



YOUR DESTINATION FOR Healing & Wellness

Striving to be the most trusted and recommended source of medical massage therapy and corrective skin care in Tampa Bay.

What makes Massage different at Divine?

Session Framework



Corrective Results



Wellness Education



Proactive Maintenance

Hands-on time is never cut out from the session length—when we say 60-minute massage, we mean it! Consultation and dressing time is accounted for in our buffer times.

Therapy Framework

Combine or focus on a range of therapies

Relaxation

Emphasis on holistically decompressing the body rather than specific muscle groups

Stress Relief

Emphasis on releasing tension areas that negatively affect physical and mental wellbeing

Focused Deep Tissue

Emphasis on manipulating specific muscle groups including trigger points and deeper layers of muscle tissue

Pain & Medical Management

Emphasis on reducing chronic pain and treating specific conditions or pre-diagnosis

DIVINE INTRO

NEW PATIENT'S FIRST VISIT

\$25 OFF

90-Minute Massage

Standard Massage Rates

Session Length	Rate
60 Minutes (1 hour)	\$105
90 Minutes (1.5 hours)	\$160
120 Minutes (2 hours)	\$210
180 Minutes (3 hours)	\$315

YOU-PICK-FOUR Packages

for standard massage therapy sessions

Session Length	Discount	Package Session Rate	Package Price
Four 60-Minute Massages	\$5 off each	\$100/each	\$400 (\$20 savings)
Four 90-Minute Massages	\$10 off each	\$150/each	\$600 (\$40 savings)
Four 120-Minute Massages	\$15 off each	\$195/each	\$780 (\$60 savings)

Specialty Therapies

Ashiatsu

Ashi translates to 'foot' and Atsu to 'pressure'.

Certified therapist utilizes a bar attached to the ceiling for balance and stability. Combining pressure *and* compression, the therapist strategically uses body weight and foot stance to leverage gravity for **up to 3x deeper pressure** than a traditional hands-on, deep tissue session.

DIVINE INTRO
FIRST-TIME ASHIATSU SESSION

\$25 OFF

60-Minute Ashiatsu

60-Minute Session	\$150
90-Minute Session	\$180
120-Minute Session	\$240

Stretching

Extensive, targeted stretching contributes to **increased muscle elasticity, flexibility, and range of motion.** Without it the body is at higher risk for joint pain, strains, muscle damage and injury. The 30-minute sessions allots for targeting a muscle group. The 60-minute sessions can target entire muscle groups along with an overall body stretch. Stretching in combination with massage enhances your massage benefits, for longer lastings results.

Stand-Alone Stretch Sessions

30-Minute Stretching	\$75
60-Minute Stretching	\$120

Massage Add-on Stretch Sessions

30-Minute Stretching	\$60
60-Minute Stretching	\$95

Tandem

Therapeutic Tandem Massage consists of **two therapists** working in unison on one patient to receives **twice as much tension relief in half the time.**

There are two main components of tandem. The first being 'mirror' massage in which both therapists are in exact unison; the second being 'asynchronous' where therapists work in complementary but unique coordination.

DIVINE INTRO
FIRST-TIME TANDEM SESSION

\$25 OFF

60-Minute Tandem

60-Minute Tandem	\$230
90-Minute Tandem	\$340
120-Minute Tandem	\$440

Massage Enhancements

Cupping | \$40

Negative pressure loosens muscles, encourage blood flow, and is used to relieve back and neck pains, stiff muscles, anxiety, fatigue, migraines, rheumatism, and even cellulite.

Aromatherapy | \$25

Cleanse your sinuses, alleviate migrates, reduce allergies or add relaxation with scents like Lavender, Orange and Peppermint. Mix and match over 10 scents to your liking and needs.

CBD (Cannabis)

Scientifically proven to relax the muscles and increase the release of knots and strains. It is by far, our most popular enhancement. We are one of the only spas in the Tampa Bay area offering Cannabis Massage!

\$25 50mg CBD

\$35 75mg CBD

\$45 100mg CBD

Hot Stones | \$30

Add a full set of soothing hot stones to your massage to maximize relaxation and release muscle tension.

Exfoliating Scrubs

Exfoliating helps to get rid of dead skin, boosts circulation and drain your lymph nodes by increasing blood flow to the skin's surface.

\$25 Foot Scrub

\$25 Hand Scrub

\$40 Hand & Foot Scrub

\$45 Back Scrub

\$65 Full Body Scrub

Far Infrared Therapy

Far Infrared, Negative Ions, and Amethyst have all been individually revered, and the Bio Mat remarkably combines all three for maximum benefits starting at the most cellular level possible.

