

# BRIGHT IDEAS IN HEALTH AWARDS 2022

Matthew Rutherford (Autism in Mind) is part of a winning team who won an award at the Bright Ideas in Health Awards.

The award celebrates the achievements of individuals and teams working within the NHS, industry and academia.

The award was for innovation and improvement in reducing health care inequalities for autistic people.

Matthew has been working with the team to make changes to their services to make it more accessible for autistic adults.



 Academic Health Science Network  
North East and North Cumbria

Innovation and Improvement in Reducing Healthcare Inequalities

## WINNER

**Autism Expert by Experience**  
South Tyneside and Sunderland  
NHS Foundation Trust



[www.brightideasinhealth.org.uk](http://www.brightideasinhealth.org.uk) @BIHA\_2022 #BIHA2022