

## ◆ First: What's the difference between a preference and a type?

### ✓ A preference is:

*"This is what I'm usually drawn to, but I'm open to something deeper."*

- It's flexible
- It's based on patterns, not limitations
- It can evolve with experience, maturity, or genuine connection

### Examples:

- "I usually like slim girls."
- "I'm more into natural hair."
- "I lean toward women who dress soft and feminine."

Preferences are **normal** — we all have them. But they don't **define** who a man will bond with if something deeper is there.

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### ⊘ A type is:

*"This is what I want, period. If you're not it, don't apply."*

- It's rigid
- Often ego-based, superficial, or unhealed
- Can be rooted in fantasy, lust, or control
- Leaves no room for growth, emotional depth, or transformation

### Examples:

- "She has to be light-skinned with a small waist and fat ass."
- "If she's over 150 pounds, I'm not interested."
- "I only date Instagram baddies."

A **type** is more about **external validation** than internal alignment. Men stuck in "type" mode usually aren't ready for deep, lasting partnership — they're stuck on image, not essence.

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## 🔥 So What If a Masculine Man Has a Preference?

### He might:

- Prefer fit/slim women
- Prefer natural beauty or minimal makeup
- Prefer soft-spoken women
- Prefer traditional roles

But here's the key:

A grounded, masculine man may *notice* his preference...

But he chooses **connection, energy, and values** over aesthetics alone.

If your presence:

- Inspires his leadership
- Aligns with his vision
- Matches his emotional depth
- Honors your feminine essence...

He will make room for you — **even if you're not his "usual."**

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## 💎 Real Masculine Men Care More About:

- **Your mindset and lifestyle**, not your current weight
- **Your attitude and energy**, not your inches or followers
- **How you make them feel in your presence**, not how many men want you

If he's mature, he'll be far more impressed by your **discipline, grace, and glow** than your pant size.

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### But Let's Be Honest:

If a man has a strict "type" that excludes your reality (ex: "I only date gym bunnies and bottle girls"),

he's **not your match** — and that's okay. Don't try to shrink yourself to fit his fantasy.

Instead, ask:

“Is his preference *rooted in health and alignment*, or is it shallow performance?”

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 **Your Job Is Not to Fit His Type**

Your job is to:

- Live well
- Carry your body with grace
- Keep your spirit soft and your mind sharp
- Be **in motion** toward your highest self

And the man who's for you — preference or not — will **see your value, not your size.**