Name of	f Claimant/Veteran:	Claimant/Ve Number:	eteran's Social Securit	/	Date of Examina	tion:
			ī			
	examiner - The Veteran is applying to the U.S. D questionnaire as part of their evaluation in proces			for disab	ility benefits. VA w	vill consider the information you provide
Is this qu	uestionnaire being completed in conjunction with	a VA C&P ex	xamination request?			
	□ No					
How wa	s the examination completed? (check all that app	oly)				
	In-person examination					
	Records reviewed					
	Examination via approved video telehealth					
	Other, please specify in comments box					
	Comments:					
	ACC	CEPTABLE	CLINICAL EVID	ENCE	(ACE)	
Indicate	the method used to obtain medical information to	o complete th	is document:			
	Review of available records (without in-person of existing medical evidence provided sufficient in additional relevant evidence.					
	Review of available records in conjunction with process because the existing medical evidence and such an examination would likely provide n	supplemente	ed with an interview pr			
		E۱	IDENCE REVIEW	V		
Evidenc	e reviewed (check all that apply):					
	Not requested		No records were rev	riewed		
	VA claims file (hard copy paper C-file)		VA electronic health	record		
	VA e-folder					
	Evidence comments:					
	VA Compensation Claim 3 day BP log 02/14/20 101.	025 - 02/16/20	025 with systolic readir	ngs rangii	ng from 129 - 143	and diastolic readings ranging from 89-
		SEC	TION I - DIAGNO	SIS		
	nese are condition(s) for which an evaluation has evidence be provided for submission to VA.	been reques	ted on the exam requ	est form (	Internal VA) or for	which the Veteran has requested
1A.	List the claimed conditions that pertain to this q	uestionnaire:				
	Heart palpitations					
different in the re	Note: These are the diagnoses determined during this current evaluation of the claimed condition(s) listed above. If there is no diagnosis, if the diagnosis is different from a previous diagnosis for this condition, or if there is a diagnosis of a complication due to the claimed condition, explain your findings and reasons in the remarks section. Date of diagnosis can be the date of the evaluation if the clinician is making the initial diagnosis, or an approximate date determined through record review or reported history.					
1B.	Select diagnoses associated with the claimed c	ondition(s) (c	heck all that apply):			
	The Veteran does not have a current diagnosis associated with any claimed conditions listed above. (Explain your findings and reasons in the remarks section)					
				I	CD Code:	Date of diagnosis:
	Acute, subacute, or old myocardial infarction					
	Atherosclerotic cardiovascular disease					
	Unstable angina					

	Stable angina						
	Arteriosclerotic heart disease (Coronary artery disease)						
	Coronary spasm, including Prinzmetal's angina						
	Congestive heart failure						
	Bradycardia (bradyarrhythmia)						
	Ventricular arrhythmia						
	Supraventricular arrhythmia (supraventricular tachycardia)						
	Automatic implantable cardioverter defibrillator (AICD)						
	Implanted cardiac pacemaker						
	Cardiac/Heart transplant						
	Valvular heart disease						
	Heart block						
	Other infectious heart conditions						
	Hyperthyroid heart disease (if checked also complete the Thyroid/Parathyroid questionnaire)						
	Syphilitic heart disease						
	Pericarditis						
	Endocarditis						
	Rheumatic heart disease						
	Active valvular infection						
	Coronary artery bypass graft						
	Heart valve replacement (prosthesis)						
	Cardiomyopathy						
	Hypertensive heart disease	I11.9/I11.0	02/2025				
	Pericardial adhesions						
	Other heart condition (specify)						
	Other diagnosis #1						
	Other diagnosis #2						
	•						
	Other diagnosis #3						
1C.	If there are additional diagnoses that pertain to heart conditions, list using above to	format:					
	SECTION II - MEDICAL H	HISTORY					
2A.	Describe the history (including onset and course) of the Veteran's heart condition	(brief summary):					
	Date of Onset: 2024						
	Details of onset: Service member reports he started to experience heart palpitations. He had a work ventricular hypertrophy, which can cause heart palpitation symptoms. Holter was		nd holter monitor. The echo showed left				
	Course since onset: Symptoms include intermittent heart palpitations that can occur at rest. Current treatment for hypertensive heart disease includes HCTZ.						

