

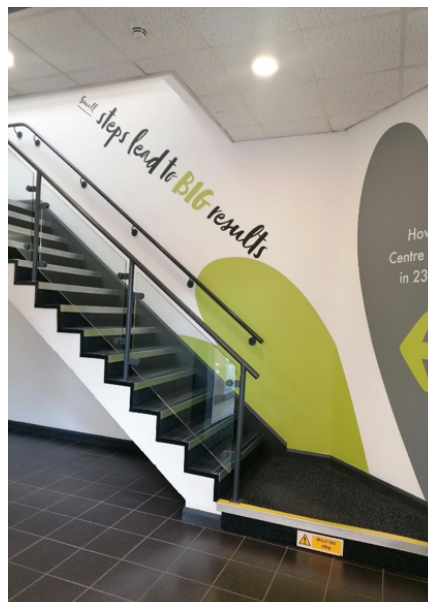


Visiting AIM at Manor Walks Community Rooms

Address: Manor Walks Community Rooms, Manor Walks Shopping Centre, Cramlington, NE23 6YB



Use the stairway to the right of Newcastle Building Society





At the top of the stairs, turn left and walk along this corridor



Carry on along the corridor and up these steps



Initial appointment: The room is located along the corridor, use the door on the right. Just come into the little waiting area. If no one comes out to meet you, there is a doorbell on the desk you can press to let us know you have arrived.

Me, Myself and Autism course: The door at the end of the corridor will be opened 15 minutes before the beginning of the session. Come in and find a seat.

Free Parking

There are over 1,500 parking spaces across 3 different car parks. Parking is FREE for up to 4 hours.

East Mall Car Park (Sainsbury's) Postcode: NE23 6UW

West Mall Car Park (ASDA) Postcode: NE23 6YB

South Mall Car Park (Vue Cinema) Postcode: NE23 6UL

By Taxi

Manor Walks has a taxi drop off and pick up point located in the East Car Park, adjacent to Sainsbury's, or at the West Car Park, outside Asda.

By Bus

There are a number of bus routes throughout Cramlington, for detailed timetables and up to date information please visit Arriva or Go North East. For impartial travel advice contact Traveline on 08712 002233.

By Train

Manor Walks is situated 5 minutes walk away from Cramlington Railway Station. A regular rail service operates from all parts of the country as it is located on the main East Coast line. For all timetable details telephone 08457 484950 or search National Rail for further information.

If you need any further support regarding your visit, please do not hesitate to **get in touch** with us by telephone **0191 5700047** or email contact@autisminmind.com