

**FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE**

Name of Claimant/Veteran:	Claimant/Veteran's Social Security Number:	Date of Examination:

Note to examiner - The Veteran is applying to the U.S. Department of Veterans Affairs (VA) for disability benefits. VA will consider the information you provide on this questionnaire as part of their evaluation in processing the Veteran's claim.

Is this questionnaire being completed in conjunction with a VA C&P examination request?

☒ Yes   ☐ No

How was the examination completed? (check all that apply)

☒ In-person examination

☒ Records reviewed

☐ Examination via approved video telehealth

☐ Other, please specify in comments box

Comments:

**ACCEPTABLE CLINICAL EVIDENCE (ACE)**

Indicate the method used to obtain medical information to complete this document:

☐ Review of available records (without in-person or video telehealth examination) using the Acceptable Clinical Evidence (ACE) process because the existing medical evidence provided sufficient information on which to prepare the questionnaire and such an examination would likely provide no additional relevant evidence.

☐ Review of available records in conjunction with an interview with the Veteran (without in-person or video telehealth examination) using the ACE process because the existing medical evidence supplemented with an interview provided sufficient information on which to prepare the questionnaire and such an examination would likely provide no additional relevant evidence.

**EVIDENCE REVIEW**

Evidence reviewed (check all that apply):

<input type="checkbox"/> Not requested	<input type="checkbox"/> No records were reviewed
<input type="checkbox"/> VA claims file (hard copy paper C-file)	<input type="checkbox"/> VA electronic health record
<input checked="" type="checkbox"/> VA e-folder	<input type="checkbox"/> Other, please specify in comments box

Evidence comments:

**SECTION I - DIAGNOSIS**

Note: These are condition(s) for which an evaluation has been requested on an exam request form (Internal VA) or for which the Veteran has requested medical evidence be provided for submission to VA.

1A. List the claimed condition(s) that pertain to this questionnaire:

Bilateral plantar fasciitis, bilateral pes planus; Gout

Note: These are the diagnoses determined during this current evaluation of the claimed condition(s) listed above. If there is no diagnosis, if the diagnosis is different from a previous diagnosis for this condition, or if there is a diagnosis of a complication due to the claimed condition, explain your findings and reasons in comments section. Date of diagnosis can be the date of the evaluation if the clinician is making the initial diagnosis, or an approximate date determined through record review or reported history.

1B. Select diagnoses associated with the claimed condition(s) (check all that apply):

☐ The Veteran does not have a current diagnosis associated with any claimed conditions listed above. (Explain your findings and reasons in comments section.)

Note: If any condition is checked below, complete all of Section 1, Section 2, and also the applicable Section(s) 3 through 11 with which the condition is most associated.

Diagnosis:	Side affected:			ICD Code:	Date of diagnosis:	
	Right	Left	Both		Right	Left
<input checked="" type="checkbox"/> Flat foot (pes planus)	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Q66.5	02/1989	02/1989
<input checked="" type="checkbox"/> Plantar fasciitis	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	M72.2	10/2020	10/2020
<input type="checkbox"/> Morton's neuroma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<input type="checkbox"/> Metatarsalgia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<input type="checkbox"/> Hammer toes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
<input checked="" type="checkbox"/> Hallux valgus	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	M20.10	01/2019	01/2019

**FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE**

<input type="checkbox"/> Hallux rigidus	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Acquired pes cavus (claw foot)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Malunion/nonunion of tarsal/ metatarsal bones	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Foot injury(ies), specify:	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritic conditions:				
<input type="checkbox"/> Arthritis, degenerative, other than post-traumatic	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritis, gonorrheal	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritis, pneumococcic	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritis, streptococcic	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritis, syphilitic	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritis, multi-joint (except post-traumatic and gout), as an active process	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritis, post-traumatic	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritis, typhoid	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Arthritis, other specified forms of arthropathy (excluding gout)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Inflammatory conditions:				
<input type="checkbox"/> Osteoporosis, residuals of	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Osteomalacia, residuals of	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Bones, neoplasm, benign	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Bones, neoplasm, malignant, primary or secondary	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Osteitis deformans	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Gout	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Bursitis	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Myositis	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Myositis ossificans	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Other specified forms:	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Tendinopathy (select one if known)				
<input type="checkbox"/> Tendinitis	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Tendinosis	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Tenosynovitis	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input checked="" type="checkbox"/> Other, specify:				
<input type="checkbox"/> Diagnosis #1	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input type="checkbox"/> Diagnosis #2	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			
<input checked="" type="checkbox"/> Diagnosis #3 Bilateral foot osteoarthritis	<input type="checkbox"/> <input type="checkbox"/> <input checked="" type="checkbox"/>	M19	01/2024	01/2024

1C. If there are additional diagnoses that pertain to foot conditions, list using above format:

**SECTION II - MEDICAL HISTORY**

2A. Describe the history (including onset and course) of the Veteran's foot condition (brief summary):

# FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS) DISABILITY BENEFITS QUESTIONNAIRE

Onset Date:  
1990

**Details of Onset:**

Service member reports he started to experience bilateral foot pain with ruck marching and jumping off military equipment, which has continued.

**Course since Onset:**

Symptoms include bilateral foot pain along plantar surfaces and big toes described as sharp, achy resulting in difficulty standing/walking. He reports a history of pes planus, plantar fasciitis, and hallux valgus. Current treatment includes PT exercises PRN and shoe inserts regularly. He reports he had thought bilateral big toe pain may be due to possible gout but denies ever having been diagnosed with gout.

**Current Symptoms:**

Symptoms include bilateral foot pain along plantar surfaces and big toes described as sharp, achy resulting in difficulty standing/walking.

**Current Treatment and Frequency:**

PT exercises PRN and shoe inserts regularly

2B. Does the Veteran report pain of the foot being evaluated on this questionnaire?

☒ Yes ☐ No

If yes, document the veteran's description of pain in his or her own words:

Right foot:

Right foot pain along plantar surfaces and big toes described as sharp, achy

Left foot:

Left foot pain along plantar surfaces and big toes described as sharp, achy

2C. Does the Veteran report that flare-ups impact the function of the foot?

☐ Yes ☒ No

If so, ask the Veteran to describe the flare-ups he or she experiences, including the frequency, duration, characteristics, precipitating and alleviating factors, severity and/or extent of functional impairment he or she experiences during a flare-up of symptoms.

2D. Does the Veteran report having any functional loss, or functional impairment, of the joint or extremity being evaluated on this questionnaire, including but not limited to repeated use over time?

☒ Yes ☐ No

If yes, document the Veteran's description of functional loss or functional impairment in his/her own words:

Right Foot:

difficulty standing/walking

Left Foot:

difficulty standing/walking

## SECTION III – FLATFOOT (PES PLANUS)

Note: Indicate all signs and symptoms that apply to the Veteran's flatfoot (pes planus) condition, regardless of whether similar signs and symptoms appear more than once in different sections.

3A. Does the Veteran have pain on use of the feet?

☒ Yes ☐ No

If yes, indicate side affected:

☐ Right ☐ Left ☒ Both

If yes, is the pain accentuated on use?

☒ Yes ☐ No

If yes, indicate side affected:

☐ Right ☐ Left ☒ Both

3B. Does the Veteran have pain on manipulation of the feet?

☒ Yes ☐ No

If yes, indicate side affected:

☐ Right ☐ Left ☒ Both

If yes, is the pain accentuated on manipulation?

☒ Yes ☐ No

If yes, indicate side affected:

☐ Right ☐ Left ☒ Both

3C. Is there indication of swelling on use?

☐ Yes ☒ No

If yes, indicate side affected:

☐ Right ☐ Left ☐ Both

3D. Does the Veteran have characteristic calluses?

