



Alberta Prairies Life Enrichment Training Studio Ltd. (APLETS)

www.aplets.ca

NEWSLETTER ~ October 2020

**APLETS is Excited to Welcome Our Amazing
Central Alberta Community, Friends, Family,
Fellow Agencies, Members, Supporters NEAR and
Far, and all over the World to Our First Newsletter!!**

Non-Profit Agency, Alberta Prairies Life Enrichment Training Studio Ltd. has been working very hard to get everything in place to start this endeavour that we have been striving for over the past 3 years.

We are happy to state that on April 8th, 2020 we were able to partner with the wonderful *Central Alberta Brain Injury Society* and with the *expertise* and *patience* of their *extraordinary Volunteer President* we have been able to get ready to run *Pilots* of our *Life Enrichment Support Worker Program* and *Our Life Enrichment Skills Program*. Our goal is to raise enough from donors to begin the first pilot in January 2021 and the second in March 2021.

Through our research, networking, word of mouth, and marketing we have been reassured that there is an enormous need in Alberta for all of our three programs. Our third program will be ready in the near future and our goal is to run a *Pilot* of our Edmonton *Somali-Canadian Men's Program* in June or July of 2021. We will continue to have updates on the progress of our **Donation Goal** on our *Website* ~ www.aplets.ca and on our *Social Media* ~ **Facebook**, there is a link directly to our Facebook from our website and from our Facebook to our website!

PLEASE CHECK US OUT AND SHARE WITH EVERYONE!!



APLETS
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A Quick Snapshot from June ~ October 2020

On **June 26, 2020** *Alberta Prairies Life Enrichment Training Studio Ltd.* became an **Official Non-Profit Company** in the Province of **Alberta!**

In July 2020 **APLETS** put together their first **Board of Directors** consisting of **incredible, diverse, and multi-cultural Board Members.**

At the end of September 2020, Red Deer's **Pine's Plaza IDA Pharmacy's amazing Pharmacist and Owner Vipulkumar Panchani** became the **First** to give a **Donation Cheque** to *Alberta Prairies Life Enrichment Training Studio Ltd.* to **support** us in our quest to begin our **Pilot Programs!!**

THANK YOU FOR YOUR ONGOING SUPPORT!

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Facts: A Common Misbelief about Tourette Syndrome

Probably the most common misbelief about Tourette Syndrome, often seen on TV and in movies, is that people with the condition blurt out obscenities or curse words. The reality is that most people with Tourette Syndrome do not excessively or uncontrollably use inappropriate language. Known as coprolalia, this only affects about 1 in 10 people with Tourette Syndrome. Coprolalia is a complex tic that is difficult to control or suppress and people who have this tic often feel embarrassed by it.

Did you know our very own **Executive Director** developed **all three of our Programs** over the past 3 years??



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SPREAD THE WORD ... **APLETS' 1st** ANNUAL **Jolly Rancher** FUNDRAISING CAMPAIGN HAS BEGUN !!!



GO TO www.aplets.ca TO DONATE!

Help Us Reach Our Fundraising Goal!!! Let's Fill the Jar with **Jolly Ranchers**! Every Time a Donation is Made on Our Website **www.aplets.ca** by Clicking on the **DONATE NOW** Button, **Jolly Ranchers** are Put into the Jar



				
Blue Raspberry ~ \$1-\$5	Grape ~ \$10	Green Apple ~ \$20	Cherry ~ \$50	Watermelon ~ \$100

Our Mission

To *Educate, Train, and Inspire* a more *Tolerant, Kind, and Compassionate* Community which, in turn, will offer *Enrichment* to the lives of those who are *Vulnerable* and/or are living with *Special Needs and Abilities*.

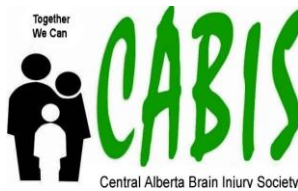
Our Vision

Our agency's vision is to strive towards being a leader in enriching the lives of all Albertan's by offering quality programs and services and strengthening relationships with other agencies and/or organizations who share the same values and goals. Together we can build a more enriched, confident, informed, and collaborative community that is able to conquer the social and human issues we are faced with.

“You will enrich your life immeasurably if you approach it with a sense of wonder and discovery, and always challenge yourself to try new things.”

~ Nate Berkus ~

Thank You Very Much to Our Partner's



And Supporters



EPSS

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