

Region VI

Powerlifting (3 lift meet)

M/F-Div	Description	PI Code
M-BL	Best Lifter Men	2
F-BL	Best Lifter Women	2
M-RL	Light Weight Raw	2
M-RH	Heavy Weight Raw	2
M-O	Men's Open	1
M-BO	Men's Bench Only	2
M-M	Men's Masters	1

Weight set on the platform is: Lb					
	Lb			Lb	
	#N/A	#N/A		#N/A	#N/A
How	Pound	LOAD	How	Kilo	LOAD
Many?	Plates	on Bar	Many?	Plates	on Bar
0	110	#N/A	0	50	#N/A
4	100	#N/A	0	45	#N/A
0	50	#N/A	14	25	#N/A
6	45	#N/A	4	20	#N/A
2	35	#N/A	2	15	#N/A
2	25	#N/A	2	10	#N/A
4	10	#N/A	2	5	#N/A
2	5	#N/A	2	2.5	#N/A
2	2.5	#N/A	2	1.25	#N/A
0	1	#N/A	4	0.5	#N/A
0	0.5	#N/A	2	0.25	#N/A
	collar	1		collar	1
900	Lbs Available on the Platform		525.0	Kilos Available on the Platform	

Print Loading Chart? Color

Reset for new meet

Teams	
Abrev	Team Name
CM	Christian Movers
MSPL	Mississippi PL Club

Copy data to Lifting

Fit	Name	Team	Div	Bwt (lb)	lot#	Age	SQ rack	SQ-1 (Lb)	BP rack	BP-1 (Lb)	DL-1 (Lb)	Events Entered								
A	Cameron Barrilleaux		M-O	179.6	33		16	530	12	330	480	PL								
A	Richard Blaumuller	CM	M-O	146.6	1	56	13	260	12	175	300	PL								
B	Jay Glenn		M-RH	225.8	5		18	440	12	315	465	PL								
B	Matthew Henderson		M-RH	216.2	4		22	370	12	280	500	PL								
B	David Arias		M-O	301.8	2	45	19	315	12	280	365	PL								
B	Tim Wornack	CM	M-O	234.8	6	48	19	500	13	405	500	PL								
A	Robert Pollard		M-M	159.8	7	47	15	315	12	220	365	PL								
A	Tommy Dansby	CM	M-O	179.4	8	16	15	405	14	275	315	PL								
B	Walter Stewart	CM	M-M	260.4	9	41	19i	475	12	500	400	PL								
B	AJ Murray	CM	M-O	302.2	10	17	24	330	13	330	420	PL								
A	Chester Horne	CM	M-M	178.8	15	48	15	315	14	315	315	PL								
A	Francis Dale Fitzsimon		M-M	180	16	58	18	355	15	240	450	PL								
B	John Vining	CM	M-O	200.2	18		20	315	14	315	450	PL								
A	Micheal Blaize		M-M	131.4	19	60	13	225	11	125	245	PL								
B	Pat Sutton	MSPL	M-O	205	22		13	655	12	375	475	PL								
A	Thomas Lavergne		M-O	71.2	100	9	0	55	7	45	95	PL								
A	Yarnell Marks		M-O	179.6	55	31	15	350	13	340	405	PL								
B	Robert C Smith		M-O	299.2	45	52	17	555	16	400	505	PL								
B	Tim Wornack		M-M	234.8	6	48	19	500	13	405	500	PL								
B	Joe Keith		M-BO	161.4	18		12		12	275		BP								
A	Dylan Peden		M-O	116.6	43		8	305	8	155	365	PL								
A	Dori Peden		F-BL	131.8	23		8	250	8	130	280	PL								
A	Eric Renfrow	MSPL	M-O	148.2	65	20	14	380	12	200	375	PL								
B	Richard Smith		M-BO	233.6	60				19	315		BP								
B	Peter Jones		M-O	243.6	49		18	435	16	250	435	PL								

