

# **Fearless Accurate Dowsing 2nd Edition**

Your Three Step System  
to Divination Mastery

**Colleen M. Flanagan**

# FEARLESS ACCURATE DOWSING

**2nd Edition**

Your Three Step System to  
Divination Mastery

by

**Colleen M. Flanagan**

Copyright © 2017, 2020, 2023 by Colleen M. Flanagan.

All Rights Reserved.

No part of this publication may be reproduced, distributed, or transmitted in any form or by any means, including photocopying, recording, or other electronic or mechanical methods, or by any information storage and retrieval system without the prior written permission of the publisher, except in the case of very brief quotations embodied in critical reviews and certain other noncommercial uses permitted by copyright law.

The author does not assume and hereby disclaims any liability to any party for any loss or damages caused by error or omissions whether such errors or omissions result from negligence, accident or any other cause.

Get no-cost videos, audios, articles and ebooks to promote the wellbeing of you, your loved ones and animal companions at [EmoRescue.com](https://EmoRescue.com)

## DEDICATION

To my readers, you insatiably curious dowsing enthusiasts who never accepted authority figures' lame explanations of "It's a mystery" or "We'll never know".

***Yes, we will.***

Been there, done that, wrote this book for YOUR fearless, accurate dowsing success. Enjoy!

## COLLEEN'S WORLDWIDE AMAZON AUTHOR PAGES

USA

[amazon.com/-/e/B00WOLEZF4](https://www.amazon.com/-/e/B00WOLEZF4)

AUSTRALIA

[amazon.com.au/-/e/B00WOLEZF4](https://www.amazon.com.au/-/e/B00WOLEZF4)

CANADA

[amazon.ca/-/e/B00WOLEZF4](https://www.amazon.ca/-/e/B00WOLEZF4)

FRANCE

[amazon.fr/-/e/B00WOLEZF4](https://www.amazon.fr/-/e/B00WOLEZF4)

GERMANY

[amazon.de/-/e/B00WOLEZF4](https://www.amazon.de/-/e/B00WOLEZF4)

INDIA

[amazon.com.in/-/e/B00WOLEZF4](https://www.amazon.com.in/-/e/B00WOLEZF4)

JAPAN

[amazon.co.jp/-/e/B00WOLEZF4](https://www.amazon.co.jp/-/e/B00WOLEZF4)

UNITED KINGDOM

[amazon.co.uk/-/e/B00WOLEZF4](https://www.amazon.co.uk/-/e/B00WOLEZF4)



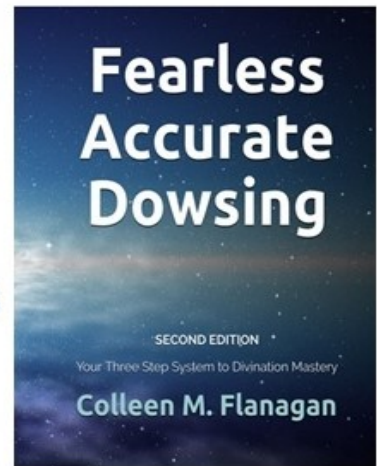
## Table of Contents

DEDICATION.....	4
ENTIRE BOOK'S TABLE OF CONTENTS.....	7
Introduction.....	10
How to Use This Book .....	13
SECTION ONE: INTUITION AS YOUR PERSONAL GPS ..	17
Dowsing: Your Link to Energy Consciousness .....	19
A to Z Dowsing Subjects .....	23
Ethical Intentions Get Accurate Responses.....	25
The Author's Journey to Dowsing Mastery.....	29
SECTION TWO: YOUR THREE STEP DOWSING SYSTEM	34
STEP 1: IDENTIFY & CLEAR ENERGY BLOCKS.....	36
Meridians: Underground Channels of Energy .....	39
Modality for Unrestricted Meridian Energy Flow .....	42
A to Z Daily Dowsing Subjects .....	47
Conclusion.....	49
About the Author.....	50
Colleen's Amazon Books .....	51

**First Time in  
PAPERBACK!**

**346 Pages - 8x10"  
2nd Edition Dowsing Book**

- \* **Four NEW Q & A dowsing worksheets**
- \* **Fifteen device-less dowsing methods**
- \* **Expanded pendulum instructions**
- \* **Detailed 'Dowse & Heal' Protocols  
for Self-Care, Family & Pets**



**Wondering what's in the actual book?**

## **ENTIRE BOOK'S TABLE OF CONTENTS**

### **Table of Contents**

Introduction

How to Use This Book

### **SECTION ONE: INTUITION AS YOUR PERSONAL GPS**

Dowsing: Your Link to Energy Consciousness

A to Z Dowsing Subjects

Ethical Intentions Get Accurate Responses

The Author's Journey to Dowsing Mastery

### **SECTION TWO: YOUR THREE STEP DOWSING SYSTEM**

#### **STEP 1: IDENTIFY & CLEAR ENERGY BLOCKS**

Meridians: Underground Channels of Energy

Modality for Unrestricted Meridian Energy Flow

Script 1: Clear Polarity Imbalance

Script 2: Neutralize Energy Toxins

Script 3: Identify & Clear Intuitive Blocks

Script 4: Clear Common Dowsing Blocks

Script 5: Release Non-Beneficial Energies

Script 6: Identify Your Most Effective Dowsing Method

## **STEP 2: PREP & METHOD SELECTION**

Dowse as a Spiritual Being or a Human Being?  
Dowsing via Muscle Testing (MT)  
Five MT Techniques (with Photos)  
Four More MT Methods (without Photos)  
Dowsing via Two Person Muscle Testing  
Two-Person Muscle Testing Preparation  
How to Do a Two-Person Muscle Test  
Five More Two Person Muscle Testing Techniques  
Two Person Muscle Testing Tips  
Dowsing via a Pendulum  
SCRIPT: Clearing Your Way to Effective Pendulum Use  
Programming a Pendulum for Yes/No Replies  
Ten Tips for Pendulum Use & Troubleshooting