\$30 60-Min Massage Upgrade

\$40 90-Min Massage Upgrade

\$50 120-Min Massage Upgrade

Far Infrared Biomat

The Power of Three FDA approved

Far Infrared light and Negative Ions are conducted through Amethyst Crystals in the mat for maximum benefits starting at the most cellular level possible.

Far Infrared Negative Ions Amethyst

- Strengthens immune system
- Stimulates cellular proliferation
- Improves sleep cycle
- Enhances brain function and cardiovascular system
- Regulates endocrine system
- Stabilizes nervous system

30-Minute Detox Session \$30

60-Minute Detox Session \$60

90-Minute Detox Session \$90

***See Enhancements section for massage upgrade pricing.**

For more info visit DivineConnectionsMassage.com/Far-Infrared-Therapy

Cannabis - CBD

How does CBD work?

The endocannabinoid system is a network of neurons throughout the human body loaded with receptors that bind to cannabinoids (CBD). This system is responsible for regulating balance in our immune response, cell communication, appetite and metabolism regulation, memory, and much more.

Who is CBD for?

It's particularly helpful for people suffering from chronic pain and inflammation, however it is truly beneficial to all. It's known to release muscles faster—melting away stubborn knots, with less trigger-point pain, that may otherwise take twice as long for a therapist to release.

For more info visit DivineConnectionsMassage.com/Cannabis-Massage



Corrective Facials

Divine Rejuvenation Facial

45 Minutes | \$99

Deep Cleanser
Fruit Enzyme Exfoliant
Bright Eyes Mask
Secondary Mask
Organic Rebalancing Toner
Serum
Moisturizing Baobab Oil

Divine Signature Facial

60 Minutes | \$120

Milk Cleanser
Deep Cleanser
Organic Rebalancing Toner
Fruit Enzyme Exfoliant
Bright Eyes Mask
Basic Extractions
Milk Cleanser
Calming Mask
Organic Rebalancing Toner
Choice of Serum
Moisturizing Baobab Oil

Divine Deluxe Facial

90 Minutes | \$150

**Masks applied longer; opportunity for multiple enhancements.*

Milk Cleanser
Deep Cleanser
Organic Rebalancing Toner
Fruit Enzyme Exfoliant
Bright Eyes Mask
Detailed Extractions
Milk Cleanser
Calming Mask
Organic Rebalancing Toner
Choice of Serum(s)
Moisturizing Baobab Oil

Back Facials

60-Minute Back Facial \$135

90-Minute Back Facial \$165

DIVINE INTRO

NEW PATIENTS FIRST VISIT

\$10 OFF

60-Minute Facial

Elixir of Life

As the brand choice of Divine, Elixir of Life uniquely offers **high-quality** aesthetic products. All ingredients are **without synthetic surfactants**, carcinogenic parabens or pore-clogging minerals, like silicones or nut oils. Elixir of Life is **eco-friendly, natural, free of fillers, organic, and cruelty-free.**

Facial Enhancements

\$40 Microdermabrasion

Crystals are applied to the skin and immediately suctioned away to gently exfoliate and remove dead skin cells from the top layer. The handheld vacuum tool allows the crystals to work into the skin and stimulate collagen production—leaving skin plumped and refreshed. It targets dull/tired skin, blackheads, clogged pores, fine lines.

\$40 High Frequency Wand

Experience the cosmetic and healing benefits of high frequency electrical stimulation. This rejuvenation method improves overall skin texture, tone, glow and acne. It promotes collagen stimulation and elasticity, providing a firmer and more youthful appearance.

\$40 Chemical Peel

Chemical peels can improve the skin's appearance. In this treatment, a chemical solution is applied to the skin, which makes the top, oldest layers of the skin "blister" and eventually peel off. The new skin is usually smoother and less wrinkled.

\$30 Men's Beard Treatment

A cleanse topped with oils from the Baobab fruit to nourish and tame unruly beard hairs, adding a subtle shine and irresistible softness.

Enhancements only available with 60- and 90-minute facials.

The Essentials

Milk Cleanser

Baobab extract is a powerful antioxidant, rich in vitamins A and C and minerals.

Deep Cleanser

Soap-free, biodegradable formula with natural foaming agents: quillaja saponaria derived from the soap tree in Chile, and decylglucoside derived from non-GMO corn.

Organic Rebalancing Toner

Rebalances skin pH with a blend of antioxidants from organic Baobab, hibiscus and green tea, to naturally defend against oxidative stress.

