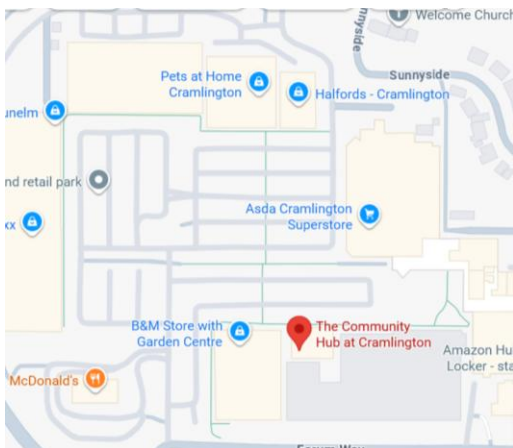




Visiting AIM at Cramlington Community Hub

Address: Cramlington Community Hub, Zone 1, Manor Walks Shopping Centre, Cramlington, Northumberland, NE23 6YB

Exact location can be found using What3Words: <https://w3w.co/moats.those.alike>



Cramlington Community Hub is located next to the Concordia Leisure Centre.
(please see below for lift access information)

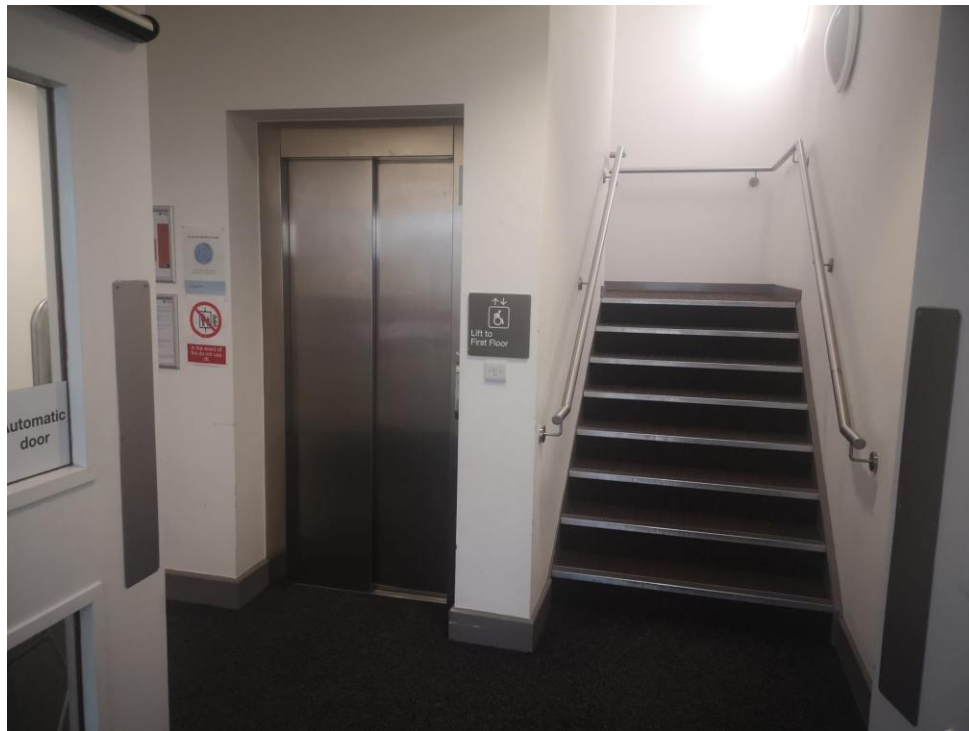


Front door is here

When you first go into the building there is a 'welcome desk' off to the right. There is usually someone standing at this desk. You don't have to speak to this person. They are only there to help if someone is lost or cannot find what they need