## **STEP 3: PRACTICE & PLAY FOR MASTERY**

Mindfulness in Wording Your Questions  
Warming up to Dowse  
Developing Your Own Dowsing Style  
Ten Games to Rock Your Dowsing Skills  
Dowsing Progress Chart

## **SECTION THREE: LET'S DOWSE!**

Identify a Core Issue, Fear or Person  
Rapid Name Identification

## **ADVANCED Processes for Well Being**

Dowse & Clear Emotional Obstacles  
List of Common Ailments & Emotional Triggers  
Dowsing Protocol for All Issues  
Identify the Condition's Source  
Dowse & Clear for Self-Care & Well Being

## **SECTION FOUR: TROUBLESHOOTING, TIPS & FAQ**

12 Reasons for Incorrect Dowsing Answers  
Response to Being Denied Dowsing Permission  
How Do I Know My Reply Is Right?  
Top 10 Tips For New Dowzers  
Deep Cleaning Modality for Stubborn Blocks

## **SECTION FIVE: DOWSE for OTHERS' WELL BEING**

FIVE Biggest Surrogate Dowsing Blocks  
Script to Clear Your Surrogate Dowsing Blocks



When Am I Ready to Do Surrogate Dowsing?  
Surrogate Dowsing Question Protocol  
CASE: Brigid's Blocks to Happiness  
CASE: Dog's Chronic Ear Infection Remedied  
Four Steps to Clear Others' Energies in You  
Clearing Loved Ones' Absorbed Stress  
Surrogate Dowsing to Assist Strangers

WORKSHEET A: 5 Fears & 38 Feelings  
WORKSHEET B: Dowse & Clear for Self-Care  
WORKSHEET C: Human Surrogate Dowse & Clear  
WORKSHEET D: Animal Surrogate Dowse & Clear

Conclusion  
One Last Thing...  
ABOUT THE AUTHOR

## ~ BEGIN BOOK EXCERPT ~

### Introduction

*"First, know thine own ideal - spiritual, mental and material; not as to what ye would have others do, but what ye would do for others."*

— Edgar Cayce, Clairvoyant, Author and Founder of the Association for Research and Enlightenment (1877-1945)

If you have a relentless, overwhelming urge to master the art of dowsing, this book is for YOU. It's time to clear those fears, energy toxins, and polarity reversals blocking your intuition and dowsing accuracy.

Can anyone dowse? Yes!

Whether you're a new or seasoned dowser, you'll be guided to open your intuition, let go of conscious and subconscious fears, frustration, and impatience with dowsing inconsistencies.

I've included everything I've learned and taught while guiding clients worldwide through exercises to enhance their self-awareness, well being, and dowsing expertise.

## **How does this dowsing book differ from others?**

This publication offers a proven system designed to guide you from divination confusion to fearless, accurate dowsing mastery. You'll discover...

### **Three common factors that block dowsing success**

and how to demolish them via six fast, step-by-step meridian clearing scripts.

**Fifteen dowsing techniques** including self-applied muscle testing, two-person muscle testing, and using a pendulum for answers and clearing energy.

**Ten dowsing practice games, troubleshooting tricks and tips** to enhance your skills.

**Exact dowsing question protocols** for popular topics, including mind-body wellness, dates, times and names

**Worksheets** to guide you to compose quality questions, identify, then release energy blocks to success in any life aspects.

**Scripts to demolish common fears to accurately dowse for others**, plus dowse and clear worksheets to read the energies of loved ones and animal friends, then find and release their success obstacles.

Upon finishing this book, you'll have everything you need to accurately dowse for yourself, human and

animal loved ones. *You might become such a talented dowser that you'll be able to offer paid readings for others.*

This book contains the self-care techniques I used to bring myself from a stressed-out mess with multiple ailments to a woman of wellness, joy, self-love and inner peace.

### **What is not included in this book?**

This book does NOT claim to be the be-all and end-all guide to dowsing, nor does it defend dowsing to doubters. I couldn't possibly identify all impediments that dowsers worldwide experience.

*It does not explain how to use dowsing rods, v-rods, l-rods or bobbles as I've never used these tools.*

I have included instructions on how to identify and clear your PERSONAL dowsing blocks if they are not covered in this book's general release scripts.

## **How to Use This Book**

Whether you're new to dowsing or a seasoned professional who wants to fine-tune your skills, it's important to review each section and complete each exercise. Why?

Doing only the exercises that appeal to you may sabotage your progress. You might be one dowsing block release from your epiphany!

This book was designed to guide you to exceed your current divination expertise. If you already knew what needed to be corrected for accurate dowsing, you'd already have done it, right?

## **Write In This Book or Keep a Separate Journal?**

If you decide to directly write in this book:

- All of your notes will be in one place
- You can easily trace your progress via this one volume

## **Benefits to writing in a separate journal rather than this book:**

- You can comfortably lend the unmarked book to others, share with family and friends, photocopy the exercises, scripts, and worksheets
- Buying and using a locked journal will keep your

private thoughts, dowsing practices, and memories confidential, away from prying eyes

- You may want to write more than can fit in the allotted spaces, and will have to use additional paper anyway
- Achieve easy cross-referencing between books by recording the matching book page numbers for each exercise into your dowsing journal.

