

An Inspired Reading List

Gawain, Shakti. *Creative Visualization: Use The Power of Your Imagination to Create What You Want in Your Life*. Nataraj Publishing, a division of New World Library. Novato, California, 2002.

Hay, Louise. *Heal Your Body: The Mental Causes For Physical Illness and the Metaphysical Way to Overcome Them*. Hayhouse Inc. Carlsbad, California, 1988.

Hay, Louise. *You Can Heal Your Life*. Hayhouse Inc. Carlsbad, California, 2004.

Roberts, Jane. *The Nature of Personal Reality: Specific, Practical Techniques for Solving Everyday Problems and Enriching the Life You Know*. Amber-Allen Publishing and New World Library. San Rafael and Novato, California, 1974. (1994, Rober Butts)

Rosenberg, Marshall B. *Nonviolent Communication: A Language of Life: Create Your Life, Your Relationships, and Your World in Harmony With Your Values*. Puddledancer Press. Encinitas, California, 2003.

Sincero, Jen. *You Are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life*. Running Press, an imprint of Perseus Books, 2013.