☐ Yes ☒ No

**FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE**

If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both			
<b>3E. Effects of use of arch supports or built-up shoes</b>			
Effecting Complete Relief of Symptoms		Tried But Remains Symptomatic	
Device	Side Relieved	Device	Side Not Relieved
<input type="checkbox"/> Arch Supports	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	<input checked="" type="checkbox"/> Arch Supports	<input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both
<input type="checkbox"/> Built-up Shoes	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	<input type="checkbox"/> Built-up Shoes	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both
<b>3F. Does the Veteran have extreme tenderness of plantar surfaces on one or both feet?</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both Is the tenderness improved by orthopedic shoes or appliances? Right <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A Left <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A			
<b>3G. Does the Veteran have decreased longitudinal arch height of one or both feet on weight-bearing?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both			
<b>3H. Is there objective evidence of marked deformity of one or both feet (pronation, abduction, etc.)?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both			
<b>3I. Is there marked pronation of one foot or both feet?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both Is the condition improved by orthopedic shoes or appliances? Right <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> N/A Left <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> N/A			
<b>3J. For one or both feet, is the weight-bearing line over or medial to the great toe?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both			
<b>3K. Is there a lower extremity deformity other than pes planus, causing alteration of the weight-bearing line?</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both Describe lower extremity deformity other than pes planus causing alteration of the weight-bearing line:			
<b>3L. Does the Veteran have "inward" bowing of the Achilles' tendon (i.e. hindfoot valgus, with lateral deviation of the heel) of one or both feet?</b> <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both			
<b>3M. Does the Veteran have marked inward displacement and severe spasm of the Achilles' tendon (rigid hindfoot) on manipulation of one or both feet?</b> <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both Is the marked inward displacement and severe spasm of the Achilles' tendon improved by orthopedic shoes or appliances?			

**FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE**

Right	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
Left	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> N/A
3N. Comments, if any:	
<b>SECTION IV – PLANTAR FASCIITIS</b>	
4A. Has the Veteran undergone non-surgical treatment for plantar fasciitis? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If yes, indicate side: <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both	
4B. If yes, did the non-surgical treatment relieve the symptoms? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If no, indicate side not relieved: <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both	
4C. Has the Veteran undergone surgical treatment for plantar fasciitis? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No (if no, proceed to 4E) If yes, indicate side: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	
4D. If yes, did the surgical treatment relieve the symptoms? <input type="checkbox"/> Yes <input type="checkbox"/> No If no, indicate side not relieved: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	
4E. If the Veteran has not undergone surgical treatment, was the Veteran recommended for surgical intervention, but was not a surgical candidate? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, indicate side: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	
4F. Does the Veteran have any functional loss of the foot/feet due to plantar fasciitis? <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both Describe the functional loss of the foot/feet due to plantar fasciitis: Right foot: difficulty standing/walking Left foot: difficulty standing/walking	
4G. Comments, if any:	
<b>SECTION V - MORTON'S NEUROMA (MORTON'S DISEASE) AND METATARSALGIA</b>	
5A. Does the Veteran have Morton's neuroma? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	
5B. Does the Veteran have metatarsalgia? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If yes, indicate side affected: <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both	
5C. Comments, if any:	
<b>SECTION VI – HAMMER TOE</b>	

**FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE**

6A. If the Veteran has hammer toes, which toes are affected?

Right: ☐ None ☐ Great Toe ☐ Second Toe ☐ Third Toe ☐ Fourth Toe ☐ Little Toe

Left: ☐ None ☐ Great Toe ☐ Second Toe ☐ Third Toe ☐ Fourth Toe ☐ Little Toe

6B. Comments, if any:

**SECTION VII – HALLUX VALGUS**

7A. Does the Veteran have symptoms due to a hallux valgus condition?

☒ Yes ☐ No

If yes, indicate severity (check all that apply):

☒ Mild or moderate symptoms

Side affected: ☐ Right ☐ Left ☒ Both

☐ Severe symptoms, with function equivalent to amputation of great toe

Side affected: ☐ Right ☐ Left ☐ Both

7B. Has the Veteran had surgery for hallux valgus?