## **WHAT TO EXPECT**

You may feel anxiety when doing the clearing work, impatience and frustration when learning a dowsing method, or you may forget to practice every day.

**Please don't beat yourself up about this.** Self-judgment does not lead to dowsing mastery. (And I ought to know!)

Conscious deep breathing and mindful relaxing before you begin each chapter may help you easily absorb the material.

Self worry and self-doubt are two huge blocks for anyone to dowse accurately.

## **THREE THINGS TO AVOID**

**DEFEATIST SELF-TALK:** saying, “Nothing has worked in the past for me, why would this work?” Or “I just can’t get dowsing to work for me!”. Focusing on what hasn’t worked will limit your intuition and your dowsing skills.

**QUITTING:** you may be tempted to quit if you don’t see immediate results. Do not give up. Do review the Troubleshooting chapters of this book in Section Four.

**REPRESSING UNEXPECTED MEMORIES:** these recollections are subconscious clues to additional blocks to your mastery, and may include religious teachings, authority figures scolding you for demonstrating your intuitive skills as a child or teenager, or any memories regarding past dowsing attempts or failed skills.

**TIP:** Find another dowser to accompany you on this journey. You’ll provide each other with motivation to finish each chapter and exercise. **You can also practice your two-person and surrogate dowsing on each other.** You could even start a dowsing group in your neighborhood or online!

# **SECTION ONE: INTUITION AS YOUR PERSONAL GPS**

---

*"You have to leave the city of your comfort and go into the wilderness of your intuition. What you'll discover will be wonderful. What you'll discover is yourself." --Alan Alda, actor, director, author (1936 - now)*



## **SECTION ONE: INTUITION AS YOUR PERSONAL GPS**

You've probably heard of the Global Positioning System (GPS). This system uses satellites orbiting Earth that transmit radio waves to receivers in mobile phones, laptops, vehicles, boats, and other equipment. The receiver communicates with nearby satellites to obtain and calculate necessary information, such as location or distance traveled.

The communication system available to you via your intuition is far more sophisticated than a GPS receiver.

Everything is energy. All energy is connected via universal energy consciousness, which is your satellite system. You are the receiver and transmitter. Intuition is your personal navigation tool for this life on Earth.

Multi-dimensional energy is eager for you to communicate with it for the information you desire.

Eons ago, humans relied on this communication to help them find food, decide to fight or flee, where to live and who to choose as a mate. Those with a strong, accurate

insight were honored and respected.

In today's society, saying you have a "hunch" is okay but to openly admit to listening to your sixth sense may be considered crazy or heretical.

Perhaps like many of us, you severed your connection to your gentle inner voice or mistrust its information?

You can reconnect to energy consciousness via fear release and dowsing.

## **Dowsing: Your Link to Energy Consciousness**

Scientist and physicist Albert Einstein once said, "I know very well that many scientists consider *dowsing* as a type of ancient superstition. According to my conviction this is, however, unjustified. The dowsing rod is a simple instrument which shows the reaction of the human nervous system to certain factors which are unknown to us at this time."

Are those "certain factors" the subtle energies invisible to our eyes but sensed by our energy bodies?

Many theories exist about what dowsers connect to, what provides answers to our dowsing questions.

### **My theory is that dowsers are like radio tuners.**

We're able to find and lock onto a specific station's transmissions, i.e., energetic signatures then share the broadcast being transmitted.

I don't know if that's an absolute fact. Four things I DO know are:

**1. Everything consists of energy that is vibrating at different frequencies** with its own energetic signature. Energetic signatures change frequencies with each life experience.

**2. All energy is connected** which is why dowsers can do accurate readings when connected to the energy signatures of people, plants, animals, buildings, and

anything in the world, including planet Earth herself. (Some claim they can dowse for other planets and universes. Why not?)

**3. My muscle testing consistently indicates that dowsers can easily connect to the energetic signatures** of whomever or whatever they deliberately focus on with good intentions and an honest desire to be of service.

**4. Dowsing is fun, exciting, and frequently accurate** when done correctly.

**This ability often terrifies close-minded folks.** They'll tell you that it's controlled by negative lower energies and the results are questionable.

**My reply is: if** dowsing isn't accurate or safe, how has it survived and grown in popularity for thousands of years?

This book was written for dowsing enthusiasts who want to enhance their accuracy by releasing subconscious fear-based emotions.

### **Dowsing Definition**

Dowsing is the use of tools, including the hands, to identify desired answers to almost any questions.

**It's a simple way to connect to your intuition, and has been around for thousands of years.** Our

earliest ancestors used sticks or a stone tethered to a string as a form of divination to find water, minerals, and other life staples.

Dowsers have been summoned, often secretly, around the world to assist utility companies, military branches, archaeologists, law enforcement units and fire departments to name a few.

The popularity of this art and its tools continue to increase into the 21st Century. It's also called divining, doodle-bugging, water-witching, and biolocation.

The versatility of dowsing appeals to many as well. You can make your own dowsing tools, use your hands or body, or select from a huge variety of pendulums, dowsing rods, v-rods, l-rods or bobbles in local stores or online.

## **Hooked on Dowsing**

My life is much simpler not wondering which supplements are most beneficial, or the safest route to drive home, or which fears are causing anxiety and physical pain. I no longer have buyer's remorse about any purchases nor wonder when I should water my plants. Dowsing provides all the information I need, and I wish the same for you.

