

4 WEEK ZOOM GROUP

*TUESDAYS 6:30-8:30PM

WEEK 1

STYLES OF PARENTING
CONTROL VS. INFLUENCE
MUTUAL RESPECT
THE METHOD OF CHOICE

WEEK 2

WHO OWNS THE PROBLEM?
ACTIVE COMMUNICATION
THE KEY OF ENCOURAGEMENT

WEEK 3

USING CONSEQUENCES TO TEACH
PROBLEM-SOLVING WITH FLAC

WEEK 4

THE THINK-FEEL-DO CYCLE
COURAGE AND SELF-ESTEEM
FIVE GOALS OF TEEN BEHAVIOR
ELIMINATING POWER STRUGGLES

\$75

CALL 512-925-5575 FOR DATES AND DETATILS
FOR REGISTRATION AND A ONE TIME FAMILY
SPECIFIC CONSULTATION

*TWO INDIVIDUAL COACHING SESSIONS WILL BE SUBSTITUED IF LESS THAN 4 PARENTS IN SMALL GROUPS

512-925-5575 STACEY JEANNETT, MA
WWW.SINGLEPARENTFOCUS.COM/PARENTING-CLASS