



Medicinal Herbal Apothecary



Medicinal Herbs

Custom Herbal Blends

Be Well - Immune and Allergy

Moon Lite-Flow - PMS and Hormonal

Detox Makeover - Full Body Detox

Parasite and Candida Clear - Antifungal and Antiparasitic

Peace of Mind - Stress and Anxiety

Sweet Dreams - Sleep and Insomnia

Beat of my Heart - Heart and Blood Pressure

Sugar Crush - Glucose/Blood Sugar

Pain-Less - Inflammation, Fibromyalgia and Nerve Pain

No Pressure - Migraine and Headache

Lymph Action - Lymphatic and Circulation

Gut Sweep - Gut and Digestive Tract

No Sweat - Menopause and Perimenopause

Flushed Away - Urinary Tract and Kidney

Filter'ed - Liver Support

Inhale and Expel - Lung and Respiratory

Inner Chi - Energy and Mental Clarity

Single Herbs

Allergy/Cold/Virus

Elderberry
Elder Flower
Echinacea
Nettle
Astragalus
Mullein
Lungwort
Orange Peel

Marshmallow Root
Licorice
Thyme
Eucalyptus Leaf
Wild Cherry Bark
Hibiscus
Rose Hips

Rosemary
Goldenrod
Reishi
Elecampane Root
Eyebright
Lungwort
Peppermint



Sleep/Anxiety/Depression

Chamomile
Lavender
Lemon Balm
Skullcap
Hops

Valerian Root
Kava
California Poppy
Catnip
Ashwagandha

Jamaican Dogwood
Milky Oat Tops
Passionflower
St John's Wort
Cordialis



Parasites

Sweet Wormwood
Black Walnut Hull
Cloves
Pau D Arco

Goldenseal
Calendula
Echinacea
Oregon Grape Root

Cascara Sagrada
Oregano



Candida/Yeast

Pau d Arco
Goldenseal
Echinacea
Cloves

Oregon Grape Root
Oregano



Women's Support

Chasteberries/Vitex
Red Raspberry Leaf
Yarrow
Shepherds Purse
Cramp Bark
Blue Vervain

Shatavari
Red Clover
Dong Quai
Black Cohosh
Wild Yam
Red Maca Root

Motherwort
Nettle
Rose Petal
Lady Mantle

Energy/Mental Clarity Support

Rhodiola

Yerba Mate

Ginseng

Eleuthero

Guarana

Maca

Gotu Kola

Bacopa

Schisandra

Ashwagandha

Tulsi/Holy Basil



Multi Organ Detox Support

Burdock Root

Dandelion Root

Milk Thistle

Red Clover

Nettle

Holy Basil/Tulsi

Echinacea

Psyllium Husk

Marshmallow Root

Slippery Elm

Cascara Sagrada

Yellow Dock

Sarsaparilla

Uva Ursi

Parsley

Cilantro

Cornsilk

Cleavers

Juniper Berries



Blood Sugar/Glucose Support

Gymnema Silvestre

Cinnamon (Ceylon)