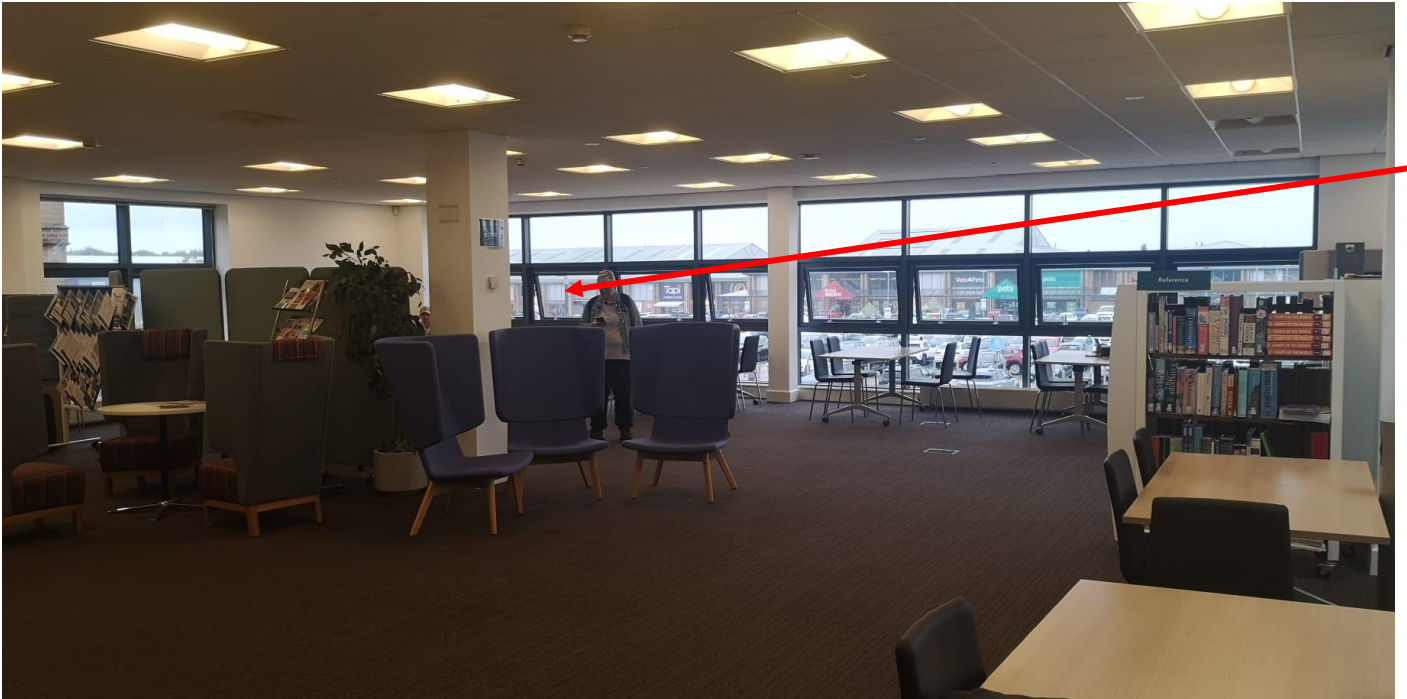
Walk past the welcome desk (on the right) and through these double doors (which may be closed)



The wellbeing session will take place in 'Zone One' which is on the first floor.
You can use the stairs or lift to get to the first floor



If using the stairs, go up one floor (3 sets of steps) and you'll arrive here (above). The lift brings you directly here. Go through the door you can see here.



You'll find yourself in this space. Walk diagonally across towards the back corner



This is the space we'll be using for the wellbeing sessions

Free Parking

There are over 1,500 parking spaces across 3 different car parks. Parking is FREE for up to 4 hours.

East Mall Car Park (Sainsbury's) Postcode: NE23 6UW

West Mall Car Park (ASDA) Postcode: NE23 6YB

South Mall Car Park (Vue Cinema) Postcode: NE23 6UL

By Taxi

Manor Walks has a taxi drop off and pick up point located in the East Car Park, adjacent to Sainsbury's, or at the West Car Park, outside Asda.

By Bus

There are a number of bus routes throughout Cramlington, for detailed timetables and up to date information please visit Arriva or Go North East. For impartial travel advice contact Traveline on 08712 002233.

By Train

Manor Walks is situated 5 minutes walk away from Cramlington Railway Station. For all timetable details telephone 08457 484950 or search National Rail for further information.

If you need any further support regarding your visit, please do not hesitate to get in touch with us by telephone 0191 5700047 or email contact@autisminmind.com