

Class Descriptions 2026.27

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*NOTE:

Once students reach graded levels ('A, B, C' or '1, 2, 3'etc), it takes 2-3 years to complete.

Twinkle Tots: (18mos-2.5yr olds) A fun-filled early childhood dance experience. Songs, music & movement are shared the first few months w/ a parent or caregiver.

Introduction to Dance: (3-4 yr. olds) Children are exposed to movement with music, song and rhythmic patterns. Dance exercises help develop coordination, balance, and confidence.

Boy's Intro to Dance: (3-5yr. olds) Same as Intro to Dance, but geared to young boys.

PreBallet (3-4.5 yr. olds): Exploring imagination & expression, dancers are introduced to basic technique through creative movement & song. Dance exercises help develop coordination, balance, and confidence.

Adaptive Dance: Dance instruction geared towards individuals with physical, intellectual and developmental differences. Students will learn ballet, jazz and creative movement tailored to their unique learning styles.

Fundamentals/Tap: (5-6yr olds): Dance technique class focused on the fundamentals of Ballet, Jazz and Tap. While establishing proper technique for a solid foundation in dance, this class explores creative expression and imaginative development for this age group.

Ballet A: (6-8yr olds) Development of ballet technique, with emphasis on proper placement, alignment, understanding of vocabulary and musicality.

Ballet B thru Adv Ballet : *teacher placement* continuation of ballet technique, with emphasis on proper placement, alignment, understanding of vocabulary and musicality.

Pre-Pointe/Pointe 1, Pointe 2/3, Pointe 4 : *teacher placement.* Intense technique class for experienced students. Beginner through advanced level ***Ballet required***

Jazz/Tap A: (6-8yr olds) Development of Jazz & Tap technique with emphasis on syncopated rhythms, clarity and style.

Jazz/Tap B: Continuing the development of Jazz & Tap technique with emphasis on syncopated rhythms, clarity and style.

Boy's Jazz/Tap: Same as Jazz/Tap, but geared and focused for boys.

Leaps & Turns: *teacher placement* intense jazz technique class exploring the styles and technique found in musical theatre. film & television. **Ballet class recommended.** (*Ballet required for Adv level*)

Tap C thru Adv Tap: *teacher placement* tap technique with emphasis on syncopated rhythms, clarity and style.

Modern : *teacher placement* modern dance classes focused on technique, improvisation & choreography ***Ballet class recommended.*** (*Ballet required for Adv level*)

Acro: Various levels: acrobatics. Levels and placement are skills based.

Hip Hop A (6-11 yrs old), **Hop Hip Hop B** (8-14 yrs old) age-appropriate class focused on “funk” jazz style common in “music videos”.

Hip Hop C, DE & Adv Hip Hop (12 yrs old +) *teacher placement* experience required.

Conditioning Class: (10 yrs + **OR** teacher permission) Focus on strength, flexibility and stamina. Recommended for serious dance & acro students. Not a performance class.

THEATREDANZ: Dance Company by audition only – for the serious student. Placement in Company Jazz class and Company Ballet class will be determined by audition. Please inquire for more information.

ADULT WORKSHOPS *Adults only. (6-week sessions):* BALLET, JAZZ, TAP, MODERN, HIP HOP