

LOS ANGELES REGIONAL



Fighting Hunger. Giving Hope.

**LOS ANGELES REGIONAL FOOD BANK**  
In collaboration with:  
**Rowland Heights Community Christian Church**



## **Invite you to receive free healthy foods from our Mobile Food Pantry Program!**

**Food distributed may include: Fresh fruits and vegetables, canned meats,  
beans, soups, rice, pasta, sauces, grains, bread and yogurt!**

All Participating Households  
Must Meet the  
USDA Income Guidelines  
below:

### USDA Household Income Guidelines

- 1 Person- \$1,517 per month**
- 2 People- \$2,057 per month**
- 3 People- \$2,597 per month**
- 4 People- \$3,137 per month**
- 5 People- \$3,677 per month**
- 6 People- \$4,217 per month**



**For your convenience, please bring your  
grocery cart or reusable bags**

**Mobile Food Pantry Distribution will be on:**

**April 25<sup>th</sup>, May 23<sup>rd</sup>, June 27<sup>th</sup>**

**9:00 A.M. -11:00 A.M.**

**(4<sup>th</sup> Thursday of Every Month)**

**Rowland Heights Community Christian Church**

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