

ONE-ON-ONE PARENTING COACHING OR SMALL GROUPS

HOUR 1

STYLES OF PARENTING
BRAIN DEVELOPMENT
MUTUAL RESPECT AND RELATIONSHIP
ALLOW CHOICES AND CONSEQUENCES

HOUR 2

WHO OWNS THE PROBLEM?
COMMUNICATION
ENCOURAGEMENT

HOUR 3

USING CONSEQUENCES TO TEACH NOT PUNISH
PROBLEM SOLVING

HOUR 4

THE THINK-FEEL-DO CYCLE
ELIMINATING POWER STRUGGLES
RESPONSIBILITY AND FREEDOM

\$75 + BOOK

CALL 512-925-5575 TO SCHEDULE AND/OR
A FREE 20 MINUTE FAMILY SPECIFIC
CONSULTATION

*TWO INDIVIDUAL BONUS COACHING SESSIONS FOR ONE-ON-ONE COACHING
**GROUP SIZE: MINIMUM OF FOUR FAMILIES, MAXIMUM OF SIX.

512-925-5575 STACEY JEANNETT, MA
WWW.SINGLEPARENTFOCUS.COM