Ellie Holbrook and Dr. Shannon Williams invite you to join us for an all-inclusive retreat specifically for birth workers.





- We seek to be in service of the mother and those who serve mothers in a time of deep need to honor the divine feminine.
- Through a professionally supported plant medicine experience you will embark on a path of healing and self-discovery. This retreat will offer a sacred space to honor this important role, provide deep transformation, and meaningful connection.
- Retreat includes lodging at beautiful Casa Kafka in Pescadero Mexico, locally sourced chef-made meals all 4 days, prescreening interview with host, and 3 post-ceremony integration sessions with licensed mental health professional.