



Rehab. Recover. Rebuild.

What life should look like for your pup following surgery.

Your dog just had surgery, now what?

Not only is surgery for your pup stressful alone, but it is a big investment and surgery is just the beginning. Following surgery, there is so much more to be done to ensure that your pup makes a full recovery. Recovery is not a one size fits all and it is important that it is done right so that it sets them up for a comfortable life thereafter.

Handouts

Following orthopedic surgeries, such as a TPLO, owners are often sent home with a general postoperative handout. These materials tend to be broad in scope and typically do not provide detailed, step-by-step guidance on how to properly perform the recommended exercises with their dog. As a result, the exercises may not adequately support rebuilding strength in the surgical limb or maintaining strength in the non-surgical limb. Relying solely on generic programs, crate rest, or simple leash walks can lead to significant gaps in rehabilitation, including missed opportunities for targeted strengthening. This can ultimately increase the risk of injury to the opposite limb or contribute to long-term complications. It is also important to recognize that being "four weeks post-surgery" does not automatically mean a dog has achieved the functional milestones needed to progress safely. Conversely, some dogs may recover more quickly and fail to receive the more advanced exercises they are ready for. A tailored, progressive rehabilitation plan ensures that each patient receives the appropriate exercises at the right time to support a full and balanced recovery.

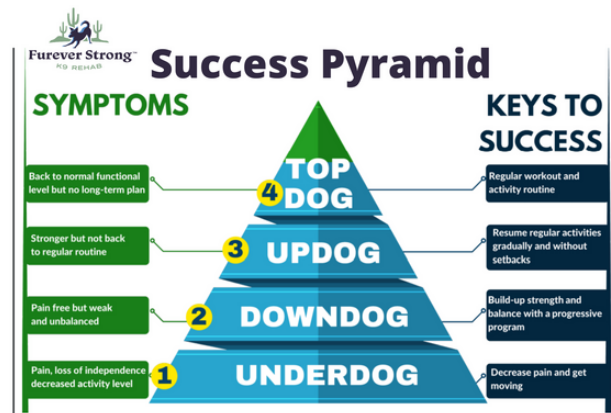


The water treadmill

Many people are familiar with the underwater treadmill for a dog's recovery. However in reality it does not benefit every patient. While it is beneficial for some dogs (primarily with a neurological condition), a successful TPLO recovery requires functional loading and strengthening of the post-surgical leg that can be performed consistently. A progressive land-based strengthening program will build muscle, normalize gait mechanics (walking) and can be adapted to the dog's specific needs. No two dogs are the same, and neither are their rehabilitation plans. A certified canine rehabilitation therapist will help monitor your dog's progress and design a program specific to where they are at and help them get where they need to be. That's where we come in!

The benefits of rehab following surgery

- Improves mobility and flexibility
- Reduces pain
- Improves coordination and balance
- Improves mental health and gives them a sense of accomplishment.
- Strengthens the bond between pets and their owners
- Enhances the quality of life for dogs recovering from surgery, injury, or those suffering from chronic conditions such as arthritis.



Furever Strong K9 Rehab

We provide mobile canine rehabilitation to East Valley of AZ including but not limited to Gilbert, Queen Creek, and Chandler. Furever Strong K9 Rehab is about bringing a **personalized** canine rehabilitation therapy program to you and your pet. Mobile physical rehabilitation utilizes many theories of human physical therapy on our beloved dogs, taking into consideration canine anatomy and movement patterns. Just like human physical therapy, canine rehab is not just for those after surgery or injury; many dogs can benefit from a personalized program as they age and may start to show signs of pain and decreasing mobility.



What a rehab session looks like with us

- 90 minute initial evaluation with treatment
- Personalized home exercise program
- Access to our client app that provides step by step direction on how to perform your pup's exercises at home.
- Guidance throughout the recovery process
- Average time of 12 weeks for your pup to get to the full "return to dog" stage.
- Lots of belly rubs, treats, and praises!

Contact us today!

We specialize in helping your beloved dog age confidently, so they may continue exploring Arizona without pain and most of all keeping them **FUREVER STRONG**

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