Am excited to share my secrets to intentionally connect to your energy consciousness (or anywhere) to obtain

insight on a variety of topics. You can then use that knowledge to make wise decisions, help yourself or others in myriad ways.

Best of all, you don't have to spend years trying to figure it all out as I did.

The next section may inspire you to create several goals about topics upon which you'd like to dows to learn more.

## **A to Z Dowsing Subjects**

What topics will you dowse for?

This section's examples illustrate dowsing's versatility, and are designed to trigger your thought processes.

**Angels** - how many are guiding you, their names, and purpose

**Books** - next one to read / download

**Closet Clutter** - keep, recycle, or donate items

**Dream Interpretations** - symbolic or predictive info

**Entertainment** - which movie would you enjoy most

**Food Safety and Selection** - grocery stores, outdoor markets

**Gardening** - select the hardiest plants for your yard

**Heart Walls** - find fears blocking your ability to love

**Income Ceiling** - do you have one and what's the limit

**Job Offers** - which has most compatible co-workers

**Keys** - where you last placed them

**Life Purpose**- healthiest brand to buy and use

**Money** - will you receive that raise at work?

**Noxious Earth Energy** - detect & clear it from home

**Organs of Body** - which are not at 100% effectiveness

**Politics** - most beneficial candidates, judges, or propositions

**Quality of Air** - is it safe to exercise outside now

**Recharge** - your immune system to 100% effectiveness

**Spiritual** - chakras, etheric cords, past lives

**Tooth decay** - emotionally or physically caused

**Used or New** - which major purchases last longest

**Vitamins & Supplements** - beneficial or non-beneficial

**Water** - energy level or safety to drink

**X-Rays** - selecting a competent radiologist's office

**Yoga** - most beneficial style for your well being

**Zodiac Sign** - most compatible with your sign



## **Ethical Intentions Get Accurate Responses**

What do you plan to discover after learning to skillfully dowse? Is your goal for the highest good of yourself and everyone involved?

**Using this process for personal gain or intuitive eavesdropping is not recommended.** Misusing dowsing invites invalid answers or as I like to think of it, practical joking from the Universe.

The following is a classic example.

### **Isabelle the Inaccurate Dowsing Detective**

“Isabelle” asked me during a phone session to help her clear her emotional blocks to accurate dowsing. I inquired upon which subjects she’d been muscle-testing.

She replied **she’d been dowsing for information on her ex-husband and his younger girlfriend.** She was terrified they’d marry and have children, then he’d abandon the children he fathered with Isabelle. She’d received many different answers, despite claiming she’d received permission to find out their future.

My surrogate dowsing results were that she:

**1. Had a polarity reversal** causing her to be “switched”. This meant that her usual dowsing answer for “yes” was really a “no”. She did NOT have

permission to spy on her ex's future, hence the varied and incorrect replies.

**2. Wasn't impartial,** but deeply attached to her dowsing results being what SHE wanted to happen.

**3. Dowsed several times** in her attempt to finally receive the answer she wanted, sabotaging her efforts with her mistrust of herself and the dowsing process.

After we cleared her fear blocks and polarity reversal, we tested together to obtain permission to dowse about her ex. Both of us received a no reply. Isabelle decided to stop obsessing about him, focus on creating a blissful life with her children, and attracting a mate who was perfect for her.

### **Lessons from Isabelle's story**

Incorrect replies often occur when dowsing out of fear, the need to control others, or any fear-based emotions.

**Your intent should be for the highest good of yourself, everyone and everything involved.** Good intentions might include ending indecision, enhancing your intuition, boosting your well being and selecting beneficial foods and supplements.

If you are not supposed to know something, your energy system will give you a "no" reply when you ask permission to inquire about a topic.

## **The Author's Dowsing Code of Ethics**

When I began dowsing decades ago, very little information existed in books or online. I made many mistakes, including dowsing without first asking permission and dowsing until I received my desired answer.

Many dowsing societies have published their own set of moral standards, aka Code of Ethics online.

This list was created after years of my dowsing inaccuracies, hit or miss results.

### **My 5 Point Code of Ethics is that I...**

**(1) Dowse in a relaxed state** of non-judgment, detached from the answers, especially those I may not want.

**(2) Never dowse for another person or animal** unless I receive their verbal go-ahead or dowsed consent by asking, "Do I have energetic permission to dowse for (state their name) on the query (state question you'll dowse for)?"

**(3) Never persist in dowsing again when consent is denied** nor ask the same question multiple times hoping for a different reply.

**(4) Request authorization to dowse again at a**

**later date when consent is denied.** If I receive a “yes” response, then I dowsing for the date and time. If I’m denied permission again, I accept that I’m not supposed to obtain that information. I let it go.

**(5) Respect the dowsing gift** by never using it to show off or impress others. Feel free to use or modify this list for yourself.

**Ask yourself if you’d feel comfortable knowing someone was dowsing to discover the same information about you or your life.** Or would you feel your privacy was being invaded that you’d been energetically violated?

## **The Author's Journey to Dowsing Mastery**

Certain people are blessed since childhood with the ability to easily intuit past, present and future events.

*Were you as envious of those folks as I was?*

For years we've heard that via lengthy studies, prayer and/or meditation, this skill can be ours as well. After twenty-five years working to increase my intuition, I'd seen only a small gain.

I'd receive inklings of future events, thinking strongly about people before they phoned me, dreaming about places years before I vacationed there, imagining scenarios moments before they occurred before my astonished eyes.

To my regret and frustration, I could not turn this ability on and off at will--it remained a random talent.