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Powerlifting Results Name	Team	Div	Bwt (lb)	WtCls (lb)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	(3) Age-Wilks	PI Code	Pl-Div- WtCls-Evt
Dori Peden		F-BL	131.8	132	240	-270	-275	240	130	140	-150	140	380	280	300	-325	300	680	344.843	344.843	2	1-F-BL-PL
Dylan Peden		M-O	116.6	123	305	335	360	360	155	170	-185	170	530	365	380	395	395	925	404.514	0.000	1	1-M-O-123-PL
Micheal Blaize		M-M	131.4	132	-225	235	-255	235	125	135	145	145	380	245	275	-310	275	655	254.947	341.629	1	1-M-M-132-PL
Eric Renfrow	MSPL	M-O	148.2	148	380	-415	-435	380	200	-220	-235	200	580	375	-415	0	375	955	335.112	345.165	1	1-M-O-148-PL
Richard Blaumuller	CM	M-O	146.6	148	260	275	-285	275	175	-185	0	175	450	300	325	0	325	775	274.340	341.828	1	2-M-O-148-PL
Francis Dale Fitzsimon		M-M	180	181	355	380	-400	380	240	260	270	270	650	440	460	0	460	1110	339.404	438.511	1	1-M-M-181-PL
Chester Horne	CM	M-M	178.8	181	315	0	0	315	-315	330	0	330	645	315	0	0	315	960	294.758	323.350	1	2-M-M-181-PL
Cameron Barrilleaux		M-O	179.6	181	530	545	-565	545	-330	-335	335	335	880	-480	480	-505	480	1360	416.402	0.000	1	1-M-O-181-PL
Tommy Dansby	CM	M-O	179.4	181	-405	450	-500	450	275	-310	-310	275	725	315	350	-405	350	1075	329.385	372.205	1	2-M-O-181-PL
Pat Sutton	MSPL	M-O	205	220	655	700	720	720	375	415	435	435	1155	475	515	545	545	1700	484.414	0.000	1	1-M-O-220-PL
John Vining	CM	M-O	200.2	220	225	0	0	225	-485	-520	-520	0	0	0	0	0	0	0	0.000	0.000	1	
Tim Womack		M-M	234.8	242	500	525	550	550	405	425	-455	425	975	500	525	550	550	1525	411.306	451.203	1	1-M-M-242-PL
Tim Womack		M-O	234.8	242	500	525	550	550	405	425	-455	425	975	500	525	550	550	1525	411.306	451.203	1	1-M-O-242-PL
Walter Stewart	CM	M-M	260.4	275	475	-500	-500	475	500	-520	-520	500	975	400	-425	425	425	1400	366.479	370.144	1	1-M-M-275-PL
Peter Jones		M-M	243.6	275	-435	-460	470	470	250	265	-280	265	735	-435	455	-465	455	1190	317.229	0.000	1	2-M-M-275-PL
Robert C Smith		M-O	299.2	275+	555	-590	0	555	400	415	430	430	985	505	535	550	550	1535	390.956	455.464	1	1-M-O-275+PL
David Arias	CM	M-O	301.8	275+	315	365	405	405	280	300	-310	300	705	365	405	0	405	1110	282.308	297.835	1	2-M-O-275+PL
AJ Murray	CM	M-O	302.2	275+	330	440	-455	440	190	-215	235	235	675	420	-470	-510	420	1095	278.444	300.719	1	3-M-O-275+PL
Jay Glenn		M-RH	225.8	242	440	465	475	475	315	330	-350	330	805	465	485	500	500	1305	356.942	0.000	2	1-M-RH-PL
Matthew Henderson		M-RH	216.2	220	-370	-370	-370	0	-280	280	-310	280	0	500	525	550	550	0	0.000	0.000	2	
Yarnell Marks		M-RL	179.6	181	350	-380	380	380	340	-355	355	355	735	405	-455	-465	405	1140	349.043	0.000	2	1-M-RL-PL
Robert Pollard		M-RL	159.8	165	315	335	350	350	-220	225	245	245	595	365	385	405	405	1000	331.171	358.327	2	2-M-RL-PL
Bench Press Results Name	Team	Div	Bwt (lb)	WtCls (lb)	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	Sub Total	DL-1	DL-2	DL-3	Best DL	(1) Best BP	(2) Wilks Pts	(3) Age-Wilks	PI Code	Pl-Div- WtCls-Evt
Joe Keith		M-BO	161.4	165					-275	-300	300	300						300	98.630	0.000	2	1-M-BO-BP
Richard Smith		M-BO	233.6	242					-315	315	325	325						325	87.818	0.000	2	2-M-BO-BP