☐ Yes ☒ No

If yes, indicate type and date of surgery and side affected:

☐ Resection of metatarsal head

Date of surgery:

Side affected: ☐ Right ☐ Left ☐ Both

☐ Tarsal osteotomy/metatarsal head osteotomy (equivalent to metatarsal head resection)

Date of surgery:

Side affected: ☐ Right ☐ Left ☐ Both

☐ Other surgery for hallux valgus, describe:

Date of surgery:

Side affected: ☐ Right ☐ Left ☐ Both

7C. Comments, if any:

**SECTION VIII – HALLUX RIGIDUS**

8A. Does the Veteran have symptoms due to hallux rigidus?

☐ Yes ☒ No

If yes, indicate severity (check all that apply):

☐ Mild or moderate symptoms

Side affected: ☐ Right ☐ Left ☐ Both

☐ Severe symptoms, with function equivalent to amputation of great toe

Side affected: ☐ Right ☐ Left ☐ Both

8B. Comments, if any:

**SECTION IX – ACQUIRED PES CAVUS (CLAW FOOT)**

9A. Effect on toes due to pes cavus (check all that apply):

<input checked="" type="checkbox"/> None	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both
<input type="checkbox"/> Great toe dorsiflexed	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both
<input type="checkbox"/> All toes tending to dorsiflexion	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both
<input type="checkbox"/> All toes hammer toes	<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both
<input type="checkbox"/> Other, describe (if there is an effect on toes due to etiology other than pes cavus, indicate other etiology):	

9B. Pain and tenderness due to pes cavus (check all that apply):

☒ None ☐ Right ☐ Left ☐ Both

**FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE**

- |  |  |
|--|--|
| <input type="checkbox"/> Definite tenderness under metatarsal heads  | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Marked tenderness under metatarsal heads  | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Very painful callosities  | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Other, describe (if the Veteran has pain and tenderness due to etiology other than pes cavus, indicate other etiology): |  |

9C. Effect on plantar fascia due to pes cavus (check all that apply):

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> None  | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Shortened plantar fascia   | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Marked contraction of plantar fascia with dropped forefoot   | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Other, describe (if there is an effect on plantar fascia due to etiology other than pes cavus, indicate other etiology): |  |

9D. Dorsiflexion and varus deformity due to pes cavus (check all that apply):

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> None  | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Some limitation of dorsiflexion at ankle   | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Limitation of dorsiflexion at ankle to right angle   | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Marked varus deformity   | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Other, describe (if the Veteran has dorsiflexion and varus deformity due to etiology other than pes cavus, indicate other etiology): |  |

9E. Comments, if any:

**SECTION X - MALUNION OR NONUNION OF TARSAL OR METATARSAL BONES**

10A. Indicate severity and side affected for malunion or nonunion of tarsal or metatarsal bones:

- |  |  |
|--|--|
| <input type="checkbox"/> Moderate          | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Moderately severe | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Severe            | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |

10B. Comments, if any:

**SECTION XI – FOOT INJURIES AND OTHER CONDITIONS**

Note: Complete this section if the Veteran has any foot injuries or other foot conditions listed in Section 1B not already described above in Sections 3 through 10.

Note: For VA purposes "bilateral weak foot" describes a symptomatic condition secondary to many constitutional conditions, and is characterized by atrophy of the musculature, disturbed circulation and weakness.

11A. Does the Veteran have any foot injuries or other foot conditions not already described?

☒ Yes ☐ No

If yes, describe the foot injury or other foot conditions (including frequency and physical exam findings) and complete question 11B (severity and side affected).

Other Condition

Description:

Bilateral foot osteoarthritis - Service member has x-ray evidence of bilateral mild osteoarthritis of the 1st MTP joint.

Frequency:

Regular foot pain

Physical Exam Findings:

On exam, he has tenderness to palpation of the bilateral 1st MTP joint

11B. Indicate severity and side affected.