In the 1990s, I worked in the front and back offices of a holistic doctor and acupuncturist who used applied kinesiology to analyze his patients' energy blocks, hydration, and other needs.

The more I learned about two-person hands-on muscle testing, the more it fascinated me.

## **Combining Muscle Testing with Meridian Clearing**

Eager to learn more, I attended Environmental Stress Management (ESM) workshops from 1996 to 1997. The course taught that trauma causes a slowing or block in the energy system's flow, which in turn weakens parts of the body.

Weak organs were identified using a meridian system chart and two person muscle testing. Applying the blunt point of an "activator" (non-invasive pronged tool that stimulates the spinal meridians), these obstructions were released. A repeat of the muscle testing usually verified the treatment was complete. If the muscle test showed the weakness remained, a second application of the activator cleared it out.

By February 1997, I'd completed every workshop offered, and received my layperson's ESM certificate.

Family and friends remarked about their increased energy flow and alertness after I'd released the blockages in their energy meridians. I gained more confidence in myself and my ability to help others feel stronger.

I found only one problem in this otherwise phenomenal process: I could not muscle test myself to identify and release my own meridian blocks.

## **The Gift of Self-Applied Muscle Testing**

Desperate to explore the marvels of muscle testing to rebalance myself, I continually nagged Source to guide me to find this information. My answer came in a most unexpected manner: a blind date!

A work colleague arranged a dinner meeting with me and his chiropractor who used applied kinesiology when treating his geriatric patients. Although no chemistry or future dates ensued, the doctor and I enjoyed an evening of scrumptious food and holistic talk, followed by a tour of his nearby office.

He demonstrated his version of muscle testing, which did not involve touching his patients. Instead, he asked questions aloud and dowsed with his own hands to identify his patients' needs then treat them with nutritional supplements and spinal manipulations.

I confess I was skeptical about his methodology. How could issues be identified without the practitioner conducting a two-person muscle test? Little did I know that he opened an amazing door to dowsing for me. *Best blind date, ever!*

The next day, I discussed this hands-off procedure with my employer doctor and his wife. Having worked in the holistic well being field for decades, they knew many single person muscle testing methods. They showed me additional techniques to use. When I asked why they

didn't use them, they replied that they felt more connected and comfortable touching their patients via the two-person style.

From then on, I dowsed daily with questions that popped into my head. Over the years I learned many ways to use self-applied muscle testing to solve life's mysteries.

Like most dowzers, I have a favorite technique that I use most often. It's the Method #1 presented Section Two, Step Two.

Let's explore the Fearless Accurate Dowsing System steps so you don't have to spend years, as I did, becoming a divination master.



## **SECTION TWO: YOUR THREE STEP DOWSING SYSTEM**

---

*"Do not hesitate to know that you can be a successful dowser. You can if you know that you can and not until then. Your ability to dowse will be in direct ratio to your belief."*

*- George Applegate, The Complete Guide to Dowsing.*

## SECTION TWO: YOUR THREE STEP DOWSING SYSTEM

What do David Bowie, Prince, Dizzy Gillespie, Elizabeth Cotton, Elton John, Louis Armstrong, and Willie Mae “Big Mama” Thornton have in common? All of these talented people are self-taught musicians.

Would they have leapt to fame and fortune faster if they’d taken professional music lessons? Who knows.

**I do know that following a proven system in learning a desired skill leads to success.** As the saying goes, why re-invent the wheel when you can buy one and immediately use it?

Everything that’s worked for me and my clients around the world has been put into this book: a system for your rapid divination success.

You’ll be reconnecting and strengthening your link to energy consciousness via dowsing by following this three step success system:

1. **Release your current fears, polarity reversals and energy toxins** that block the

complete trust and accurate use of your intuition.

2. **Learn a comfortable dowsing method** (or use one you already enjoy) to connect to your subconscious mind and universal consciousness.
3. **Dowse as often as possible** using my proven lines of questioning and/or intuition boosting games listed in this book (or those you prefer), **clearing any fears as they arise.**

Before you know it, your intuition will be at your beck and call to advise you each day. You may no longer need a dowsing tool to receive information, but instead use it to verify the intuitive messages that naturally flow to you.

When you feel 100% comfortable with your skills, you can venture further into this book and the world of surrogate dowsing.

With practice, you'll be able to connect (with permission) to the energy signatures of anyone and anything in the universe, and obtain information for the benefit and good of everyone involved.

## **STEP 1: IDENTIFY & CLEAR ENERGY BLOCKS**

In my experience, the three biggest blocks to fearless, accurate dowsing are:

1. Polarity Reversals
2. Energy Toxins / Contaminations
3. Fear

The simple do-it-yourself energy meridian clearing scripts in this book will demolish all three obstacles.

All the tips and tricks I've shared with clients worldwide to clear these hindrances are included in this publication. This info led them all to major breakthroughs in their dowsing skills. Zack's story illustrates this divination success.

## **Zack: an Officer and a Gentleman Dowser**

One of my clients who I'll call "Zack" was eager to become a master dowser. He had all the above blocks, including a fear of not being safe if anyone found out that he studied metaphysics, meridian clearing, and dowsing. **Zack was a military officer in his fifties, close to retirement. He cherished his career of service to his country.**

When we began our sessions, Zack had difficulty believing he could clear all his barriers to accurate dowsing. He had the usual doubts that he was too old, not intuitive enough, and was filled with frustration at his inability to learn dowsing on his own.

