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## Post op instructions for dental extractions in spanish

Dental extraction post op instructions. Oral surgery extraction post op instructions. Spanish post op instructions after tooth extraction.

After dental extraction, it is very important to carefully follow the postoperative instructions to guarantee good recovery and avoid complications. These instructions to guarantee good recovery and avoid complications. These instructions in Spanish on what to do after your dental intervention. A slight bleeding when checking the burning site of a tooth is normal. To control this, apply a resistant gauze to the affected area and apply a slight pressure for about 30 minutes. Avoid spitting vigorously, rinse your mouth and drink sorbet because it could increase bleeding. If the bleeding persists, contact your dentist. 2. Avoid mouthwashes and vigorous rinsing, and do not rinse or rinse vigorously for the first 24 hours after burning your teeth. This can break the blood clot that is formed during withdrawal and slow healing. After the first 24 hours, you can rinse gently with lukewarm water and salt to keep the light clean. 3. Monitor normal swelling after dental extraction. To reduce the range, apply ice or cold compresses to the affected area every 10 minutes. Take another 10 minutes and repeat this process during the first 24 hours. Choose soft and cold foods such as natural yogurt, ice cream or hot soups. Avoid chewing the area to be removed to allow it to cure properly. 5. When using prescription drugs prescribed by a dentist to relieve pain or inflammation, instructions are provided.

It will helpAccording to tooth extraction, it is important to carefully follow the post-operative instructions to guarantee adequate restoration and prevent complications. These instructions for maintaining the affected area and promoting proper healing. Below you will find several important instructions in Spanish that you must follow after additional production.

Check for bleeding after tooth extraction, it is normal to have light bleeding. To test this, place a sterile gauze pad over the affected area and apply light pressure for about 30 minutes. Avoid squeezing, rinsing your mouth, or using a straw as this can increase bleeding. When bleeding continues, consult a dentist.

## Spanish

**Post-Operative** Instructions

for

**Dental Surgery** 

Avoid greasy mouthwashes and strong rinses for the first 24 hours after teething. It can break up a blood clot that forms in the area of restraint \ xc3 \ xb3und, later healing. After the first 24 hours, you can rinse the area thoroughly with hot salt water to keep the region clean. 3.

## **EXTRACTION POSTOPERATIVE** INSTRUCTIONS

2. Avoid mouthwash and powerful rinsing

- DO NOT DISTURB THE WOUND: In doing so you may invite irritation, in

- and interfere with healing.

  BRUSHING: Do not brush your feeth for the first 8 hours after surgery. After, you may brush you feeth gently, but avoid the area of surgery.

  MOUTH WASH: Avoid all rinsing for 24 hours after extraction. This is to insure the formation of a healing blood clot, which is essential to proper wound healing. Disturbance of this clot can lead to increased bleeding or the loss of the blood clot, if the clot is lost, a painful condition colled dry socket may occur. You may use warm salt water or mild antisectic rives after 24 hours.
- DO NOT SPIT OR SUCK THROUGH A STRAW: This will promote bleeding and

- SWELLING: To prevent swelling, apply an ice pack or a cold towel to the outside of
- DIET: Eat normal regular meals as soon as you are able after surgery. Cold, soft food such as ice cream or yogurt may be the most comfortable for the first day. It is also important to drink plenty of fluids. If you have any concerns after hours you can call Dr. Seymour on his cell phone 231-250-6540.

