

# AGING ISN'T FOR WIMPS!

## THE IMPORTANCE OF ADVANCE CARE PLANNING

*With Connie Jorsvik and Orderly Affairs*

**SATURDAY, NOVEMBER 1, 2025**

**TWO SESSIONS: 10 am and 2 pm**

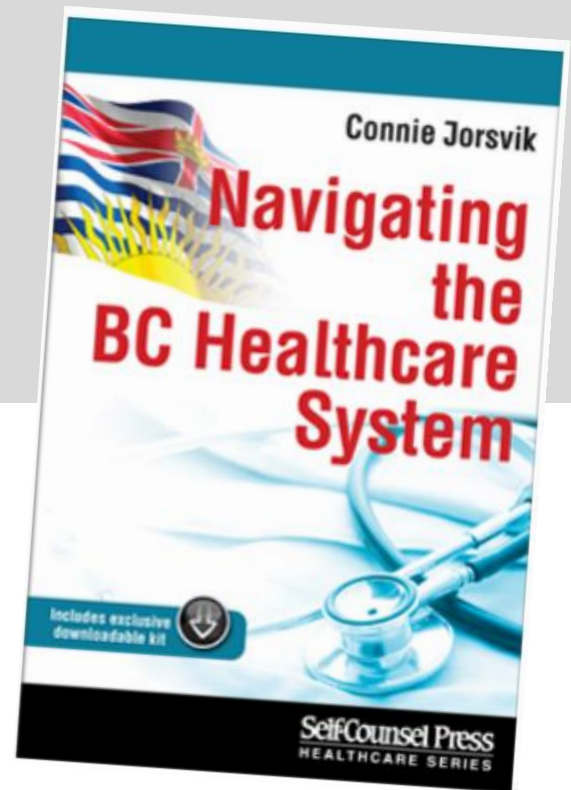
**\$30 per person** *(includes GST)*

**CADBORO BAY 55 PLUS ASSOCIATION**

**5238 Cordova Bay Rd, Victoria, BC**

### WORKSHOP DESCRIPTION

Planning for future healthcare issues is crucial as we age. It ensures that the necessary resources and support are in place to maintain a high quality of life. This 2-hour workshop provides valuable information on **advance care planning** in British Columbia. After attending the workshop, you will receive an e-workbook containing links to key documents and useful templates discussed during the workshop.



Available to purchase at event.

### WORKSHOP RESULTS

- ✓ Awareness about BC healthcare documents such as the Representation Agreement, MOST, NO CPR, Advance Directive and EDITH forms.
- ✓ Learning about the important differences between estate and future healthcare planning.
- ✓ Determining how our values and beliefs influence decisions around our future healthcare planning.
- ✓ Preparing ourselves for good discussions with family medical practitioners as well as loved ones.
- ✓ Digital workbook for completing all advance care planning templates discussed during the workshop.
- ✓ Expert advice from advance care planning specialists Connie Jorsvik and Orderly Affairs.

**Register at:**

**Info@orderlyaffairs.ca**

**IMPORTANT NOTE:** *Participants are encouraged to register with a support person so they can help each other with the follow-up conversations and decision-making required for advance care planning tasks.*