



Healing Ourselves and the Planet: Interfaith, Indigenous & Embodied approaches to Climate Action (Virtual Event via ZOOM)

- Concept Note -

Date: Thursday April 18, 2024

Time: 2 - 3:30pm EDT

Format: Brief Documentary, Panel & Open Discussion

Panelists: Knellee Bisram, Beth Blissman, Piero Falci, Crystal Keck

RSVP / Register here:

<https://us06web.zoom.us/meeting/register/tZAceipqTstHtl4-gusxMacGzEr23MIQ00a>

Session Description:

As a way of building on the momentum from the UN SDG Summit in September 2023 and contributing to the Summit for the Future in September 2024, UNGA President H.E. Dennis Francis is calling for all stakeholders to #ChooseSustainability during the first-ever United Nations Sustainability Week: April 15-19, 2024.

In addition to the standard three dimensions of sustainable development - social, economic, and environmental – we must add the spiritual dimension, in order to fully achieve peace, prosperity, progress, and sustainability for all. In order to Choose Sustainability, Member States, civil society, UN agencies, and other stakeholders need to adopt initiatives which reflect the complexity and interconnectedness of individual, collective, and planetary wellbeing.

We are Mother Earth and Mother Earth is us. When we are disconnected from this relationship and out of balance with Nature, we tend to turn to polarized, fear-based, anxiety-driven action causing intentional and unintentional harm to ourselves, each other and our planet. This session features AHAM Education's documentary short *Healing People Heal the Planet* and a mindful reflection of how we might access "eco-

affinity” through faith, indigenous wisdom, or other embodied practices. Together we explore how this ‘inter-being’ in relationship to humanity and the planet can serve as a catalyst for sustainable, nature-positive, nonviolent and transformative outcomes for a common future.

A panel of BIPOC, indigenous and faith leaders from the Americas will guide our experience to bravely lead change from the inside out in our respective worlds of influence.

See trailer and more information at: <http://www.ahameducation.org/bnature>

Brief Bios of Panelists:

Knellee Bisram, CEO/Founder and Lead NGO Representative to the United Nations, AHAM Education Inc. Mindfulness Teacher, Co-creator of *B.Nature*. Film Producer, *Healing People Heal the Planet*.

Piero Falci, Board Member, AHAM Education. Mindfulness Meditation and Mindful Living Teacher, Co-creator of *B.Nature*, Author of *Mindfulness for a Better Mind, Life and World*.

Dr. Crystal Cavalier-Keck, Co-founder, Seven Directions of Service. Citizen of the Occaneechi Band of the Saponi Nation, North Carolina. Indigenous climate justice activist. Mind Body Medicine Coach.

Beth Blissman, Ph.D.

Representative to the United Nations for the Loretto Community, Co-chair of the Committee of Religious NGOs, Board member of Working Group on Girls (WGG)

Hashtags: #ChooseSustainability #UNGASustainabilityWeek #ChooseSustainability

