

# AGING ISN'T FOR WIMPS!

## THE IMPORTANCE OF ADVANCE CARE PLANNING

With Connie Jorsvik and Orderly Affairs

THURSDAY OCTOBER 10

TWO SESSIONS

\$25 per person

Trafalgar/Pro P

411 Gorge Rd E,

WORKSHOP DESCRIPTION

Planning for future healthcare is crucial as we age.

necessary resources and support are in place to maintain a high quality of life.

This 2-hour workshop provides

valuable information on **advance care planning** in British Columbia. After

attending the workshop, you will

receive an e-workbook containing links to key documents and useful templates

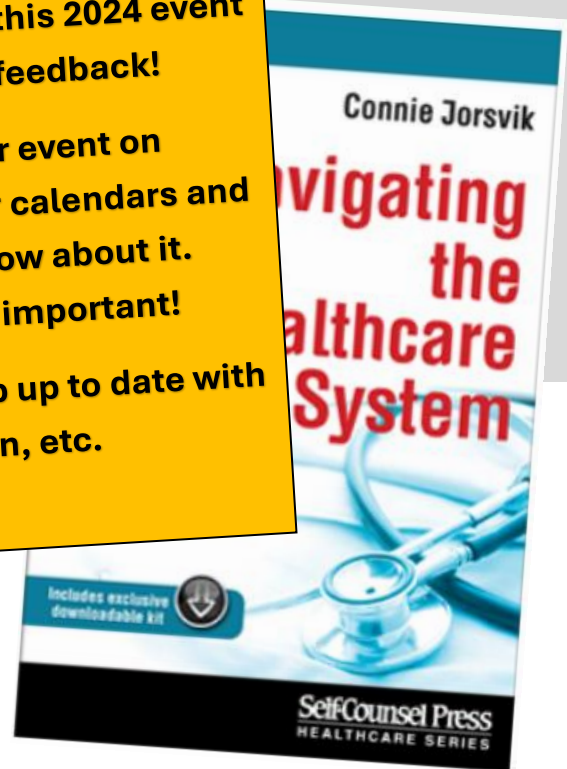
discussed during the workshop.

Thanks to all those who attended this 2024 event  
– we appreciate the positive feedback!

Yes, we are planning another event on  
**November 01, 2025**, so mark your calendars and  
let your friends and family know about it.

Advance care planning is so important!

Sign up for my newsletter to keep up to date with  
registration information, etc.



Available to purchase at event.

### WORKSHOP RESULTS

- ✓ Awareness about BC healthcare documents such as the Representation Agreement, MOST, NO CPR, Advance Directive and EDITH forms.
- ✓ Learning about the important differences between estate and future healthcare planning.
- ✓ Determining how our values and beliefs influence decisions around our future healthcare planning.
- ✓ Preparing ourselves for good discussions with family medical practitioners as well as loved ones.
- ✓ Digital workbook for completing all advance care planning templates discussed during the workshop.
- ✓ Expert advice from advance care planning specialists Connie Jorsvik and Orderly Affairs.



Register at:

[Info@orderlyaffairs.ca](mailto:Info@orderlyaffairs.ca)

**IMPORTANT NOTE:** Participants are encouraged to register with a support person so they can help each other with the follow-up conversations and decision-making required for advance care planning tasks.