

## **Family Birthing Unit (FBU)**

### **Support Person (Visitor)**

#### **FBU**

- If you are with a mom who is in labour:
  - When you get here, only the mom will be allowed to go to the FBU at first
  - If the mom is admitted, and you pass screening, you will be called up to join her. If you fail screening, you will not be allowed up to FBU
  - If the mom is not admitted, she will come back down to meet you
- Once the mom is admitted, you can stay with her for her entire admission
  - Please stay on the UNIT, and in her ROOM; we will bring you your meals
  - If the baby needs care in the SCN, you will be allowed to visit the baby until the mom is discharged

***Thank you for helping us keep our moms and babies safe during this difficult time!***



## Special Care Nursery (SCN)

### Support Person (Visitor)

#### SCN

- If the mom is still a patient on the FBU, you can stay with her until she is discharged, and can visit the baby
  - Once the mom is discharged, only **one** person is allowed to come and visit the baby
    - The mom may stay in the “care by parent” room if it is available OR
    - If the mom is not staying in the “care by parent” room, the person who visits is not allowed to come in and out of the nursery; once you are here to visit, please stay in the nursery until you are going home
- **If you wish to call in for an update please call:  
519-837-6440 ext.2245**

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during this difficult time!***