



# Allatoona Quilters' Guild

## UPCOMING EVENTS

*All Meetings start at 10:00*

*March 2025*

March 4- General Meeting, Roberts School  
March 11- NO SIT AND SEW  
March 11-14 - Red Top Retreat  
March 18- Executive Board, ZOOM, All are welcome  
March 25 -Block of the Month, Roberts School

<http://www.aqguild.org/>

[AQG Facebook Page Link](#)

Pay by Zelle

[AQGbanking@yahoo.com](mailto:AQGbanking@yahoo.com)

## President's News! Sue McBride

It's the most wonderful time of the year: our annual retreat at Red Top Mountain!!

This event is 4 days of everything we love about quilting: the joy of being with others who also love to quilt; yummy snacks and meals that we don't have to prepare; amazing projects both old and new. It's an opportunity to be totally immersed in things we love to do, and to be inspired by what others are working on as well.

If you aren't able to join us, think about doing something special for yourself this week: meet with or call a friend; devote some extra time to sewing, maybe even a new project; treat yourself to a favorite snack or a meal out.

Whether you are there in person or in spirit only, think of the retreat as a time to step out of your usual routine.

I hope you will be refreshed and renewed!

Sue

# UPCOMING PROGRAMS

## March: Button, Button Sew Many Buttons!



Our March Program is Debbie Johnson from the Peach State Button Club who is bringing her extensive selection of buttons and design boards to show. Button collecting has a long and interesting history with national organizations, magazines, shows and conventions so join us Tuesday, March 4 to hear her story and see what she brings to share with us!

## April: Little Quilts Color Planning Your Quilts!

Mary Ellen von Holt will join us April 1 to talk about color and everything Little Quilts. She was an owner of the popular, but now closed, Little Quilts Shop in Marietta.

## May: What is Modern Quilting?

Award winning modern quilter and designer, Sylvia Schaefer is coming from Athens on May 6 to share her creative journey with us. As a special bonus, she'll be teaching a half day paper piecing class in the afternoon with options for one of her patterns "simplified" for us. Look online at her patterns and depending on your comfort level with paper piecing, you may choose a harder pattern understanding that it is only a 3 hour class and you may not (probably won't? Couldn't possibly?) finish in class! Since Sylvia will have the paper patterns ready for us, you will need to pre-order the pattern you want to use in the class. These are 12 to 18" patterns.

Meet Sylvia and see her quilts and the pattern possibilities at

<https://flyingparrotquilts.com/>

Sign up (with us!) for her class and choose your pattern by April 8. Class fee is \$45, pattern is \$12 with a newsprint copy for paper piecing. And class size is limited!

# RED TOP RETREAT



Hello Ladies!

Red Top is just about here! We are finalizing everything and getting ready to go! I've sent out all the information you will need. If this is your first Red Top, remember to lean on your "buddy" for guidance. We will have a short meeting after the general meeting and we will be doling out all the supplies. Don't forget to get your parking pass!

Please let us know if you have any questions.

Jill & Nancy

Thank you,  
Jill & Nancy





## OUR LADIES WITH MARCH BIRTHDAYS ARE

Beth Virden 3/9  
Dianne Chestnut 3/10  
Jan Cox 3/10  
Carol Bobar 3/15  
Lois LaBove 3/16  
Liz Thompson 3/22  
Susan Richardson 3/25  
Paula Grigsby 3/27  
Carol Stanek 3/31  
Dianne Olsen 3/31  
Huguette Boyer 3/31

HAPPY BIRTHDAY TO ALL,



Debbie Court

Don't forget to get your Fat Quarter!



## COMMUNITY SERVICE

CAROLYN SHEA, BARBARA MEANS, JILL KIRKLAND



Ladybugs,

This week I helped out a neighbor whose ride didn't show up; she needed to pick up a prescription and a few groceries. I offered her a ride and off we went. We asked each other's name and what did we do with our "retired" lives. Needless to say, I talked about our guild and that we made comfort quilts and pillowcases. We headed home and I helped her bring in her groceries. It made my day to meet someone and enjoy their company...a "Random Act of Kindness." Ladybugs, you practice acts of kindness every time you donate a quilt or pillowcase. Thank you so much for your support of Community Service.

Year to Date

Quilts - 24

Pillowcases - 45

Kitty Beds – 24

Carolyn Shea,

Community Service Chair

### DID YOU KNOW? AN ACT OF KINDNESS CAN:

- ✓ DECREASE STRESS
- ✓ BOOST HAPPINESS
- ✓ LOWER BLOOD PRESSURE
- ✓ RELEASE FEEL-GOOD CHEMICALS (serotonin & oxytocin)
- ✓ INSPIRE MORE KINDNESS!

[randomactsofkindness.org](http://randomactsofkindness.org)





## JoAnn Shaw Award

The JoAnn Shaw Award recognizes a Ryan's Case for Smiles chapter coordinator who has had an exceptional impact on the organization. For 2024, they honored **Barbara Means** of Atlanta, Georgia.



Barbara's journey began in August 2015, when she took the helm of the Atlanta chapter. Back then, the chapter was supported by a handful of quilt guilds delivering pillowcases to a small number of hospitals. Under Barbara's leadership, the chapter has grown tremendously—both in scope and impact. Today, it serves **14 hospitals across the state of Georgia** and stands as a testament to her vision and dedication.