- |  |   |
|--|---|
| <input type="checkbox"/> Not affected      | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input checked="" type="checkbox"/> Mild   | <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both |
| <input type="checkbox"/> Moderate          | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input type="checkbox"/> Moderately severe | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input type="checkbox"/> Severe            | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |

FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE

11C. Does the foot condition chronically compromise weight-bearing?  
☒ Yes ☐ No

11D. Does the foot condition require arch supports, custom orthotic inserts or shoe modifications?  
☒ Yes ☐ No

11E. Comments, if any:

SECTION XII – SURGICAL PROCEDURES

Note: Complete this section if the Veteran has had any surgical procedures for the claimed condition that have not already been described.

12A. Has the Veteran had foot surgery (arthroscopic or open)?  
☐ Yes ☒ No  
If yes, indicate side affected, type of procedure and date of surgery.  
☐ Right foot procedure:  
  
Date of surgery:  
☐ Left foot procedure:  
  
Date of surgery:

12B. Does the Veteran have any residual signs or symptoms due to arthroscopic or other foot surgery?  
☐ Yes ☐ No  
If yes, describe residuals:

SECTION XIII - PAIN

Foot	Is there pain on physical exam?	If no, but the Veteran reported pain in his/her medical history, please provide rationale below.	If yes, (there is pain on physical exam), does the pain contribute to functional loss?	If no, (i.e., the pain does not contribute to functional loss or additional limitations), explain why:
Right foot	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		<input checked="" type="checkbox"/> Yes (you will be asked to further describe these limitations in Section 14) <input type="checkbox"/> No	
Left foot	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		<input checked="" type="checkbox"/> Yes (you will be asked to further describe these limitations in Section 14) <input type="checkbox"/> No	

SECTION XIV – FUNCTIONAL LOSS

Note: VA defines functional loss as the inability, due to damage or infection in parts of the system, to perform normal working movements of the body with normal excursion, strength, speed, coordination and/or endurance. As regards the joints, factors of disability reside in reductions of their normal excursion of movements in different planes.

Using information based on a review of all procurable information - to include the Veteran's statement on examination, case-specific evidence (to include medical treatment records when applicable and lay evidence), the examiner's medical expertise, and physical exam, select the factors below that contribute to functional loss or impairment (regardless of repetitive use) or to additional limitation of range of motion (ROM) after repetitive use for the joint or extremity being evaluated on this questionnaire:

14A. Contributing factors of disability (check all that apply and indicate side affected):  

☐ No functional loss for left lower extremity attributable to claimed condition  
☐ No functional loss for right lower extremity attributable to claimed condition  
☐ Less movement than normal  
☐ More movement than normal  
☐ Weakened movement  
☐ Swelling  
☒ Deformity  
☐ Atrophy of disuse  
☐ Instability of station  
☐ Disturbance of locomotion

☐ Right ☐ Left ☐ Both  
☐ Right ☐ Left ☐ Both  
☐ Right ☐ Left ☐ Both  
☐ Right ☐ Left ☐ Both  
☐ Right ☐ Left ☒ Both  
☐ Right ☐ Left ☐ Both  
☐ Right ☐ Left ☐ Both  
☐ Right ☐ Left ☐ Both

**FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE**

- |   |   |
|---|---|
| <input type="checkbox"/> Interference with sitting  | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input type="checkbox"/> Interference with standing | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input checked="" type="checkbox"/> Pain            | <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both |
| <input type="checkbox"/> Fatigue                    | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input type="checkbox"/> Weakness                   | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input type="checkbox"/> Lack of endurance          | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input type="checkbox"/> Incoordination             | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input type="checkbox"/> Other, describe:           | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |

14B. Does procured evidence (statements from the Veteran) suggest pain, fatigability, weakness, lack of endurance, or incoordination which significantly limits functional ability during flare-ups and/or after repeated use over time?

☒ Yes ☐ No

If yes, indicate side affected:

☐ Right ☐ Left ☒ Both

If yes, (there is a functional loss due to pain, during flare-ups and/or after repeated use over time), please describe the functional loss as well as cite and discuss evidence (must be specific to the case and based on all procurable evidence):

Right foot:

Based on statements from SM and evidence in C-file, right foot pain and pes planus and hallux valgus deformities result in a functional loss of difficulty standing/walking.