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Flt B	Name	Team	Div	Bwt (lb)	WtCls (lb)	SQ-1	SQ-2	SQ-3	BP-1	BP-2	BP-3	Sub Total	DL-1	DL-2	DL-3	(1) PL Total	(2) Wilks Pts	(3) Age- Wilks	PI Code	PI-Div- WtCls-Evt	Events Entered
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contest logo here

Division
Men's pen

WtCls (lb)
242

Event
PL Total

Place
1 **Name**
Tim Womack **Pounds**
1525

WtCls	lb	kg	Event	PL	PL-Div- WtCls-Evt	row
97	97	44	PL Total	PL	1-M-O-242-PL	16
105	105	48	Squat	SQ	2-M-O-242-PL	#N/A
114	114	52	Benchpress	BP	3-M-O-242-PL	#N/A
123	123	56	Deadlift	DL	4-M-O-242-PL	#N/A
132	132	60	PP Total	PP	5-M-O-242-PL	#N/A
148	148	67.5				
165	165	75				
181	181	82.5				
198	198	90				
198+	198+	90+				
220	220	100				
242	242	110				
275	275	125				
275+	275+	125+				

division looku
range Setup\C12\C18
Abbrev M-O
pl code 1

row	code	Best lifter pts	div	M/F	Event
12		120.0156468		M	PL
37					

Lb	100	45	35	25	10	5	2.5
55	0	0	0	0	0	0	0
60	0	0	0	0	0	0	1
65	0	0	0	0	0	1	0
70	0	0	0	0	0	1	1
75	0	0	0	0	1	0	0
80	0	0	0	0	1	0	1
85	0	0	0	0	1	1	0
90	0	0	0	0	1	1	1
95	0	0	0	0	2	0	0
100	0	0	0	0	2	0	1
105	0	0	0	1	0	0	0
110	0	0	0	1	0	0	1
115	0	0	0	1	0	1	0
120	0	0	0	1	0	1	1
125	0	0	1	0	0	0	0
130	0	0	1	0	0	0	1
135	0	0	1	0	0	1	0
140	0	0	1	0	0	1	1
145	0	1	0	0	0	0	0
150	0	1	0	0	0	0	1
155	0	1	0	0	0	1	0
160	0	1	0	0	0	1	1
165	0	1	0	0	1	0	0
170	0	1	0	0	1	0	1
175	0	1	0	0	1	1	0
180	0	1	0	0	1	1	1
185	0	1	0	0	2	0	0
190	0	1	0	0	2	0	1
195	0	1	0	1	0	0	0
200	0	1	0	1	0	0	1
205	0	1	0	1	0	1	0
210	0	1	0	1	0	1	1
215	0	1	1	0	0	0	0
220	0	1	1	0	0	0	1
225	0	1	1	0	0	1	0