		nt symptoms: toms include intermittent heart palpitations that	t can occur at rest.				
2B.	Do any	y of the Veteran's heart conditions qualify with	in the generally accept	ed medical definition of Ischemic Heart Disease (IHD)?			
	☐ Ye	es 🛛 No					
	If yes,	list the conditions that qualify:					
2C.		le the etiology, if known, of each of the Veterar nship/causality to the Veteran's IHD conditions		luding the relationship/causality to other heart conditions, particularly the			
	Heart	condition #1 (provide etiology):					
	Hyperf	tensive heart disease					
	Etiolog Left ve N/A	gy: entricular hypertrophy caused by hypertension					
	Heart	condition #2 (provide etiology):					
	If there	e are additional heart conditions, list and provid	de etiology, using abov	e format:			
2D.	Is cont	tinuous medication required for control of the \	eteran's heart conditio	n?			
	⊠ Ye	es 🗌 No					
If yes, list the medications required for the Veteran's heart condition (include name of medication and heart condition it is used for; such as Atermyocardial infarction or atrial fibrillation)							
		ation #1: Hydrochlorothiazide condition medication #1 is used for: Hypertens	sive heart disease				
	SECTION III - MYOCARDIAL INFARCTION (MI)						
3A.	Has th	ne Veteran had an MI?	No	If yes, complete the following:			
	MI #1	Date and treatment facility:					
	MI #2	Date and treatment facility:					
	If the \	Veteran has had additional MIs, list using abov	re format:				
			SECTION IV - AR	RHYTHMIA			
4A.	Has th		☐ Yes ⊠ No	If yes, complete the following:			
Note: A		ent intervention occurs whenever a symptomat		venous pharmacologic adjustment, cardioversion, and/or ablation for			
· ·		Asymptomatic bradycardia (bradyarrhythmia	a)				
		Bradycardia (bradyarrhythmia), symptomatic	c, requiring permanent	pacemaker implantation			
		Supraventricular tachycardia documented b					
	_	☐ Treatment intervention (specify the type	,				
		☐ Intravenous pharmacologic adjustm		. ,			
		□ 0 □ 1-4 □ 5 or more	ioni 🗀 Garaiovoicion	_ / Bladon lot Gymptom roman			
		☐ Continuous use of oral medications to c	control				
		☐ Use of vagal maneuvers to control	50111101				
		_					
		No treatment	-)				
		Atrioventricular block (if checked, select type	•	was IIV C Third days			
		☐ First degree ☐ Second degree (type I)					
		ventricular arrhythmia (sustained) (Indicate	date of hospital admiss	ion for initial evaluation and medical treatment in Section VIII –			

		Procedures)						
		Other cardiac arrhythmia, specify:						
	(if checked, indicate type of treatment)							
	☐ Treatment intervention (specify the type and number of treatment interventions per year)							
		☐ Intravenous pharmacologic adjustment ☐ Cardioversion ☐ Ablation for symptom relief						
		□ 0 □ 1-4 □ 5 or more						
		Continuous use of oral medications to control						
		☐ Use of vagal maneuvers to control						
		☐ No treatment						
		SECTION V - HEART VALVE CONDITIONS						
5A.	Has the	e Veteran had a heart valve condition?						
		Heart valves affected. Check all that apply:  Mitral Tricuspid Aortic Pulmonary						
	Describ	pe the type of valve condition for each checked valve.						
		SECTION VI – INFECTIOUS HEART CONDITIONS						
6A.	Has the	e Veteran had any infectious cardiac conditions, including active valvular infection (which includes rheumatic heart disease), endocarditis, ditis, or syphilitic heart disease?						
		s 🛮 No						
6B.	Has the	e Veteran undergone or is the Veteran currently undergoing treatment for any active infection?						
		describe treatment and site of infection being treated. Also provide date or expected date of completion.						
		Date completed: Expected date of completion:						
6C.	Has the	e Veteran had a syphilitic aortic aneurysm?						
	If yes,	complete the Artery and Vein Questionnaire.						
		SECTION VII – PERICARDIAL ADHESIONS						
7A.	Has the	e Veteran had pericardial adhesions?						
	Etiolog	y of pericardial adhesions:						
		SECTION VIII - PROCEDURES						
8A.	Has the	e Veteran had any non-surgical or surgical procedures for the treatment of a heart condition?   Yes   No						
	If yes, i	indicate the non-surgical or surgical procedures the Veteran has had for the treatment of a heart condition. Check all that apply:						
		Percutaneous coronary intervention (PCI) (angioplasty)						
		Date of treatment:						
		Date of admission:						
		Indicate treatment facility:						
		Indicate the condition that resulted in the need for the procedure/treatment:						
		Coronary artery bypass surgery						
		Date of treatment:						
		Date of admission:						
		Indicate treatment facility:						
		Indicate the condition that resulted in the need for the procedure/treatment:						