This tough guy was used to winning, but his dowsing yielded mostly inaccurate replies. He also feared that his decades of military training had made him "too logical" to free his intuition.

After a few hours of meridian clearing with me (using the information I've included in this book) Zack began seeing positive results, more correct answers.

### **Zack's Dowsing Breakthrough**

Zack visited a local metaphysical shop that sold dowsing tools, hoping he wouldn't run into any armed forces colleagues. He felt drawn to a specific pendulum, and told me that the tool vibrated in his hand. He bought it and practiced in secret daily, with extraordinary results.

Last time we talked, Zack had revealed to his family and a few trustworthy friends his knowledge and skills in dowsing and meridian clearing. He helped several of them to find and release their emotional blocks, then return to well being.

*Zack exclaimed, "I've found that I have a real knack for this stuff, like you!"* I replied that he may also have a new part-time retirement gig as a holistic well being expert.

Can you see how simple it is to clear the energy meridian blocks to open your intuition to communicate with you via dowsing?

You CAN do this, just like Zack did.

The following brief introduction to energy meridians will benefit readers unfamiliar with the concept.

### **Meridians: Underground Channels of Energy**

Imagine a network of invisible pathways that deliver energy to every atom in your body, your mind, emotions, and spirit, creating an interconnected whole being.

#### **This network is your meridian system.**

When it is in perfect harmony and balance, well being is experienced on every level. According to Traditional Chinese Medicine (TCM), **twelve major meridians surge through the human body.**

Meridians flow with chi, another word for the vital energy of life. These channels may

become blocked due to stress, fear, or trauma. **When the chi doesn't flow well or at all to a certain area, the energy system is imbalanced.** This condition can result in ailments of the body, mind, emotions or spirit, as well as **failure to attain accurate dowsing answers.**

Rebalance was traditionally achieved via acupuncture, the practice of inserting needles into the skin at specific points where the meridians surface.

Thankfully for those of us who prefer to avoid needle-based therapies, **clogged meridians can also be cleared using our hands.**

The two major channels are: the Conception Vessel Meridian and the Governing Vessel Meridian.

**The Conception Vessel (CV) Meridian** governs or controls all the "Yin" or female meridians and organs. This meridian runs from the bottom of the torso (CV 1), in a straight line up the front of the body, ending



under the lower lip above the chin bone (CV 24).

**The Governing Vessel (GV) Meridian** controls the “Yang” or male meridians and “Guardian Chi”. The GV runs from the bottom of the torso (GV 1), up the spinal cord over the top of the head and face, down to the endpoint (GV 28) at the center of the upper lip under the nose. It nourishes the brain and Yang organs.

**Research has shown that using a hand to energetically clear stagnant energy (such as fear-based emotions) from the GV Meridian (GVM) re-balances the energy system, positively affecting the body and emotions.**

By focusing your attention on conscious fears as you begin clearing the GVM, you will trigger your subconscious dowsing fears to arise for clearing, too.

Next, let’s learn exactly how to clear non-beneficial emotions from your GVM.

## **Modality for Unrestricted Meridian Energy Flow**

If you aren't familiar with any energy clearing methods or would like to learn a new modality, here are two simple rapid release methods that I use daily.

Your hands are your tools to clear your Governing Vessel Meridian (GVM) which in turn releases fears and trauma from your energy system per your spoken intentions.

To apply my own fear clearing method, **"FREED: Fast Release of Emotional Energy Drains"**, follow these steps.

**1. Place either hand about three inches (seven centimeters) away from your mouth.** Your hand will not be touching your skin or hair for this exercise.

**2. With the palm of your hand facing your mouth, move your hand up in a straight line** over the center of your face, continuing over the top center of your head,

then down the back of your head to your neck.

**3. Pull your hand away from your neck, then start again with step one.** As you do this, repeat (out loud or in your mind) your fear clearing statements three times, e.g., "I now release this fear that...".

Remember to breathe normally. Alternate hands if needed when one arm becomes tired.

## **GVM CLEARING METHOD #1**



**SKIM EITHER HAND IN  
AN ARC FROM MOUTH  
OVER HEAD TO BACK OF NECK**

**NOTE:** If you have rotator cuff ailments or cannot raise your arms over your head without pain or stiffness, this second method

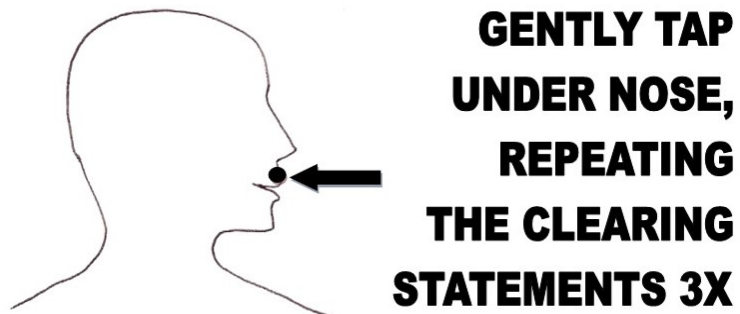
works well, too. The simple steps are:

**1. Using one or two fingertips, gently tap or massage under your nose,** above the center of your upper lip. This is a powerful acupressure point, where the Governing Vessel Meridian ends.

**2. As you tap or massage, repeat** (out loud or in your mind) your fear clearing statements three times, e.g., "I now release this fear that...".

**3. Breathe normally.** Use your other hand if one becomes tired.

## **GVM CLEARING METHOD #2**



**You'll be doing this for every fear** that you know or suspect is not allowing you to connect with your intuition to dowse like a pro. Either one of those simple exercises is all that's needed to clear non-beneficial emotions, toxins, and polarity reversals.