Control swelling \xc3\xb3nes is normal to the swelling \xc3\xb3n that occurs after additional extraction. Apply ice or cold compresses to the affected area every 10 minutes and repeat this process for the first 24 hours. Avoid hard and warm foods. After tooth extraction, avoid hard and hot foods, at least for the first 24 hours. Choose soft and baked products, as well as mashed potatoes, yogurt, ice cream or hot soup. Avoid chewing \ xcGently wash your teeth, bypassing the extraction area, and gently uses the wire wire. If your dentist advised you to use your mouth, follow the instructions and rinse your mouth gently. In summary, following the postoperative instructions below in Spanish after the drawing of the tooth, you can facilitate recovery and avoid complications. If you have questions or doubts during the healing process, do not hesitate to contact your dentist. Remember that each patient is unique, so it is important to follow your dentist's personalized instructions to ensure a successful recovery. This article has not yet been verified by our Spanish DancetWilight New Moon Team Spanish Subtitles 1281 Spanish River Rive

Special Instructions for Sinus Exposures

Upper teeth near the back of the upper jaw are usually very close to the maxillary sinus, which are air-filled cavities beneath your eyes and behind your cheekbones. A frequent complication of removing upper molar (back) teeth is exposure of the sinus floor. Most exposures will heal spontaneously or with minimal intervention as long as the following instructions are strictly adhered to after the surgery:

· Some intermittent nose bleeding from the side of the surgery

is a normal occurrence. Please do not be alarmed.

· Do NOT blow your nose vigorously for two weeks. There is a natural communication between your nose and sinus. Any positive pressure in your nose will be directly transferred to the sinus and subsequently to the fresh extraction site. If you feel "stuffed up", decongestants such as Drixoral, Dimetapp, or Sudafed will help reduce pressure in the sinuses. · Please keep your tongue away from the fresh surgical site. As the swelling subsides, the stitches might feel like they are loosening up. Please do not cut them prematurely.

· Do NOT use straws for two weeks. The negative pressure generated from the straw will be lead to breakdown to the fresh extraction site. · Do NOT smoke for two to three weeks. Smoking has a much more profound influence on oral wounds than any other part of the body, since the effect of the smoke is directly

in contact with the healing wound. Wound breakdown and poor healing is ten times more prevalent in smokers than

nonsmokers. When sneezing, please do so with your mouth open, and do not sneeze holding your nose. The generated pressure must be released without transmitting to your sinuses. · Anything that causes pressure in your nasal cavity must be avoided. Avoid "bearing down"-as when lifting heavy objects, blowing up balloons, playing musical instruments that require a blowing action or any other activity that increases nasal or oral pressure. Scuba diving and flying in pressurized aircraft may also increase sinus pressure and

should be avoided. · Failure to adhere to these instructions could result in a permanent communication (fistula) between your mouth and your sinus. This would require an additional highly invasive surgery that would incur further cost and recovery time. Prevention is always the most prudent option.

These instructions contain clear advice on how to take care of the affected area and how to heal correctly.

Below are some important instructions in Spanish to follow after the extraction of the tooth. 1. Blowing after tooth extraction is normal that bleeding occur. To check it, put a sterile gauze on the affected area and press slightly for about 30 minutes. Avoid spitting forcefully, rinse your lips or using straws because this can increase bleeding. If the bleeding does not stop, consult your dentist. 2. Avoid vigorous rinse for the lips. Avoid oral rinse for the first 24 hours after tooth extraction. This can cause the formation of a blood clot in the extraction area and delay healing. After the first 24 hours you can easily rinse with water. For example, simple, yogurt, ice or hot soup. During extraction, try not to chew the extract to heal properly. 5. If you are taking prescription drugs, the dentist has prescribed pain drugs or inflammation and instructions are presented. This will help control discomfort and encourage Cómoda recovery. If you have any questions or have side effects, consult your dentist. 6. During the first 24 hours after extraction of the teeth, avoid intense physical activity, avoid intensive exercises and vigorous exercises and vigorous exercises and let the body recover properly. 7. Maintain good oral hygiene - good oral hygiene during healing. Gently brush your teeth, avoiding egg cream and use the dental wire with cause and consequence. If your dentist recommends you rinse your mouth, be sure to follow the instructions and rinse slowly. Finally, following these postoperative instructions or problems during the recovery process, do not hesitate to contact your dentist. Remember that each patient is unique, so it is important that your patients facilitate new teeth extraction: postoperative instructions. Brochure