

## 5 Surefire Ways to Beat Writer's Block and Post Consistently on LinkedIn

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Let's be honest—posting consistently on LinkedIn is hard. And if you're a lawyer, mediator, or dispute resolution professional, you've probably said something like this:

"I know I should be posting more, but I never know what to say."

You're not alone. The number one reason I hear from colleagues for not showing up consistently is this: they've run out of ideas. The dreaded writer's block hits, and the post stays stuck in your head—or worse, never starts.

But here's the truth: you don't need to be a brilliant writer or thought leader every time. You just need a reliable system to spark content ideas.

Here are five surefire ways to think of great content for your LinkedIn feed, especially if you are a legal or dispute resolution professional looking to build your brand and business.

**1. Turn FAQs into Posts** Think of the five most common questions clients or attorneys ask you in consults, intakes, or emails.

Post prompt: "One of the most common questions I get from clients/attorneys is... Here's how I answer it."

This kind of content builds trust, credibility, and speaks directly to what future clients are already wondering.

**2. Share the "Why" Behind What You Do** People connect to purpose. Take a moment to reflect: Why did you become a mediator? What drives your legal practice today?

Post prompt: "I chose this work because..." "One moment that reminded me why I do what I do..."

These types of posts generate engagement because they feel authentic and grounded.

**3. Reflect on a Recent Experience** You don't need to write a case brief—just reflect on a recent moment and what it taught you about your work or your approach.

*Post prompt*: "Something happened this week that reminded me of an important truth about conflict resolution/law/practice-building..." "Here's what a tough moment in practice taught me..."

These help you show your expertise without needing to "market" yourself.

**4. Use What You're Already Reading** Recently see a headline about Al in legal practice? A new law or court ruling? A mediation tip that made you pause?

*Post prompt*: "This article really got me thinking about..." "Here's what this news means for clients or fellow practitioners..."

Position yourself as a trusted voice interpreting trends, not just repeating them.

**5. Repackage What You've Already Created** Have an old blog post, workshop slide, or podcast episode? Break it down into smaller tips or takeaways.

Post prompt: "From a recent talk I gave..." "Here's a tip I shared in a client resource this month..."

One piece of content can generate several strong posts with thoughtful repurposing.

## **Golden Nuggets Recap**

- 1. Start with what clients ask most—your answers are often your best content.
- 2. You don't need new content—reflect, repurpose, and reuse what's already working.
- 3. Your perspective is what sets you apart—lean into it.

**Try This Today:** Pick one of the five methods above and commit to writing a LinkedIn post this week. Watch how it performs—you might be surprised by how much people connect with your insights when you keep it simple and grounded in your experience.

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