

dōTERRA Serenity®

Restful Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CP **TG** Certified Pure Therapeutic Grade®

Application: **A** **T** **N**

Ingredients: Lavender Flower, Cedarwood, Ho Wood Leaf, Ylang Ylang Flower, Marjoram Leaf, Roman Chamomile Flower, Vetiver Root, Vanilla Bean Absolute, Hawaiian Sandalwood Wood

Aromatic Description: Warm, floral, herbal

PRIMARY BENEFITS

- Creates a restful environment at bedtime
- Calming and soothing aroma
- Encourages a tranquil atmosphere

dōTERRA Serenity®

Restful Blend 15 mL

Part Number: 49530001

Wholesale: \$32.00

Retail: \$42.67

PV: 32

Serenity Combo Pack

15 mL bottle and 1 bottle of dōTERRA Serenity™ softgels

Part Number: 60200524

Wholesale: \$45.00

Retail: \$60.00

PV: 40

PRODUCT DESCRIPTION

The newly updated dōTERRA Serenity Restful Blend has a calming and relaxing aroma that provides a unique user experience. This perfectly balanced, tranquil blend can be sensed immediately, transporting the user to a state of blissful repose. dōTERRA Serenity combines essential oils renowned for their ability to create a restful environment at bedtime. Apply one to two drops to the hands and inhale throughout the day to help reduce life's daily stressors, or diffuse at night to help quiet a restless baby or child. The addition of Cedarwood, Ho Wood, and Vetiver essential oils gives dōTERRA Serenity a grounding aroma that encourages a tranquil atmosphere when it's time to wind down. dōTERRA Serenity can be used in conjunction with dōTERRA Serenity Restful Complex Softgels. Diffusion of the dōTERRA Serenity essential oil blend creates a relaxing environment while the softgels promote a restful night's sleep.*

USES

- Diffuse at night to calm a restless baby or child.
- Apply to bottoms of feet at bedtime to help unwind before going to sleep. Use in conjunction with dōTERRA Serenity Restful Complex Softgels for an enhanced effect.
- Inhale directly from hands or diffuse throughout the day for a soothing aroma.
- Add two to three drops into a warm bath with Epsom salts to create a relaxing, renewing experience.
- Apply two to three drops to the back of the neck or on the heart for feelings of peace.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.