Fruit Enzyme Exfoliant

A raspberry or pumpkin enzyme that digests surface-level dead skin cells—excellent for hyperpigmentation.

Baobab Moisturizing Oil

100% organic cold-processed organic baobab oil nourishes and moisturizes, regenerates cells, improves skin elasticity and absorbs quickly.

Special Serums

Hyaluronic Moisturizing Serum

One of the world's most powerful natural moisturizers, hyaluronic acid helps hold large amounts of water.

Intensive Anti-Wrinkle Moisturizing Serum

Blended with four peptides: synake, argireline, colhibin and elhibin to smooth fine lines especially on the forehead and around the eyes, restoring elasticity, firmness and radiance.

Eco Lite Serum

Formulated with a blend of raspberry seed oil and baobab leaf to diffuse the heat energy of the sun.

Clari Sea Lotion

Antibacterial properties that reduce the appearance of blemishes.

Luxury Masks

Bright Eyes Mask

Gel-based formula just for under-eyes made of Ginkgo Biloba extract, which has anti-aging, anti-inflammatory and brightening properties.

Vegetable Collagen Gel Mask

Derived from vegetable sources, moisturizes and conditions the skin, reducing fine lines for mature, dehydrated skin.

Botox Blooming Mask

Natural source of organic AHA known to control oil, exfoliate, and unclog pores. Natural source of organic malic and citric acid to accelerate rejuvenation of skin cells.

Moonlight Mask

Brightens and evens skin complexion, visibly reducing dark spots; best for hyperpigmentation.

Calming Mask

Diminishes redness and swelling due to amazing properties of organic baobab leaf, organic green tea and organic aloe vera extract for sensitive, irritated and inflamed skin.

Clari Sea Mask

Decreases the appearance of scars and lightens the skin. Formulated with honey for its natural anti-inflammatory and antibacterial compounds that regenerate tissue. While garlic has antifungal and antiseptic properties to kill bacteria-causing blemishes.

Honey Mask

Delivers vitamins and essential fatty acids to the skin, increasing skin's moisture level for mature, dehydrated and rosacea skin.

Clay Mask

Prevents and treats facial blemishes and minor abscesses, cleanses and exfoliates dead cells on the surface of the skin, reduces excess of oil on the surface of the skin.

Waxing

Go silky smooth with a high-quality mermaid wax, leaving you soft to the touch.

\$18	Eyebrows
\$18	Lip
\$18	Chin
\$20	Cheeks/Sideburns
\$25	Underarms
\$25	Half Arms
\$35	Abdomen
\$35	Bikini
\$35	Half Legs
\$40	Chest
\$45	Back/Shoulders
\$45	Full Arms
\$55	Full Legs

Eyebrows and Lashes



Tinting

\$20	Eyebrows	A semi-permanent dye is applied to appear thicker, darker, and fuller; lasting for about 3 to 6 weeks.
\$20	Eyelashes	
\$30	Combination	

Brow Lamination

\$60	without tint	Lifts and separates eyebrows for the wildly popular, modern brow look. A great alternative to micro-blading that lasts between 3 to 6 weeks.
\$80	with tint	

Lash Lift

\$72	without tint	Mimics an eyelash curler to extend your lashes upwards, giving you that fluttery, long-lash look lasting 4 to 6 weeks.
\$86	with tint	

Facial Corrective Series

Our Corrective Series creates a highly personalized skin care treatment journey for better and longer lasting results.

Over the course of **two months**, the Corrective Series serves to **transform the health and condition of your skin** according to your specific needs.

Whether it's acne, hyperpigmentation, sunspots, wrinkles, excessive dryness or oiliness, dullness, blackheads, uneven skin texture, scarring or something else—our licensed estheticians are trained to cater a specific regimen for your corrective treatment.

Facial Series	Sessions	BONUS Facial Enhancements	Package Price
Rejuvenation Facial Series	Four 45-Minute Facials	*Two (\$80 value)	\$399
Signature Facial Series	Four 60-Minute Facials	*Four (\$160 value)	\$480
Deluxe Facial Series	Four 90-Minute Facials	UNLIMITED (\$320+ value)	\$600

*Facial enhancements must be used on separate sessions.

Let's Connect!

813-402-2959 | DCMSwellness.com | MindBody App

HOURS

Tuesdays	10:30a - 6p
Wednesdays	2p - 8p
Thursdays	10:30a - 6p
Fridays	12p - 8p
Saturdays	12p - 6p
Sundays	11a - 5p

