

Am I Eligible for VA Disability Compensation?

You may be eligible for VA disability benefits or compensation if you meet both of these requirements.

Both of these must be true:

- You have a current illness or injury (known as a condition) that affects your mind or body, **and**
- You served on active duty, active duty for training, or inactive duty training

And at least one of these must be true:

- You got sick or injured while serving in the military—and can link this condition to your illness or injury (called an in-service disability claim), **or**
- You had an illness or injury before you joined the military—and serving made it worse (called a pre-service disability claim), **or**
- You have a disability related to your active-duty service that didn't appear until after you ended your service (called a post-service disability claim)