Lb	100	45	35	25	10	5	2.5
230	0	1	1	0	0	1	1
235	0	2	0	0	0	0	0
240	0	2	0	0	0	0	1
245	0	2	0	0	0	1	0
250	0	2	0	0	0	1	1
255	1	0	0	0	0	0	0
260	1	0	0	0	0	0	1
265	1	0	0	0	0	1	0
270	1	0	0	0	0	1	1
275	1	0	0	0	1	0	0
280	1	0	0	0	1	0	1
285	1	0	0	0	1	1	0
290	1	0	0	0	1	1	1
295	1	0	0	0	2	0	0
300	1	0	0	0	2	0	1
305	1	0	0	1	0	0	0
310	1	0	0	1	0	0	1
315	1	0	0	1	0	1	0
320	1	0	0	1	0	1	1
325	1	0	1	0	0	0	0
330	1	0	1	0	0	0	1
335	1	0	1	0	0	1	0
340	1	0	1	0	0	1	1
345	1	1	0	0	0	0	0
350	1	1	0	0	0	0	1
355	1	1	0	0	0	1	0
360	1	1	0	0	0	1	1
365	1	1	0	0	1	0	0
370	1	1	0	0	1	0	1
375	1	1	0	0	1	1	0
380	1	1	0	0	1	1	1
385	1	1	0	0	2	0	0
390	1	1	0	0	2	0	1
395	1	1	0	1	0	0	0
400	1	1	0	1	0	0	1

Lb	100	45	35	25	10	5	2.5
405	1	1	0	1	0	1	0
410	1	1	0	1	0	1	1
415	1	1	1	0	0	0	0
420	1	1	1	0	0	0	1
425	1	1	1	0	0	1	0
430	1	1	1	0	0	1	1
435	1	2	0	0	0	0	0
440	1	2	0	0	0	0	1
445	1	2	0	0	0	1	0
450	1	2	0	0	0	1	1
455	2	0	0	0	0	0	0
460	2	0	0	0	0	0	1
465	2	0	0	0	0	1	0
470	2	0	0	0	0	1	1
475	2	0	0	0	1	0	0
480	2	0	0	0	1	0	1
485	2	0	0	0	1	1	0
490	2	0	0	0	1	1	1
495	2	0	0	0	2	0	0
500	2	0	0	0	2	0	1
505	2	0	0	1	0	0	0
510	2	0	0	1	0	0	1
515	2	0	0	1	0	1	0
520	2	0	0	1	0	1	1
525	2	0	1	0	0	0	0
530	2	0	1	0	0	0	1
535	2	0	1	0	0	1	0
540	2	0	1	0	0	1	1
545	2	1	0	0	0	0	0
550	2	1	0	0	0	0	1
555	2	1	0	0	0	1	0
560	2	1	0	0	0	1	1
565	2	1	0	0	1	0	0
570	2	1	0	0	1	0	1
575	2	1	0	0	1	1	0

Lb	100	45	35	25	10	5	2.5
580	2	1	0	0	1	1	1
585	2	1	0	0	2	0	0
590	2	1	0	0	2	0	1
595	2	1	0	1	0	0	0
600	2	1	0	1	0	0	1
605	2	1	0	1	0	1	0
610	2	1	0	1	0	1	1
615	2	1	1	0	0	0	0
620	2	1	1	0	0	0	1
625	2	1	1	0	0	1	0
630	2	1	1	0	0	1	1
635	2	2	0	0	0	0	0
640	2	2	0	0	0	0	1
645	2	2	0	0	0	1	0
650	2	2	0	0	0	1	1
655	2	2	0	0	1	0	0
660	2	2	0	0	1	0	1
665	2	2	0	0	1	1	0
670	2	2	0	0	1	1	1
675	2	2	0	0	2	0	0
680	2	2	0	0	2	0	1
685	2	2	0	1	0	0	0
690	2	2	0	1	0	0	1
695	2	2	0	1	0	1	0
700	2	2	0	1	0	1	1
705	2	2	1	0	0	0	0
710	2	2	1	0	0	0	1
715	2	2	1	0	0	1	0
720	2	2	1	0	0	1	1
725	2	3	0	0	0	0	0