



401 Corbett Street Suite 210
 Clearwater, FL 33756

Community Resources

<u>Food Banks</u>	
<i>Hope Villages of America</i>	700 Druid Rd Clearwater, FL 33756 (727) 443-4031
<i>Helping Hands</i>	1850 McMullen Booth Rd Clearwater, FL 33759 (727) 724-1290
<i>Oak Ridge Wesleyan Church</i>	1100 10 th Ave N, #1 (Behind Thrift store) Largo, FL 33778 (727) 393-9182
<i>Beach Community Food Pantry (Also offers pet food pantry)</i>	1615 1 st St Indian Rocks Beach, FL 33785 (727) 282-4085
<i>EPIC (Empath Partners in Care)</i>	Tampa: 4703 N Florida Ave Tampa, FL 33603 (813) 237-3066 St Pete: 3050 1 st Ave S St Petersburg, FL 33712 (727) 328-3260
<i>Faith Lutheran Church Food Pantry</i>	5443 Sunset Rd New Port Richey, FL 34652 (727) 849-4418
<u>WIC Offices/ Health Departments</u>	
<i>Clearwater Health Center WIC Clinic/ FLDOH</i>	310 N Myrtle Ave Clearwater, FL 33755 (727) 469-5800
<i>Pinellas Park Health Center WIC Clinic/ FLDOH</i>	6350 76 th Ave N Pinellas Park, FL 33781 (727) 547-7780
<i>Largo Health Center WIC Clinic/ FLDOH</i>	8751 Ulmerton Rd Largo, FL 33771 (727) 524-4410
<i>St. Petersburg Health Center WIC Clinic/ FLDOH</i>	205 DR. M.L.K. Jr St N St Petersburg, FL 33701 (727) 824-6900
<u>Lactation Consultants</u>	

<i>Lactation Loop</i>	<p>2431 10th Ave N, St. Petersburg (941) 254-2502</p> <ul style="list-style-type: none"> • In office visit- \$150 • In-Home visit- \$225 • Virtual visit -\$100 • Visit with consultant student- Free-\$25 • Works with Medicaid; currently working on securing an office space in St. Pete, so only doing home visits, charging office visit prices for home visits until securing a space
<i>St. Petersburg General</i>	<p>6500 38th Ave N, St. Petersburg (727) 341-4907</p> <ul style="list-style-type: none"> • Prenatal Breastfeeding Classes and Breastfeeding Group • Inpatient and outpatient lactation help • Free lactation help for patients and public
<i>Mease Countryside</i>	<p>3231 McMullen Booth Rd, Safety Harbor (727) 725-6821</p> <ul style="list-style-type: none"> • Prenatal Breastfeeding Classes and Postpartum Group • Outpatient services are free to women who have given birth at Mease Countryside
<i>Cat Halek, IBCLC</i>	<p>727-346-8857</p> <ul style="list-style-type: none"> • In home visits; Initial visit \$225; Follow-up visits \$150 • Telemed visits; initial visit \$125; Follow-up visits \$75
<i>Tampa Breastfeeding Center</i>	<p>222 Crystal Grove Blvd, Lutz 813-892-8990</p> <ul style="list-style-type: none"> • Services range \$40-\$110; depending the service (consultation, therapeutic US, Creamatocrit...) and type of appointment (in office, virtual, phone...)
Swim Lessons	
<i>Safety in Water- YMCA</i>	<p>FREE Ages 3-6 Years Offered at multiple YMCA locations search at: https://anc.apm.activecommunities.com/tampaymca</p>
Car Seat Safety	
<i>Tampa Police Department</i>	<p>FREE CAR SEAT AND INSTALLATION (Tampa Residents only) By appointment: 813-931-6500 or https://www.tampa.gov/form/tpd-child-safety-seat-program</p>
<i>Palm Harbor Fire & Rescue</i>	Call 727-784-0454 to make an appointment
<i>Pinellas Park Fire & Rescue</i>	Call 727-369-5803 to make an appointment