	Cardiac/Heart transplants							
	Date of treatment:							
	Date of admission:							
	Date of discharge:							
	Indicate treatment facility:							
	Indicate the condition that resulted in the need for the procedure/treatment:							
	Implanted cardiac pacemaker							
	Date of treatment:							
	Date of admission:							
	Date of discharge:							
	Indicate treatment facility:							
	Indicate the condition that resulted in the need for the procedure/treatment:							
	Automatic implantable cardioverter defibrillator (AICD)							
	Date of treatment:							
	Date of admission:							
	ICD Code: Date of diagnosis:							
	Indicate treatment facility:							
	Indicate the condition that resulted in the need for the procedure/treatment:							
	Heart valve replacement (preethesis) (if sheeked indicate valve(s) that have been replaced (sheek all that apply)):							
Ш	Heart valve replacement (prosthesis) (if checked indicate valve(s) that have been replaced (check all that apply)):							
	Date of treatment:							
	Date of iteratinent.  Date of admission:							
	Date of discharge:							
	Indicate treatment facility:							
	Indicate the condition that resulted in the need for the procedure/treatment:							
	indicate the condition that resulted in the need for the procedure/freatment.							
	☐ Tricuspid							
	Date of treatment:							
	Date of admission:							
	Date of discharge:							
	Indicate treatment facility:							
	Indicate the condition that resulted in the need for the procedure/treatment:							
	☐ Aortic							
	Date of treatment:							
	Date of admission:							
	Date of discharge:							
	Indicate treatment facility:							
	Indicate the condition that resulted in the need for the procedure/treatment:							
	□ Pulmonary							
	☐ Pulmonary							

		Date of treatment:						
		Date of admission:						
		Date of discharge:						
		Indicate treatment facility:						
		Indicate the condition that resulted in the need for the procedure/treatment:						
		Ventricular aneurysmectomy						
		Date of treatment:						
		Date of admission:						
		Date of discharge:						
		Indicate treatment facility:						
		Indicate the condition that resulted in the need for the procedure/treatment:						
		Other surgical and/or non surgical procedures for the treatment of a heart condition, describe:						
		Date of treatment:						
		Date of admission:						
		Date of discharge:						
		Indicate treatment facility:						
		Indicate the condition that resulted in the need for the procedure/treatment:						
8B.	ii tile v	/eteran has had additional non-surgical or surgical procedures for the treatment of a heart condition, list using above format:						
		SECTION IX – HOSPITALIZATIONS	_					
9A.	Has the above)	e Veteran had any other hospitalizations for the treatment of a heart condition (other than for non-surgical and/or surgical procedures describe )?	d					
	☐ Yes	s 🛛 No If yes, complete the following:						
	Date of	f admission:						
	Date of	f discharge:						
	Indicate	te treatment facility:						
	Conditi	ion that resulted in the need for hospitalization:						
		SECTION X - PHYSICAL EXAMINATION						
10A.	Physica	al examination findings:						
	Heart ra	rate: 92						
	Blood p	pressure: 136/84						
	Rhythm	m: 🛮 Regular 🔲 Irregular						
	Point o	of maximal impact:						
	⊠ Not	t palpable ☐ 4th intercostal space ☐ 5th intercostal space ☐ Other, specify:						
	Heart s	sounds:						
	⊠ Nor	ormal						
	Jugular-venous distension:							

