

Kindness Week

Kindness Week is every week of the year!

As studies show, kindness is a great tool that can significantly impact workplace dynamics and productivity.

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At the start of the week, commit to an act of kindness for five days. Use the suggestions (click the pushpins) or create your own acts of kindness.

Share this document in your team meeting or in a group chat and encourage your team to join in the challenge.



Sources: Forbes—4 Ways To Build Workplace Culture Through Kindness
Acts Of Kindness Have Become A Workplace Standard, According To Groundbreaking Research