



PEC

SKATING CLUB



Personal Achievements Skating

- Irina trained in the Olympic figure skating school of St. Petersburg, Russia, and competed in Junior and Senior singles at National and International cups. After finishing her career in singles, she joined the Senior Synchronized skating team "Paradise". With the team, she became 6 times National champion and medalist in multiple international cups. At the same time completing 5 years of PE Diploma at Lesgaft National State University of Physical Education, Sport, and Health.
- Irina began her professional career in international ice shows, such as Holiday on Ice, Royal Caribbean Cruise Lines Ice shows, and more.
- had been performing on the ice and traveling around the world for several years.
- Irina has been coaching for over 13 years
- Irina worked with skaters of all levels from Beginners to Seniors at many skating clubs from the east coast to Ontario.
- In 2012 she moved to Canada and focused mainly on a coaching career. Irina is currently coaching at PECSC and QSC and is a skating programs coordinator at PECSC

Coaching Philosophy

- I coach because I love skating and I want to share my experiences, knowledge, and passion with skaters of all ages and abilities. The most satisfying accomplishment as a coach is to witness skaters' personal victories and to know that you had been able to assist a skater to be their best at a competition, test, or in daily training.

Certifications on the next page



Prince Edward County Skating club



[Prince Edward county Skating club \(pecsc.ca\)](http://Prince Edward county Skating club (pecsc.ca))



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Certification

- NCCP Coach (National Coaching Certification Program)
- ATP coach in training (Analyze Technical & Tactical Performance)
- Provincial Certified
- Regional Certified Coach since
- Certified Red Cross First Aid
- Regional Certified
- CanSkate Certified

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