		☐ Yes ⊠	No								
	Auscultation of the lungs:										
			Bibasila	r rales	Other, o	lescril	be:				
	Peripheral pulses:										
		Dorsalis ped	is: 🛛 Norn	nal 🗌	Diminished	Absen	t				
		Posterior tibi	al: 🛛 Norn	nal 🗌	Diminished $\square$ A	Absen	t				
	Periph	eral edema:									
		Right lower e	extremity:	None	☐ Trace ☐ 1+		2+ 🗌 3+ 🖺	] 4+			
		Left lower ex	tremity: 🛛	None	☐ Trace ☐ 1+		2+ 🗌 3+ 🖺	] 4+			
SECT	ION X	I - OTHER P	ERTINENT	PHY	SICAL FINDIN	NGS.	, COMPLI	CATIONS, CON	IDITIO	NS, SIGNS, AND/OF	RSYMPTOMS
11A.		s the Veteran h nosis section a		pertine	nt physical finding	js, coi	mplications, o	conditions, signs or	sympton	ns related to any condition	s listed in the
		Yes ⊠ No	If yes, d	escribe	(brief summary):						
11B.		s the Veteran h nosis section?	ave any scars	or othe	er disfigurement (d	of the	skin) related	to any conditions or	to the ti	reatment of any conditions	listed in the
		Yes ⊠ No	If yes, a	lso com	plete the appropr	iate d	ermatologica	Il questionnaire.			
					SECTION X	(II - C	DIAGNOS"	TIC TESTING			
electroc	ardiogra	am echocardiog	ram, or x-ray)	is prese	ent. The suggeste	d ord	er of testing		phy/dilat	or dilatation (documented ation is ECG, then chest x ts are negative.	
12A.	Is the	ere evidence of	cardiac hype	rtrophy?	? ⊠ Yes		No				
	If yes, indicate how this condition was documented.										
		ECG	Chest x-ray	⊠ I	Echocardiogram		Multigated	Acquisition Scan (M	1UGA)	☐ MRI	
	Date	of test:	Date of Ech	ocardio	gram: 03/2024						
12B.	Is the	ere evidence of	cardiac dilatio	n?	☐ Yes	⊠ N	lo				
	If yes	s, indicate how	this condition	was doo	cumented.						
		ECG	Chest x-ray		Echocardiogram		MUGA			☐ MRI	
	Date	of test:									
12C.	Selec	t all testing con	npleted and pr	ovide m	nost recent results	whic	h reflect the	Veteran's current fu	nctional	status. Check all that app	ly:
		ECG									
		Date of ECG									
		Results of E0	CG:								
		☐ Normal									
		Arrhythm	nia, describe:								
		☐ Ischemic	;, describe:								
		☐ Other, do	escribe:								
		Chest x-ray									
		Date of chest	x-ray:								
		Results of ch	_								
		☐ Normal [	☐ Abnormal,	describ	e:						

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	$\boxtimes$	Echocardiogram	
		Date of echocardiogram:	03/2024
		Wall motion:	
			pe:
		Wall thickness:	
		☐ Normal ☒ Abnormal, describ	
		Left ventricular wall mildly thicken	ed.
		MUGA	
		Date of MUGA:	
		Results of MUGA	
		☐ Normal ☐ Abnormal, describ	pe:
		Coronary artery angiogram	
		Date of angiogram:	
		Results of angiogram	
		☐ Normal ☐ Abnormal, describ	pe:
		CT angiography	
		Date of CT angiography	
		Results of CT	
		☐ Normal ☐ Abnormal, describ	pe:
		Other test	
		Date of test	
		Results of test	
		Other test, specify	
		☐ Normal ☐ Abnormal, describ	e:
		SECTION	XIII – METABOLIC EQUIVALENTS (METs) TESTING
as breath	nlessne	ss, fatigue, angina, dizziness, or syr	Ts testing (either exercise-based or interview-based) to determine the activity level at which symptoms such acope develops (except exams for supraventricular arrhythmias). If a laboratory determination for METs by s, then perform an interview-based METs test based on the Veteran's responses to a cardiac activity
questioni 13A.		nd provide the results below.  t all testing completed (of record and	d/or completed during this examination) and provide the most recent results that reflect the Veteran's current
		onal status. Check all that apply:	International AMETA to the Total American
100		Exercise stress test	Interview-based METs test None
13B.		ise stress test	
		of most recent exercise stress test:	
	Resul		24.4
	METS	level the Veteran performed, if prov	videa:
	Did th	e test show ischemia?	Yes □ No
		_	otoms related to the cardiac condition?
	110,	the took terminated due to symp	Some reacted to the outside containent.



