



# Alberta Prairies Life Enrichment Training Studio Ltd. (APLETS)

[www.aplets.ca](http://www.aplets.ca)

## NEWSLETTER ~ December 2020

**APLETS is Thrilled to Announce that we are now  
Accepting Participants for our LIFE ENRICHMENT  
SUPPORT WORKER PROGRAM PILOT!!! PLEASE  
CONTACT US AT 403-872-1840 or  
[tracy.lestudio@gmail.com](mailto:tracy.lestudio@gmail.com)**

*Alberta Prairies Life Enrichment Training Studio Ltd. (APLETS)* has been hard at work preparing to begin our **Life Enrichment Support Worker Program Pilot** in January 2021.

We are Ecstatic to inform everyone that **Alberta Prairies Life Enrichment Training Studio Ltd.** along with partner agency, **Central Alberta Brain Injury Society** has been approved for a very generous grant from **Red Deer & District Community Foundation** for **\$8,500.00.**

**THANK YOU FOR YOUR SUPPORT!!**



RED DEER & DISTRICT  
COMMUNITY  
FOUNDATION  
*all for community.*

We will continue to have updates on the progress of our **Donation Goal** on our **Website** ~ [www.aplets.ca](http://www.aplets.ca) and on our **Social Media** ~ **Facebook**, there is a link directly to our Facebook from our website and from our Facebook to our website!

**PLEASE CHECK US OUT AND SHARE WITH EVERYONE!!**



**APLETS**  
Contact  
Details ~

**202-4805**  
**48 Street, Red**  
**Deer, Alberta,**  
**T4N 1S6**

**403.872.1840**

[tracy.lestudio@  
gmail.com](mailto:tracy.lestudio@gmail.com)

[www.aplets.ca](http://www.aplets.ca)

## A Quick Snapshot from November ~ December 2020

Since Launching our 1<sup>st</sup> Annual *Jolly Rancher* Fundraiser in **October 2020** we have had some very generous donations from citizens of Central and Southern Alberta.

Thank you so very much for your generosity... **Paulette Arnfinson, Farhiya Hassan, Kristy F., and Leanne H.!!!!!!!**

On **November 19, 2020** we received word that we have been approved for the grant that we applied for through **Red Deer & District Community Foundation**.

**December 3, 2020** we met with **Red Deer & District Community Foundation** to pick up our grant cheque and take photos!

On December 23, 2020 we received a very generous donation from **Pratik at Remedy'sRx Northey Pharmacy!**

**THANK YOU FOR YOUR ONGOING SUPPORT!**

*"Not all of us can do great things. But we can do small things with great love."*

~ Mother Teresa ~

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Did you know .... our  
Partner Agency ...  
**Central Alberta Brain  
Injury Society** has been  
providing services and  
support since **1991?**

**Facts:** Fetal Alcohol Spectrum Disorder ~ FASD

- **FASD is 100% preventable and 0% curable**
- **If you are pregnant don't drink alcohol at all!!!!**
- **Exposure can affect brain development at any time during pregnancy**



**APLETS** Contact Details ~

Mid City Plaza ~ #202 – 4805 48<sup>th</sup> Street, Red Deer, Alberta, T4N 1S6

Phone: **403.872.1840**

Email: [tracy.lestudio@gmail.com](mailto:tracy.lestudio@gmail.com) Website: **[www.aplets.ca](http://www.aplets.ca)**

**SPREAD THE WORD ... *APLETS'* 1<sup>st</sup> ANNUAL  
*Jolly Rancher* FUNDRAISING CAMPAIGN  
 IS UNDERWAY!!! OUR GOAL IS **\$25,000.00****

**GO TO [www.aplets.ca](http://www.aplets.ca) TO DONATE!**

Help Us Reach Our Fundraising Goal of **\$25,000.00!!!** Let's Fill the Jar with *Jolly Ranchers*! Every Time a Donation is Made in person, by mail, phone or on Our Website **www.aplets.ca** by Clicking on the **DONATE NOW** Button, *Jolly Ranchers* are Put into the Jar 

**Please help us reach our goal to enable us to start all three of our Pilot programs!**

				
Blue Raspberry ~ \$1-\$5	Grape ~ \$10	Green Apple ~ \$20	Cherry ~ \$50	Watermelon ~ \$100

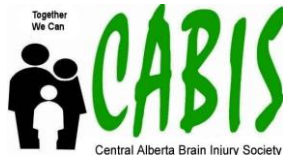
### Our Mission

To Educate, Train, and Inspire a more *Tolerant, Kind,* and *Compassionate* Community which, in turn, will offer *Enrichment* to the lives of those who are *Vulnerable* and/or are living with *Special Needs and Abilities.*

### Our Vision

Our agency’s vision is to strive towards being a leader in enriching the lives of all Albertan’s by offering quality programs and services and strengthening relationships with other agencies and/or organizations who share the same values and goals. Together we can build a more enriched, confident, informed, and collaborative community that is able to conquer the social and human issues we are faced with.

## Thank You Very Much to Our Partner’s



## Our Funders



RED DEER & DISTRICT  
COMMUNITY  
FOUNDATION  
*all for community.*

## And Supporters



**EPSS**

Northey RemedysRx Pharmacy

Pratikkumar Navadiya, Pharmacist  
190 Northey Ave, Red Deer, AB  
Phone: 403-346-2367

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