**NOTE:** Although the GVM runs from the bottom of your torso, up your spine, over the top of your head, then down to the endpoint under your nose, you do NOT have to clear the areas you cannot reach.

**Your intention** to release dark, dense, fear-based energies as you speak the clearing statements and perform the physical clearing actions will trigger your GVM to release them.

The same exercises can release ANY stubborn traumas or fears from any time in your life.

**This FREED modality works effectively to instill positive affirmations** and

intentions, too.

Let's begin clearing the way to fearless,  
accurate dowsing!

**~ END of BOOK EXCERPT ~**

Please check out ALL the ways listed  
next that you can use dowsing!

## A to Z Daily Dowsing Subjects

After you're confident in your dowsing skills, what topics will you dowse for? This section's examples illustrate the A to Z uses for dowsing.

- **Angels** - how many, names, purposes
- **Books** - next one to read / download
- **Closet Clutter** - keep or donate items
- **Dream Interpretations** - symbolic or predictive info
- **Entertainment** - which movie would you enjoy most
- **Food Safety and Selection** - in the grocery store
- **Gardening** - select the hardiest plants for your yard
- **Heart Walls** - are emotions blocking your ability to love
- **Income Ceiling** - do you have one and what's the limit
- **Job Offers** - which has best benefits and co-workers
- **Keys** - where did you place them last
- **Lip balm/lipstick** - healthiest brand to buy and use
- **Money** - will you receive that raise at work?
- **Noxious Earth Energy** - detect & clear it from home
- **Organs of Body** - which are not at 100% effectiveness
- **Politics** - beneficial candidates, judges, or propositions
- **Quality of Air** - is it safe to exercise outside

- **Recharge** - your immune or energy system, metabolism
- **Spiritual** - chakras, etheric cords, past lives
- **Tooth decay** - emotionally or physically caused
- **Used or New** - which major purchases last longest
- **Vitamins & Supplements** - beneficial or not
- **Water** - energy level or safety
- **X-Ray Safety** - when choosing a new radiology office
- **Yoga** - best style for your health & well being
- **Zodiac Sign** - most compatible with your sign



## **Conclusion**

This e-book sample is dedicated to YOU, the truth seekers and I hope you enjoyed it.

I struggled for years to perfect my muscle testing skills. I didn't know that my biggest blocks were fear-based, nor did I know about emotional release techniques. When I discovered this info and applied it, my dowsing skills and intuition continually grew... and are still growing!

I can't imagine my life without dowsing or fear clearing, which I use as needed. If I've left out any info, please contact me with your ideas for additions to this e-book.

I love hearing from my readers!

## About the Author



COLLEEN FLANAGAN lives in the Southwestern USA but has dowsed for people worldwide. She's an energizing, entertaining author, speaker, instructor, dowser, and intuitive well being expert.

Amazon Author Pages with all her books:

USA

[amazon.com/-/e/B00WOLEZF4](https://www.amazon.com/-/e/B00WOLEZF4)

AUSTRALIA

[amazon.com.au/-/e/B00WOLEZF4](https://www.amazon.com.au/-/e/B00WOLEZF4)

CANADA

[amazon.ca/-/e/B00WOLEZF4](https://www.amazon.ca/-/e/B00WOLEZF4)

FRANCE

[amazon.fr/-/e/B00WOLEZF4](https://www.amazon.fr/-/e/B00WOLEZF4)

GERMANY

[amazon.de/-/e/B00WOLEZF4](https://www.amazon.de/-/e/B00WOLEZF4)

INDIA

[amazon.com.in/-/e/B00WOLEZF4](https://www.amazon.com.in/-/e/B00WOLEZF4)

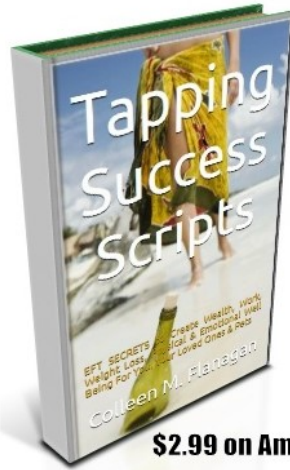
JAPAN

[amazon.co.jp/-/e/B00WOLEZF4](https://www.amazon.co.jp/-/e/B00WOLEZF4)

UNITED KINGDOM

[amazon.co.uk/-/e/B00WOLEZF4](https://www.amazon.co.uk/-/e/B00WOLEZF4)

## Colleen's Amazon Books



### Let Emotional Wounds **BREATHE** then **HEAL**

Detailed scripts to release...

- \* Job Loss & Work Fears
- \* Skin Conditions, Back Pain
- \* Weight Loss & Exercise Blocks
- \* Procrastination & Perfectionism

**ALL in this ONE BOOK**

[www.EmoRescue.com](http://www.EmoRescue.com)

