Class Descriptions 2024.25

WEBSITE: www.cortlandperformingarts.com // E-MAIL: misscindy@cortlandperformings.com

*NOTE: Once students reach graded levels ('A, B, C' etc), it takes 2-3 years to complete.

<u>Twinkle Tots</u>: (2-2.5yr olds) A fun-filled early childhood dance experience. Songs, music & movement are shared the first few months w/ a parent or caregiver.

<u>Introduction to Dance</u>: (3-4 yr. olds) Children are exposed to movement with music, song and rhythmic patterns. Dance exercises help develop coordination, balance, and confidence.

Boy's Intro to Dance: (3-5yr. olds) Same as Intro to Dance, but geared to young boys.

PreBallet (4-5 yr. olds): Exploring imagination & expression, dancers are introduced to basic technique through creative movement & song.

<u>Fundamentals/Tap</u>: (5-6yr olds): Dance technique class focused on the fundamentals of Ballet, Jazz and Tap. While establishing proper technique for a solid foundation in dance, this class explores creative expression and imaginative development for this age group.

<u>Ballet A:</u> Development of ballet technique, with emphasis on proper placement, alignment, understanding of vocabulary and musicality.

<u>Ballet B thru Adv Ballet</u>: *teacher placement* continuation of ballet technique, with emphasis on proper placement, alignment, understanding of vocabulary and musicality.

<u>Pre-Pointe/Pointe 1, Pointe 2/3, Pointe 3/4</u>: *teacher placement*. Intense technique class for experienced students. Beginner through advanced level <u>Ballet required</u>

Jazz/Tap A: Development of Jazz & Tap technique with emphasis on syncopated rhythms, clarity and style.

<u>Jazz/Tap BC:</u> Continuing the development of Jazz & Tap technique with emphasis on syncopated rhythms, clarity and style.

Boy's Jazz/Tap: Same as Jazz/Tap, but geared and focused for boys.

Teen Theatre Dance/Jazz: Jazz & musical theatre dance for pre-teens & teens

<u>Leaps & Turns:</u> teacher placement intense jazz technique class exploring the styles and technique found in musical theatre. film &television. Ballet class recommended.

Adv Leaps & Turns: teacher placement Ballet class required

<u>Tap C thru Adv Tap</u>: *teacher placement* tap technique with emphasis on syncopated rhythms, clarity and style.

<u>Kids Modern</u> (6-10yr olds): Children's modern dance classes focused on technique, improvisation & choreography *Ballet class recommended*.

<u>Modern</u>: teacher placement modern dance classes focused on technique, improvisation & choreography Ballet class recommended.

Adv Modern teacher placement advanced modern dance classes focused on technique, improvisation & choreography. Ballet required

Hip Hop A (6-11 yrs old), Hop Hip Hop B (8-14 yrs old) age-appropriate class focused on "funk" jazz style common in "music videos".

<u>Hip Hop CD, DE & Adv Hip Hop</u> (12 yrs old +) *teacher placement* experience required.

Kids Acro: Kids Acro class working on basic acro skills

Acro: Beginner & advanced beginner acrobatics. Levels and placement are skills based.

<u>THEATREDANZ</u>: Dance Company by audition only – for the serious student. Placement in Company Jazz class and Company Ballet class will be determined by audition. Please inquire for more information.

ADULT WORKSHOPS Adults only. (6-week sessions): BALLET, JAZZ, TAP, MODERN, HIP HOP