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BY APPT ONLY

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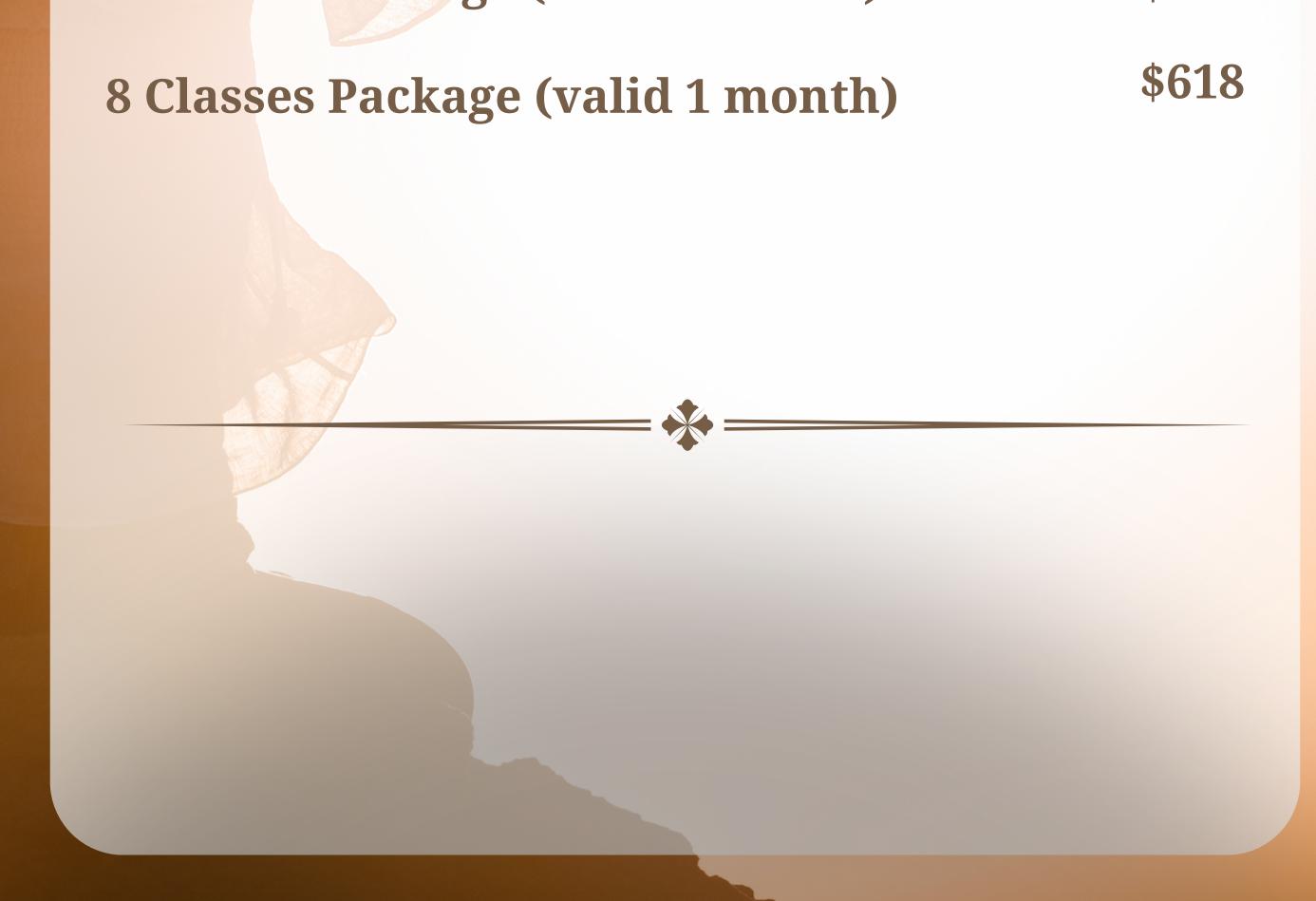
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		GRUPAL SESSIONS			*•
ACTION SCHEDULE CONTACT: (954) 6372260					
	. * MON	TUE	WED	THU	FRI 🔶
09:00		HATHA & VINYASA		HATHA & VINYASA	
09.30	ASHTANGA VINYASA & RESTAURATIVE POSES				ASHTANGA VINYASA & RESTAURATIVE POSES
*					

# YOGA CLASSES





#### Do whai makes you happy!

BOOK NOW TODASANALIFE YOGA STUDIO

411 NORTH FEDERAL HWY, HALLANDALE BEACH, FL, 3009

Yoga is a way of moving into stillness in order to experience the truth of who you are