Don't be anxious." Matthew 10:16-23
Mark Twain once said, "I've lived through some terrible things in my life, some of which actually happened." Jesus taught the disciples in order to equip them. He equipped them so that he could send them. He sent them so they could meet people where they were and see their lives changed. One of the biggest and most powerful changes in anyone's life happens when they stop worrying ABOUT the day and start living FOR the day. This is what Jesus was teaching his disciples.

Thursday 2.27 "What are you sowing?" Matthew 13:1-9, 18-23
The Parable of the Sower is the first parable in the gospels. It speaks bluntly about what people were dealing with in Jesus' day. There was a lot to worry about. There was a lot that could distract a body and lead them away from God's kingdom. So, what are the seeds you are sowing? What are the seeds of worry that you have sown? How are they growing for you? Realize that these seeds of worry grow because we all love to tend and nourish them. How is it you can stop watering your worries and instead plant seeds of joy and contentment?

Friday 2.28 "Strength, not fear" Isaiah 35:3-4
When we keep our lives, our hearts, and our minds focused on God, it removes fear. And with the fear goes worry and anxiety. "Be strong. Don't fear." What is it that you focus on that helps remove the worry and fear?

Saturday 3.1 "Stop worrying. Be content." Philippians 4:4-13
If anyone had something to worry about, it would have been the Apostle Paul. It seemed that he was frequently thrown into situations that were completely discouraging if not outright dangerous. But he refused to let overwhelm him. He had a trust in Christ that was deeper than anything else in his life. Knowing that he could move past worry and fear, you are invited today to do the same.



Sermon Notes

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Office Hours: Monday-Thursday 9 a.m.- 2 p.m. / Friday 9 a.m.- 12 noon