### BAREFOOT BAMBINI



Barefoot Bambini classes are mindfully guided sessions designed to provide parents and children a playful, respectful, and supportive circle.

Our tranquil space offers both child and parent a safe space to be present, feel calm, free, and enjoy each other's unfolding development.

Yes! Both children and parents are constantly developing, learning, and growing.

During our sessions, we will explore and learn how to observe and support the child's natural development, create an authentic well-balanced connection and relationship that will lead both child and parent through a meaningful life-long journey.

Throughout the session, there will be musical instruction led by our phenomenal music specialist.

## How will I learn all of these principles of parenting?

Through guidance, observation, support, and reflection, you will learn about Dr. Emmi Pikler's relationship-based caregiving approach and Magda Gerber's Respectful Approach to caregiving.

#### What content will be covered?

Diapering and toilet learning
Setting limits and boundaries
Reading baby's cues
Responding to Baby
Crying, sleeping, feeding, and eating
Setting up a safe space at home
Expressing Feelings

Our Bambini Atelier provides our youngest humans free movement, freedom to explore, freedom of self-expression, socialization skills, open-ended play, and a strong sense of community.

## INFANTS

Not crawling yet

3-7 months

# MOBILE BABIES

7-11 months

# YOUNGER' TODDLERS

Walking Babies
12-18 months

# OLDER Toddlers

Walking Babies

.18-24 months.



During the pandemic, groups will be limited to 6 children.