Left foot:

Based on statements from SM and evidence in C-file, left foot pain and pes planus and hallux valgus deformities result in a functional loss of difficulty standing/walking.

14C. Is there any other functional loss during flare-ups and/or after repeated use over time?

☐ Yes ☒ No

If yes, indicate side affected:

☐ Right ☐ Left ☐ Both

If yes, describe:

Note: For any joint condition, unless medically contraindicated, the examiner should address pain on both passive and active motion, and on both weight-bearing and nonweight-bearing. These factors must be assessed for the claimed foot and the contralateral foot (even if the contralateral foot is unclaimed). Specific joint range of motion measurements in degrees do not need to be documented.

14D. Is there evidence of pain on any of the following? (check all that apply)

- |   |   |
|---|---|
| <input type="checkbox"/> Passive motion               | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |
| <input checked="" type="checkbox"/> Active motion     | <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both |
| <input checked="" type="checkbox"/> Weight-bearing    | <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both |
| <input checked="" type="checkbox"/> Nonweight-bearing | <input type="checkbox"/> Right <input type="checkbox"/> Left <input checked="" type="checkbox"/> Both |
| <input type="checkbox"/> On rest/non-movement         | <input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both            |

If yes, describe:

Symptoms include bilateral foot pain along plantar surfaces and big toes described as sharp, achy resulting in difficulty standing/walking. On exam, he has tenderness to palpation of the bilateral 1st MTP joint and plantar surfaces of feet.

If unable to assess, a rationale is required (e.g., the foot is in a cast; the contralateral unclaimed foot is damaged; etc.):

**SECTION XV - OTHER PERTINENT PHYSICAL FINDINGS, COMPLICATIONS, CONDITIONS, SIGNS, SYMPTOMS AND SCARS**

15A. Does the Veteran have any other pertinent physical findings, complications, conditions, signs or symptoms related to any conditions listed in the diagnosis section above?

☐ Yes ☒ No

If yes, describe (brief summary):

15B. Does the Veteran have any scars or other disfigurement (of the skin) related to any conditions or to the treatment of any conditions listed in the diagnosis section?

☐ Yes ☒ No

**FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE**

If yes, complete appropriate dermatological questionnaire.

**SECTION XVI – ASSISTIVE DEVICES**

16A. Does the Veteran use any assistive devices (other than those identified above) as a normal mode of locomotion, although occasional locomotion by other methods may be possible?

☒ Yes ☐ No

If yes, identify assistive devices used (check all that apply and indicate frequency):

☐ Wheelchair

Frequency of use: ☐ Occasional ☐ Regular ☐ Constant

☐ Brace

Frequency of use: ☐ Occasional ☐ Regular ☐ Constant

☐ Crutches

Frequency of use: ☐ Occasional ☐ Regular ☐ Constant

☐ Cane

Frequency of use: ☐ Occasional ☐ Regular ☐ Constant

☐ Walker

Frequency of use: ☐ Occasional ☐ Regular ☐ Constant

☒ Other:

Frequency of use: ☐ Occasional ☒ Regular ☐ Constant

Shoe orthotics

16B. If the Veteran uses any assistive devices, specify the condition, indicate the side, and identify the assistive device used for each condition:

Other device: Pes planus, plantar fasciitis, foot osteoarthritis

Side device used on: Both

Side of condition requiring device: Both

**SECTION XVII - REMAINING EFFECTIVE FUNCTION OF THE EXTREMITIES**

Note: The intention of this section is to permit the examiner to quantify the level of remaining function; it is not intended to inquire whether the Veteran should undergo an amputation with fitting of a prosthesis. For example, if the functions of grasping (hand) or propulsion (foot) are as limited as if the Veteran had an amputation and prosthesis, the examiner should check "yes" and describe the diminished functioning. The question simply asks whether the functional loss is to the same degree as if there were an amputation of the affected limb.

