



2019 USA Powerlifting Brother Bennett(MS-2019-03)

Meet Venue:
Revolution Fitness
14 Lamar Blvd, Hattiesburg, MS 39402

Requirements for USAPL Sanction #MS-2019-03:

Open to all registered USAPL members. Membership cards must be purchased prior to the contest online(www.usapowerlifting.com).Entry fees are as follows: \$70-Full Power, \$50 - Bench Only,This will open meet format. To enter an age division will be additional \$25

Lifting: Equipped or Raw **Divisions:** Open,may enter age divison for \$25 additional(\$95)

Weight Classes (kg):

Men: 59kg, 66kg, 74kg, 83kg, 93kg, 105kg, 120kg, & 120+kg
Women: 47kg, 52kg, 57kg, 63kg, 72kg, 84kg, & 84+kg

Competition Schedule:

Friday, September 13,2019:

Early equipment check from 5:00-6:00 p.m.

Saturday, September 14,2019:

6:45am	Check in & equipment check
7:00 – 8:30 a.m	Weigh-in & equipment
8:30 a.m.	Rules briefing/lifter warm-up
9:00 a.m.	Lifting begins for all competitors

Awards:

Awards will be presented to 1st – 3rd place finishers for each weight class , as well as, best overall male and female lifter.

Technical Rules:

The competition is USAPL sanctioned and ALL IPF rules will be followed.

Drug-Testing/Doping Regulations:

The contest will be drug-tested in accordance with USAPL, IPF, and WADA guidelines. Any questions with regards to the drug-testing or doping procedures should be directed to the USAPL drug-testing committee and can be reached by phone at (219) 456-8485.

**Check www.usapowerliftingms.org for more contest information as the event draws closer or follow us on Instagram @usap

Admission: \$5.00

Check or money orders must be payable and mailed to the following:

Jeff Douglas
30 B Hunter Lane
Hattiesburg, MS 39402

Please contact Jeff Douglas for further information, if needed.

Telephone: 601-818-3201

Email: jdmd1987@gmail.com

**Only the first 60 entries will be taken once the meet is at full capacity, lifters may be put on a waiting list.

Special Note: Please send your contest application/entry in early. Entry forms must be post-marked by September 6,2019 to avoid a late fee from being applied to your application. If your entry will be post-marked after the mentioned date, you are REQUIRED to contact the meet director for approval.

CONTEST APPLICATION:

Please type or print clearly:

Name: _____ Email: _____

(please print e-mail clearly)

Address: _____ City: _____ State: _____

Zip Code: _____ Telephone: () _____

USAPL Card #: _____ Expiration Date: _____ Team: _____

Category: Raw _____ Equipped _____ Full Power _____ Bench only _____

Division: Open _____ Master _____ Teen _____ Special Olympic _____

Weight Class: _____ DOB: _____ Please Circle: M F

RELEASE FROM LIABILITY AND CONSENT TO DRUG TEST:

(Read this carefully - when you sign it you will be giving up important legal rights)

In consideration of the acceptance of my Entry Form in this Powerlifting Competition I intend to be legally bound, for not only myself but also for my heirs, my executors and my administrators. In signing this release from liability I waive and release everyone connected with this competition from any and all liability, including and result of negligence, which may arise from this competition. Moreover, I agree that any testing method, which the meet directors and the sponsors of this meet use to detect the presence of strength inducing drugs, SHALL BE CONCLUSIVE. This is, whether I think the results of the test are right or wrong. I agree that I have n right to challenge the results of the drug tests. I further agree to submit to any physical test, which may be necessary to complete the drug testing. Should I fail to pass the drug tests I agree to forfeit any trophy, which I might otherwise have won. I understand and agree that if I fail to pass the drug test, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses by any person, real or corporate, which I may sue in an effort to challenge this release from liability form. I understand that my agreement to pay attorney fees and litigation expenses is the SINE QUA NON for acceptance of my entry in this contest. If any provision of this Release from Liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release from Liability shall remain in force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

Signature of Lifter: _____ Date: _____

Signature of Parent/Legal Guardian:

(contestant under 18): _____ Date: _____

CERTIFICATION:

I hereby give my word of honor as an athlete that I have not used any strength – inducing drugs (i.e., any anabolic steroid, natural hormone or synthetic growth hormone) as part of my training during the past thirty-six (36) months, nor have I used prescription diuretics or psychomotor stimulants during the seven(7)days prior to the **2019USA Powerlifting Mississippi Championship.**

(Signature in full of Applicant)

(Date)

PARTICIPANT’S EMERGENCY CONTACT INFORMATION:

Name: _____ Relation: _____

Address: _____ Phone: _____

Entry Fee(s)_____ \$70 (Open), \$50 BP, \$25 per additional division. Applications are to be post-marked by September 6,2019 – late fee of \$50 if marked after this date. *Important Note: If your application/entry is late, you must notify the meet director either via e-mail, or by phone to get application approval No refund shall be provided to any athlete that withdraws from the contest.*