

Upcoming Events/Announcements

If someone you know has become homebound or has moved to a care center, please let us know so we can include them in our care ministries. We love our whole church family and want to ensure that everyone is included, remembered, and loved.

July Mission will be Feeding Black Hills Area Habitat for Humanity

Work Crews: Black Hills Area Habitat for Humanity fields a volunteer work crew with an emphasis on building affordable housing. This month's CLUMC Mission Project will support this effort by providing lunch to the crew one day every week during July. You can help by donating: •Food, e.g., sandwiches, pizza, chips, cookies, etc. •Monetary gifts can be checks or cash (denote 'July Mission Project') or given through the CLUMC website at: clumc.com. Contact Wendy Maxson at 765-588-7981 if you can help.

Let's Get Ready to Rummage! Our annual Rummage Sale will be held on July 18 and 19. Begin bringing good, used items for the sale to Classroom B in the CLC on June 29. Volunteers are needed July 15-17 to unpack donations and set up. We need volunteers July 18-19 to sell at the sale and clean up afterwards. Please use the sign-up sheet in the Narthex to let us know when you are available to help.

FREE Items for Pick-up: Canyon Lake UMC has five eleven-foot solid oak church pew that we need to eliminate for our storage. Please contact us by email office@clumc.com or call (605) 348-1080.

Cornerstone Mission - Brown Bag Meal for Summer: Food Items that are needed: Vienna Sausages, Packets of tuna or chicken, Gorp, Pretzels, Animal Crackers, Pudding cups, Applesauce cups, Granola bars, and Cracker. Monetary donation to CLUMC website: clumc.com.

Calendar at a Glance

July 11 – 13: Mission U at Dakota Wesleyan University, Mitchell, SD

July 18 & 19: Canyon Lake UMC Rummage Sale

July 29: Life Line Screening in the Christian Life Center, 8:00 AM – 5:00 PM

July 28-30 Vacation Bible School

August 10: 10:15 AM Service – "Worship in the Park" – Old Storybook Island Shelter – 2911 Canyon Lake Drive, RC, SD, potluck following the service.

August 13: The Foresters will be performing at CLUMC @ 6:00 PM



For the week of
July 13, 2025

Canyon Lake
United Methodist Church
Rapid City, SD

"Let It Be"

There is a Latin phrase: "Imago Dei". It means "in the image of God." We have all been created in the image of God. Whether you look in the mirror, at a stranger in the grocery store, or at someone you've known all your life, you are looking at a face that somehow, some way is the image of God. Many of us lead lives that are filled with multiple kinds of stress. For those of you this week who are walking through the day carrying that stress, this week we are going to explore what it means to be created in the image of God and then let go of the weight and stress of the world that we carry on our shoulders.

Prayer: Lord, in the quietness of this moment, help me to see your face, to hear your whisper, and to feel your love around and through me. Help me to let go of all that is bearing down and crushing me. May I see only your face. Amen.

Monday 7.14 **"In God's Image"** **Genesis 1:1-5, 26-31**
This first chapter of Genesis is a beautiful poem of creation. The first of two creation stories, this poem focuses step-by-step and day-by-day on the beauty and power of creation. If you read the whole chapter, you will see that the author says after each day "and it was good." But on the sixth day, God said, "And it was VERY good." The next time you are in front of a mirror, stop and look closely. The face looking back at you was created by God. And God in the great intricacy of the universe looked at you and said, "This is VERY good." Today realize that in spite of your faults, failures, and foibles, that God has declared YOU to be very good...very good indeed!

Tuesday 7.15 **"How majestic!"** **Psalms 8**
It is not just you as an individual that is good. Humanity as a whole is so beautiful. That can be really hard to see and difficult to accept. We live in a chaotic world filled with so much that is not right, not good. But the psalmist says, "O Lord, our Lord, how majestic is your name in all the earth." Humanity declares God to be good, and God says that we are part of this good, good creation. In your mind or on paper, make a list of some of the things in our big, beautiful world that you find to be good, beautiful, joyful, loving, funny, and mark God's creating presence.

Wednesday 7.16 **"Worry? Who me?"** **Matthew 6:25-34**
Here's the deal: You can worry all you want, and no one is going to stop you. But realize this: If something that you are carrying is too heavy, it is because you picked it up! What if...and this is a huge what if...you would just let your worry be. What if you would let it go and let God carry it, if only for a day? Our scriptures are serious when they say that we do not have to live like this. We can choose to live as "Imago Dei". We can choose to be the Image of God to others and see the Image of God in them. So, are you caught in the cyclone of worry? Try letting it go for just a few minutes. You may take it back whenever you wish. Of maybe...just maybe...you can let God carry it for the rest of your day. Then you can let it go again tomorrow if you want!

Thursday 7.17 **"Let It Be"** **Luke 1:38 and Matthew 3:15**
Finding out she was pregnant, Mary said, "Let it be..." Coming out of the waters of baptism, Jesus said, "Let it be..." They released themselves into God's loving embrace and simply trusted where the road of faith would take them. Mark Twain once said, "I have survived some terrible things in my life. Some of them actually happened." So much of the worry that we carry will never come to be. It is our own imagination to invent a future that will never happen. What is one thing in your life that you can "Let it be"?

Friday 7.18 **"Let Go of the Past"** **Isaiah 43:18-19**
There is a difference (a big difference) between guilt and shame. Guilt is about what we have done. (For instance: I robbed a bank.) Shame is about who we are. (For instance: I robbed a bank, so I am a thief.) Much of what we wrestle with is based on our guilt and then on our shame. If we can seek forgiveness and learn to release the guilt, it means that we can let it go and not have to carry the weight of shame any longer. (For instance: I am guilty of robbing a bank, but then I was forgiven and made restitution. So, I am no longer ashamed because I am no longer a thief.) Are you ready to let go of the past?

Saturday 7.19 **"Let Go and Let God"** **Psalms 37:3-7**
Trust in God. Do good. Live the way God wants you to live. Be still and let God be God in your life. YOU are created in the image of God. Your life is filled with the stress of past mistakes and today's challenges. Let go. Let God.



Sermon Notes

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Office Hours: Monday-Thursday 9 a.m.- 2 p.m. / Friday 9 a.m.- 12 noon