By the end of 2024, the Atlanta chapter reached a remarkable milestone: **80,536 pillowcases delivered**. This extraordinary achievement highlights Barbara's ability to inspire and engage her community.

Barbara's heart for service is evident in every aspect of her work. She is constantly thinking of others, the children and families she serves, as well as the hundreds of volunteers who bring this mission to life. Barbara dedicates countless hours to visiting quilt guilds, religious groups, and service organizations, spreading awareness and encouraging involvement.

More than a leader, Barbara is a beacon of compassion, professionalism, and inspiration. Her unwavering commitment has transformed the Atlanta chapter into a powerhouse of generosity and kindness. Her accomplishments are truly unmatched, and her leadership has left an indelible mark on our organization.

# Recipe Corner



## MISSISSIPPI MUD CAKE

2 sticks butter or margarine  
4 eggs  
2 cups sugar  
dash salt  
2 cup Hershey cocoa  
1 1/2 cups plain flour  
1 1/2 cups pecans  
1 tsp vanilla

Mix all ingredients well. Bake in 9x13x2 pan for 35 minutes at 350.  
Pour a package of miniature marshmallows over hot cake.

ICING: 1 box powdered sugar, 1 stick butter or margarine, 1/3 cup cocoa, 5-6 tablespoons of milk.

Add milk until icing is consistency that will allow it to be spread easily on top of marshmallows.

Cool and cut into squares.

Dottie Duvall

## TIPS AND TRICKS

I recently brought home a quilt that I made for my Mother who passed away last year. She loved the quilt because it had cardinals (her favorite bird) on a background of cream. I made the quilt fairly early in my quilting journey and literally none of the fabrics had been pre-washed. Did I say that it had red cardinals in it? The quilt hung over an air vent and when I got it home it was quite dirty and had to be washed. But as soon as the water hit the quilt the red dye ran EVERYWHERE. WHAT TO DO? The following came from an internet blog by Suzy Quilts. It worked like a charm. Hope you don't find yourself in the same situation but in case you do, this may save those quilts that can't be replaced.

<https://suzyquilts.com/fix-fabric-bleeds/>

*If you're here in a panic screaming "SAVE MY BLEEDING QUILT!" at the computer screen, don't worry. I'm here for you in mind, spirit and quilt. Just because one (or more) of your fabric colors have run and dyed other parts of your quilt, it doesn't mean all is lost. Put on your gloves, and let's get to work. (Really, go get some gloves. We're going to be using some very hot water.)*

**1.Tub Time.** *To soak a bleeding quilt, you want a looot of water; more than your sink or washing machine can handle. That means it's bathtub time. Fill your bathtub up with as hot of water as you can (different people have different limits set on their hot water heater, so if your hot tap water is sort of meh, add some pots of boiling water. Boiling water is hot! I know! This is why you need gloves!)*

**2.Add Some Suds.** *This part is important. Though people get all excited about [Synthrapol](#) (and it does work well, so you may want to keep some on hand), [Dawn Ultra Pure Dishwashing Liquid](#) will do the trick, too. Add as much as half a cup of the good stuff. Oh, and make sure your quilt is in there, too. Did I miss that part? Now swish things around for a good ten minutes. (Note: if the water gets REALLY dark REALLY fast, you'll want to drain the water after about 10 minutes or so, and refill.)*



## TIPS AND TRICKS – CONT.

**3. Let it Rest.** *We're talking about a good long sleep, here. Make sure every bit of the quilt is underwater (so none of the water dye sticks to the quilt at the water line), and give it a full 12 hours. (But what if you want to take a bath? TOO BAD. Your quilt needs some R&R.) Don't worry if things are looking very dye-ey up in there – the soap's job is to keep the dye suspended in the water, and not in your quilt.*

**4. Rinse and Repeat... if necessary.** *It's time consuming, but if you really want to heal your precious quilt, keep repeating the process until the water is clear for about 6 hours or so.*

*When things are looking clean and clear and under control, go ahead and give your quilt a final cold-water rinse. This is also a good time to add some [Retayne](#) to the water to firmly lock in the remaining fabric dye. Now carefully remove your quilt to dry.*



## AQG LONG ARM QUILTERS AVAILABLE

**Cindy Christenson 770-598-5751**  
email: [mycountryquilting@gmail.com](mailto:mycountryquilting@gmail.com)

**Jan Cox 678-982-4326**  
email: [janicecox01@gmail.com](mailto:janicecox01@gmail.com)

**Jill Kirkland 404-936-7140**  
email: [jillklump@comcast.net](mailto:jillklump@comcast.net)

Please contact them personally with any questions and pricing information.



## NEW QUILTING OPPORTUNITY!!

Owner Clare Schueren looks forward to opening the doors to her upcoming quilt and fabric boutique, simply called Stitched. (on March 4<sup>th</sup>.)

Bringing the artistry of quilting and fabric creations to Cobb County, Stitched will serve as a high-end fabric store and quilt boutique that also provides personalized products and services. However, she also wants to ensure that her employees have the knowledge and experience necessary to connect customers with the perfect gift or creation.

“We will have everything from solids to blenders [fabrics] to the hottest names in the quilting industry with all their lines of products,” Schueren said. “There will be specialized people who will work that know how to cut fabric, match fabric, and to help people with their patterns and advise what fabric goes along with those patterns.”

Follow the links to learn more about “Stitched”.

<https://www.stitched.gifts/>

<https://eastcobbler.com/stitched-brings-the-artistry-of-quilting-to-east-cobb/>