		Yes, the test was	terminated due to symptoms related to the cardiac condition.
			terminated due to symptoms not related to the cardiac condition. Please provide the reason for termination below: eeds to complete questions 13C through 13F.)
13C.	If an e	exercise stress test	was not performed, select a reason.
		Veteran has a m	edical contraindication, describe:
		Veteran's previou	us exercise stress test reflects current cardiac function.
	$\boxtimes$	Exercise stress to	esting is not required as part of the Veteran's current treatment plan and this test is not without significant risk.
		Other, describe:	
13D.	Interv	iew-based METs to	est
	Date	of interview-based	METs test: 2/17/2025
		k all symptoms tha	y: The METs level checked below reflects the lowest activity level at which the Veteran reports any of the following symptoms to the Veteran reports at the indicated METs level of activity):
			ies experiencing symptoms attributable to a cardiac condition with any level of physical activity
		Breathlessness	☐ Fatigue ☐ Angina ☐ Dizziness ☐ Syncope
	$\boxtimes$	Other, describe:	
		Palpitations	···
	Resul		ed METs test. METs level on most recent interview-based METs test:
	Ш	(1-3 METs)	This METs level has been found to be consistent with activities such as eating, dressing, taking a shower, slow walking (2 mph) for 1-2 blocks
		(>3-5 METs)	This METs level has been found to be consistent with activities such as light yard work (weeding), mowing lawn (power mower), brisk walking (4 mph)
		(>5-7 METs)	This METs level has been found to be consistent with activities such as walking 1 flight of stairs, golfing (without cart), mowing lawn (push mower), heavy yard work (digging)
	$\boxtimes$	(>7-10 METs)	This METs level has been found to be consistent with activities such as climbing stairs quickly, moderate bicycling, sawing wood, jogging (6 mph)
13E.	Has tl	he Veteran had bot	h an exercise stress test and interview-based METs test?
	□ Y	′es ⊠ No	
	If yes	, indicate which res	sults most accurately reflect the Veteran's current cardiac functional level.
		exercise stress test	☐ Interview-based METs test
13F.	Is the	METs level provid	ed due solely to the heart condition(s) that the Veteran is claiming in the diagnosis section?
	⊠ Y	′es 🗆	No If no, complete question 13G.
13G.			terview-based METs level due solely to the cardiac condition(s) listed above? If this is different than the METs level reported rbid conditions, provide METs level for the claimed cardiac condition only and rationale below.
	Resul	ts of interview-bas	ed METs test. METs level on most recent interview-based METs test:
		(1-3 METs)	This METs level has been found to be consistent with activities such as eating, dressing, taking a shower, slow walking (2 mph) for 1-2 blocks
		(>3-5 METs)	This METs level has been found to be consistent with activities such as light yard work (weeding), mowing lawn (power mower), brisk walking (4 mph)
		(>5-7 METs)	This METs level has been found to be consistent with activities such as walking 1 flight of stairs, golfing (without cart), mowing lawn (push mower), heavy yard work (digging)
		(>7-10 METs)	This METs level has been found to be consistent with activities such as climbing stairs quickly, moderate bicycling, sawing wood, jogging (6 mph)
	Ratio	nale:	
			SECTION XIV - FUNCTIONAL IMPACT
Note: Pro	vide th	e impact of only th	e diagnosed condition(s), without consideration of the impact of other medical conditions or factors, such as age.

CARDIO – Heart Conditions DBQ Name:

14A.	<ul> <li>Regardless of the Veteran's current employment status, do the conditions listed in the diagnosis section impact his/her ability to perform any type o occupational task (such as standing, walking, lifting, sitting, etc.)?</li> <li>         ∑ Yes □ No     </li> </ul>						
	If yes, describe the functional impact of each condition, providing one or more examples:						
	Current OR if retired/unemployed, previous occupation Current: Military 0-1 week work time lost in last 12 months Service member reports symptom of heart palpitations can result in difficulty completing occupational tasks.						
		SECTION XV - REMARKS					
15A.	Remarks (if any – please identify the section to w		9).				
	The diagnosis of hypertensive heart disease was	rendered based on C-file evidence of a di	agnosis of hypertension and left ventricular hypertrophy.				
	Regarding METs testing, although SM reports he ventricular hypertrophy, so his METs level was de		owed a normal ejection fraction of 55.5% and mild left gnostic testing of the heart.				
	Additional Information: Has the Veteran had congestive heart failure (CH	HF)? No					
	Section XII Additional Information: Echocardiogra	am Left Ventricular ejection fraction (LVEF)	: 56%				
	Section XII Additional Information: Holter monitor Result: Normal	: Date of holter monitor test: 04/2024					
	Is there a need for the Veteran/Service Member to follow up with his or her primary care provider regarding any life threatening or abnormal findings in this examination (not limited to claimed condition(s)? Yes Reason to follow up with PCP:  Home blood pressure log and blood pressures on day of exam are elevated. Instructed SM to follow up with PCP regarding elevated blood pressure.						
	ER precautions provided. He verbalized understanding.						
	If yes, was the Veteran/Service Member notified to follow up with his or her primary care provider? Yes Was a copy of the test results identifying the life threatening or abnormal findings provided to the Veteran or the Veteran's primary provider? Yes						
	The state of the vector of the state of the state of the vector of the v						
	Is the Veteran homeless? No						
	<u> </u>		ter if applicable, for proper submission into VBMS.				
		EXAMINER'S CERTIFICATION A					
	CATION - To the best of my knowledge, the inform	· ·					
16A. Exa	miner's Signature:	16B. Examiner's printed name:	16C. Date signed:				
Digitally S			2/28/2025				
02/28/202 PA-C	25 01:05:41 PM	Physician Assistant – General Practice					
16D. Exa	miner's phone/fax numbers:	16E. National Provider Identifier (NPI)	16F. Medical license number and state:				
		number:	PA15701, TX				
		1508508284					
16G. Exa	miner's address:						
540 Oak	Centre Drive Suite 101 San Antonio TX 78258						