17A. Due to the Veteran's foot condition(s), is there functional impairment of an extremity such that no effective functions remain other than that which would be equally well served by an amputation with prosthesis? Functions of the lower extremity include balance and propulsion, etc.

☐ Yes, functioning is so diminished that amputation with prosthesis would equally serve the Veteran.

☒ No

If yes, indicate extremities for which this applies:

☐ Right Lower

☐ Left Lower

For each checked extremity, identify the condition causing loss of function, describe loss of effective function and provide specific examples (brief summary):

**SECTION XVIII - DIAGNOSTIC TESTING**

Note: Testing listed below is not indicated for every condition. Plain or weight-bearing foot x-rays are not required to make the diagnosis of flatfoot. The diagnosis of degenerative arthritis (osteoarthritis) or post-traumatic arthritis must be confirmed by imaging studies. Once such arthritis has been documented, even if in the past, no further imaging studies are required by VA, even if arthritis has worsened.

18A. Have imaging studies been performed in conjunction with this examination?

☐ Yes ☒ No

18B. If yes, is degenerative or post-traumatic arthritis documented?

☐ Yes ☐ No

If yes, indicate foot:

☐ Right ☐ Left ☐ Both

18C. If yes, provide type of test or procedure, date and results (brief summary):

18D. Are there any other significant diagnostic test findings or results related to the claimed condition(s) and/or diagnosis(es), that were reviewed in conjunction with this examination?

☒ Yes ☐ No

If yes, provide type of test or procedure, date, and results (brief summary):

Type of test or procedure:

Bilateral foot x-ray

Date of test:

01/2024

FOOT CONDITIONS, INCLUDING FLATFOOT (PES PLANUS)  
DISABILITY BENEFITS QUESTIONNAIRE

Results (brief summary):  
bilateral hallux valgus with mild osteoarthritis of the 1st MTP and pes planus

18E. If any test results are other than normal, indicate relationship of abnormal findings to diagnosed conditions:  
Directly related to foot osteoarthritis, bilateral hallux valgus, and bilateral pes planus.

SECTION XIX - FUNCTIONAL IMPACT

Note: Provide the impact of only the diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.

19A. Regardless of the Veteran's current employment status, do the condition(s) listed in the diagnosis section impact his or her ability to perform any type of occupational task (such as standing, walking, lifting, sitting, etc.)?

☒ Yes ☐ No

If yes, describe the functional impact of each condition, providing one or more examples:

Current OR if retired/unemployed, previous occupation

Current: Military

0-1 week work time lost in last 12 months

Service member reports bilateral foot pain results in difficulty standing/walking.

SECTION XX - REMARKS

20A. Remarks (if any – please identify the section to which the remark pertains when appropriate).

Is there a need for the Veteran/Service Member to follow up with his or her primary care provider regarding any life threatening or abnormal findings in this examination (not limited to claimed condition(s))? No

Reason x-rays not needed or not performed:

X-rays on the day of exam were not clinically indicated

No diagnosis rendered regarding claimed condition of gout. C-file is silent for medical record evidence of a current diagnosis of gout. Reported i regarding gout is subjective at time of exam.

Is the Veteran homeless? No

Veteran was instructed to send all personal medical records to the VA Evidence Intake Center if applicable, for proper submission into VBMS.

SECTION XXI - EXAMINER'S CERTIFICATION AND SIGNATURE

CERTIFICATION - To the best of my knowledge, the information contained herein is accurate, complete and current.

21A. Examiner's signature:

Digitally Signed  
02/28/2025 01:03:36 PM  
PA-C

21B. Examiner's printed name:

Physician Assistant – General Practice

21C. Date signed:

2/28/2025

21D. Examiner's phone/fax numbers:

21E. National Provider Identifier (NPI) number:

21F. Medical license number and state:

PA15701, TX

21G. Examiner's address:

540 Oak Centre Drive Suite 101 San Antonio TX 78258