



ORDERLY AFFAIRS

AGING NAVIGATION SUPPORT

As we age, it's important to address matters that we may avoid due to our reluctance to face the inevitable reality of mortality. The truth is that aging and death are unavoidable, and preparing for this stage of life can bring peace of mind. I'm here to support you with some of the more challenging aspects of aging. Below are some typical examples that you might be struggling with. You can schedule a free call with me to discuss these aging-related matters. I am also available to meet with you in person if you would like personalized assistance. If there's something I can't help with, I will refer you to the appropriate contact.

- ☐ I know I need to communicate **my future healthcare plans** and that various documents I can put in place exist, but I don't know how or where to start doing that work.
- ☐ I know I should **make things easier for my executor** when I am gone, but I don't know what's involved and how to make that happen. **I don't even have a will!**
- ☐ I am getting older and know I **need to downsize**, but I don't know where to start.
- ☐ I am a **single senior** concerned about who will look after me as I get older.
- ☐ I would like to consider **pre-paying for a funeral**, but I would like to talk to someone before approaching a funeral home to make those arrangements.
- ☐ I am getting older but want to **stay in my own home**. How can I make that happen?
- ☐ I would like **to share my life story and legacy messages** with those I will leave behind, but I could use some help getting started.
- ☐ I would like **to have conversations about death with my family**, but they don't want to talk about it.
- ☐ I have such a **fear of death**; I don't know or want to deal with any of these matters – help!

Book an appointment on the website: www.orderlyaffairs.ca
or email info@orderlyaffairs.ca for more information.