



Wellness for the Community

Wellness Couch Therapeutic Spa & Treatment Center is a destiny being fulfilled. My passion has always been caring for and counseling the people in my life! Now that passion is full-grown and has branched out beyond my circle.

Mental Health and Wellness is an intergral part of staying healthy, mind, body and spirit. It is my belief as well as my mission that no person should go without having the resources to heal wholly, no matter their economic status.

I believe this so deeply that every effort is made to connect with not-for-profit organizations and businesses that support the vision of accessible and affordable mental health care and wellness services.

As a business we are community minded and as a Founder I am steadfast in putting these practices into action not just for today, but for tomorrow as well!

Be Well,

Rachel Harden-Maddox, LCPC