**\$2.99 on Amazon - Your Empowered Life Starts TODAY!**

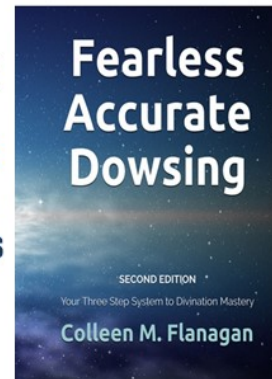
### **First Time in PAPERBACK!**

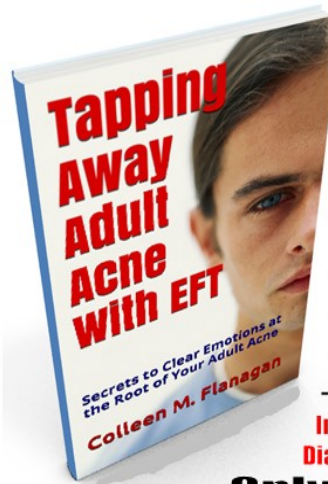
**346 Pages - 8x10"**

**2nd Edition Dowsing Guide**

- \* Four NEW Q & A dowsing worksheets
- \* Fifteen device-less dowsing methods
- \* Expanded pendulum instructions
- \* Detailed 'Dowse & Heal' Protocols for Self-Care, Family & Pets

**Details & links at [www.EmoRescue.com](http://www.EmoRescue.com)**





## Is **STRESS** triggering your **ADULT ACNE?**

**Tried everything**

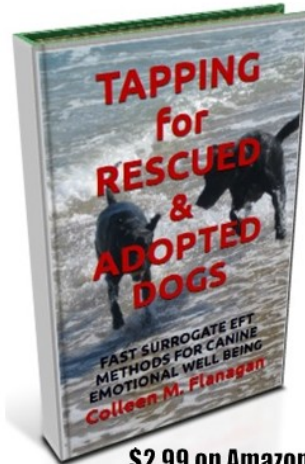
**but can't get relief?**

**Then this guide is for YOU:**

- Understand Acne's Emotional Roots
- Identify YOUR Acne-Causing Emotions
- Release Stress and Acne Emotions FAST
- Experience the Joy of Clear Skin

**Includes Step-by-Step Emotional Release  
Diagrams, Everything You Need to Start NOW**

**Only \$2.99 on Amazon**



## Difficulty Bonding with your Adopted or Rescued Dog?

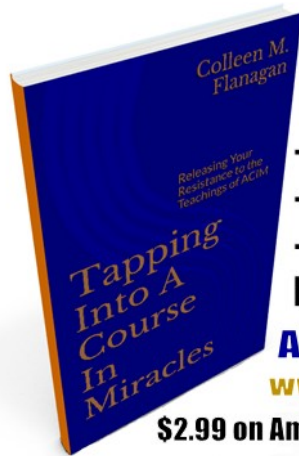
- Identify your Dog's Fears
- Follow Easy, Calming Emotional Release Scripts
- Quickly Clear Any Canine's Past Trauma and Anxiety

**And much MORE in this ONE BOOK**

**Read Animal Articles**

**[www.EmoRescue.com](http://www.EmoRescue.com)**

**\$2.99 on Amazon - You Can Be an Animal Whisperer too!**



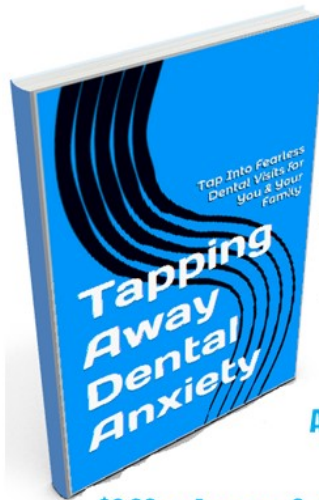
## Difficulty Reading & Understanding ACIM?

- Identify your Comprehension Blocks
- Follow Easy Emotional Release Scripts
- Quickly Clear Your Resistance and Fears of Failure as a Student of ACIM

**ALL in this ONE BOOK**

[www.EmoRescue.com](http://www.EmoRescue.com)

**\$2.99 on Amazon - Tap into the ACIM POWER!**



## Want to be FEARLESS in the dentist's chair?

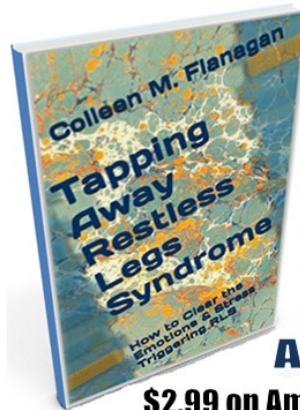
- Identify your hidden fears
- Follow simple scripts for fast relief ANYWHERE
- Use surrogate scripts to relax kids & adults at the dentist or orthodontist office

**And much MORE in this ONE BOOK**

**Fear-busting Articles**

[www.EmoRescue.com](http://www.EmoRescue.com)

**\$2.99 on Amazon - Get started today for a fearless tomorrow!**



**Is STRESS worsening your RLS & Insomnia?**

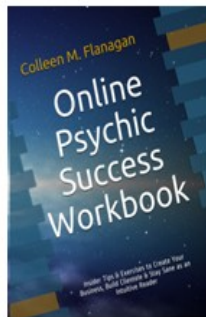
**Learn Fast, Easy Ways to:**

- Identify troubling emotions triggering RLS
- Release stress via diagrams & scripts
- Achieve relaxed legs and sleep well again
- Handle stress-related bedtime RLS attacks

**ALL in this ONE BOOK**

**\$2.99 on Amazon - Get relief from RLS TODAY!**

## **How I Succeeded as an ETHICAL ONLINE PSYCHIC!**



**This guide includes:**

- \* Business & Clientele Growth Tips
- \* Epic Hacks for Bizarre Client Requests
- \* Clearing Curses, Doing Exorcisms
- \* 10 Ethical Ways to Get Return Clients
- \* Energywork Scripts for Unstoppable YOU

**[www.EmoRescue.com](http://www.EmoRescue.com)**

**Start today - 250 page 8"x10" paperback on AMAZON!**