Bitter Melon

Huereque/Wereke

Fenugreek

Barberry/Berberine

Hibiscus

Cardamom

Tulsi/Holy Basil

Nopal/Prickly Pear Cactus



Blood Pressure/Heart Support

Hibiscus

Hawthorn Berries

Ceylon Cinnamon

Ginkgo Biloba

Cardamom

Motherwort

Cats Claw

Fenugreek

Red Raspberry Leaf

Parsley Leaf



Migraine/Headache Support

White Willow Bark
Feverfew

Peppermint Leaf
Skullcap

Linden Flower
Jamaican Dogwood



Inflammation Support

Ginger
Turmeric
Black Pepper
Chamomile

Cardamon
Cloves
Ginger
White Willow Bark

Rosemary Leaf
Ceylon Cinnamon
Sarsaparilla
Nettle



Kidney/Urinary Tract Support

Dandelion Root
Uva Ursi
Cornsilk
Astragalus
Parsley

Hydrangea Root
Juniper Berries
Cleavers
Goldenrod
Rehmannia

Nettle
Echinacea
Pau d Arco

Adrenal/Chronic Fatigue Support

Ashwagandha

Schisandra

Eleuthero

Rhodiola

Holy Basil/Tulsi



Neuropathy/Nerve Pain Support

Lions Mane

Passionflower

Skullcap

Valerian

White Willow

St John's Wort

Hawthorn

Ginkgo Biloba

Jamaican Dogwood



Liver Support

Milk Thistle

Dandelion Root

Artichoke Leaf

Burdock Root

Yellow dock

Schisandra

Cardamom



Blood Cleansing Support

Burdock Root

Dandelion Root

Yellow Dock

Red Clover



Lymphatic Support

Red Clover

Cleavers

Echinacea

Dandelion Root

Calendula

Burdock Root

Lung Support

<i>Mullein</i>	<i>Licorice Root</i>
<i>Elecampane</i>	<i>Thyme</i>
<i>Peppermint</i>	<i>Elderberries</i>
<i>Wild Cherry Bark</i>	



Auto Immune Support

<i>Turmeric</i>	<i>Milk Thistle</i>	<i>Rosemary</i>	<i>Turkey Tail</i>
<i>Black Pepper</i>	<i>Feverfew</i>	<i>Cordyceps</i>	<i>White Peony</i>
<i>Ginger</i>	<i>Burdock Root</i>	<i>Astragalus</i>	
<i>Reishi</i>	<i>Nettle</i>	<i>Holy Basil/Tulsi</i>	
<i>Ashwagandha</i>	<i>Chamomile</i>	<i>Schisandra</i>	



Fibromyalgia Support

White Willow Bark

Ashwagandha

Lavender

Ginger

Astragalus

Eleuthero

Nettle



Gut/Digestive Support

Cascara Sagrada

Cloves

Marshmallow Root

Slippery Elm

Yellow Dock

Psyllium Husk

Rhubarb Root

Burdock Root

Quassia

Senna

Dandelion Root



Cholesterol

Psyllium Husk

Fenugreek

Artichoke Leaf

Holy Basil/Tulsi

Black Cumin

Yarrow

Rosemary

Hibiscus



Perimenopause/Menopause

Black Cohosh

Dong Quai

Red Clover

Motherwort

Shatavari

Slippery Elm

Passionflower

Wild Yam

Chasteberry/Vitex

Ginkgo Biloba

Ashwagandha



Fibroids/Endometriosis

Chasteberry/Vitex
Shepherds Purse
Yarrow

Cramp Bark
St John's Bush
Nettle

Red Raspberry Leaf



Heavy Metals

Cilantro
Chlorella
Milk Thistle

Burdock Root
Dandelion Root



Female Sexual Health

Maca
Shatavari
Ginkbo Biloba
Ginseng

Ashwagandha
Fenugreek
Damiana
Slippery Elm

Male Sexual Health

Damiana

Maca

Yohimbe

Horny Goat

Oat Straw

Ginseng

Fenugreek



Culinary Medicinal Herbs

Cilantro

Mint

Flaxseeds

Parsley

Sage

Fenugreek

Oregano

Basil

Cardamom

Turmeric

Garlic

Black Pepper

Ginger

Cloves

Cumin

Thyme

Cinnamon (Ceylon)

Herbal Tinctures

Detox Makeover

Parasite/Candida Clear

Bitter Melon/Jamaican Cerasee



Herbal Electuaries

“Bee Chill” Honey (ashwagandha and lion’s mane)

“Chaga-Matcha” Honey (matcha and chaga)



Herbal Body Care

Natural Deodorant

Natural Herbal Bath Salts/Scrubs/Soak

Natural Herbal Hair Oil

